

Forest Hill Church
Service of Worship
March 22, 2020 at 11:00 am

Worship streamed live on Facebook at 11:00 a.m.

Please subscribe to our YouTube channel:

<https://www.youtube.com/channel/UC6KcSBcCKdHobprimEdzICA>

Gather around the computer to worship God!

Centering Words:

Show me your way, O God, my shepherd. Open a right path and let me hear your call to follow.

Show me your way, O Christ, my healer. Open my eyes to the needs of my world.

Welcome

Greeting Our God with Joy

Call to Worship (Psalm 95)

Shepherd us, O God. **Open our ears to hear your calling.**

Shepherd us, O God. **Open our eyes to see your care.**

Shepherd us, O God. **Shear our fascination with the ways of the world.**

Shepherd us, O God. **Prepare us to follow you.**

Let us worship God.

*** Processional Hymn No. 451**

“Open My Eyes, that I May See”

**please stand as able*

Renewing Our Relationship with God

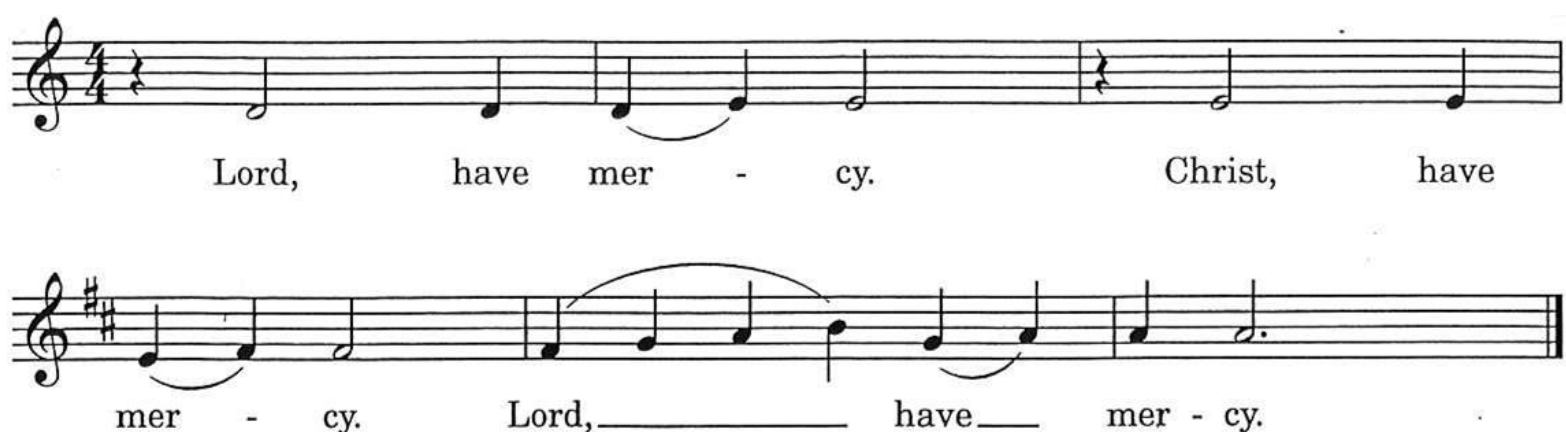
Unison Prayer of Confession

Divine God, our Guide, give us the clarity to wake from our short-sightedness and to stay awake. Give us courage to wake to our shortcomings and stay awake. Give us wisdom to face our fears, receive your grace, and wake to your call and to stay awake. Hear our silent prayer, as we sit in the awareness of our need.

Time of Silent Confession

Kyrie Eleison (*Lord, have mercy*)

Craig Phillips



Affirming the Good News in Our Lives

The Assurance of Forgiveness

Sleeper, awake! Rise and Christ will shine on you!

Thanks be to God. We are forgiven! We will rise and shine and give God the glory!

All sing first time; 2nd time lower voices begin;
upper voices begin 1 measure later

5 Be still and know that I am God.

Be still and know that I am God.

The image shows two staves of music in G major (one sharp) and 4/4 time. The first staff begins with a treble clef and a key signature of one sharp (F#). The melody starts on a half note G4, followed by quarter notes A4, B4, and C5, then a half note B4, and finally a half note G4. The lyrics 'Be still and know that I am God.' are written below the notes. The second staff begins with a treble clef and a key signature of one sharp. The melody starts with a half note G4, followed by quarter notes A4, B4, and C5, then a half note B4, and finally a half note G4. The lyrics 'Be still and know that I am God.' are written below the notes. The first staff is numbered '5' at the beginning.

Opening Our Hearts to God’s Word

Children’s Moment

Rev. David Wigger

Children are welcome to come up front for a quiet activity during the sermon

*Hymn No. 473

“Shepherd Me O God”
(Sing only the refrain)

Shep-herd me, O God, be - yond my wants, be -

yond my fears, from death in - to life.

The image shows two staves of music in B-flat major (two flats) and 4/4 time. The first staff begins with a treble clef and a key signature of two flats (Bb, Eb). The melody starts on a half note Bb4, followed by quarter notes C5, D5, and Eb5, then a half note D5, and finally a half note Bb4. The lyrics 'Shep-herd me, O God, be - yond my wants, be -' are written below the notes. The second staff begins with a treble clef and a key signature of two flats. The melody starts with a half note Bb4, followed by quarter notes C5, D5, and Eb5, then a half note D5, and finally a half note Bb4. The lyrics 'yond my fears, from death in - to life.' are written below the notes. The first staff is numbered '3' at the beginning.

Scripture Passage

1 Samuel 16:1-13

16The Lord said to Samuel, ‘How long will you grieve over Saul? I have rejected him from being king over Israel. Fill your horn with oil and set out; I will send you to Jesse the Bethlehemite, for I have provided for myself a king among his sons.’ 2Samuel said, ‘How can I go? If Saul hears of it, he will kill me.’ And the Lord said, ‘Take a heifer with you, and say, “I have come to sacrifice to the Lord.” 3Invite Jesse to the sacrifice, and I will show you what you shall do; and you shall anoint for me the one whom I name to you.’ 4Samuel did what the Lord commanded, and came to Bethlehem. The elders of the city came to meet him trembling, and said, ‘Do you come peaceably?’ 5He said, ‘Peaceably; I have come to sacrifice to the Lord; sanctify yourselves and come with me to the sacrifice.’ And he sanctified Jesse and his sons and invited them to the sacrifice.

6 When they came, he looked on Eliab and thought, ‘Surely the Lord’s anointed is now before the Lord.’ 7But the Lord said to Samuel, ‘Do not look on his appearance or on the height of his stature, because I have rejected him; for the Lord does not see as mortals see; they look on the outward appearance, but the Lord looks on the heart.’ 8Then Jesse called Abinadab, and made

him pass before Samuel. He said, ‘Neither has the Lord chosen this one.’ ⁹Then Jesse made Shammah pass by. And he said, ‘Neither has the Lord chosen this one.’ ¹⁰Jesse made seven of his sons pass before Samuel, and Samuel said to Jesse, ‘The Lord has not chosen any of these.’ ¹¹Samuel said to Jesse, ‘Are all your sons here?’ And he said, ‘There remains yet the youngest, but he is keeping the sheep.’ And Samuel said to Jesse, ‘Send and bring him; for we will not sit down until he comes here.’ ¹²He sent and brought him in. Now he was ruddy, and had beautiful eyes, and was handsome. The Lord said, ‘Rise and anoint him; for this is the one.’ ¹³Then Samuel took the horn of oil, and anointed him in the presence of his brothers; and the spirit of the Lord came mightily upon David from that day forward. Samuel then set out and went to Ramah.

After the readings
Hear what the Holy Spirit is telling God’s people.
Thanks be to God.

Sermon Rev. Dr. John C. Lentz, Jr.

“Into the Wildness... Letting Go”

Prayers of the People /The Lord’s Prayer
Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our debts as we forgive our debtors; and lead us not into temptation but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever. Amen.

Ritual of Friendship/ Offering

***Prayer of Dedication**

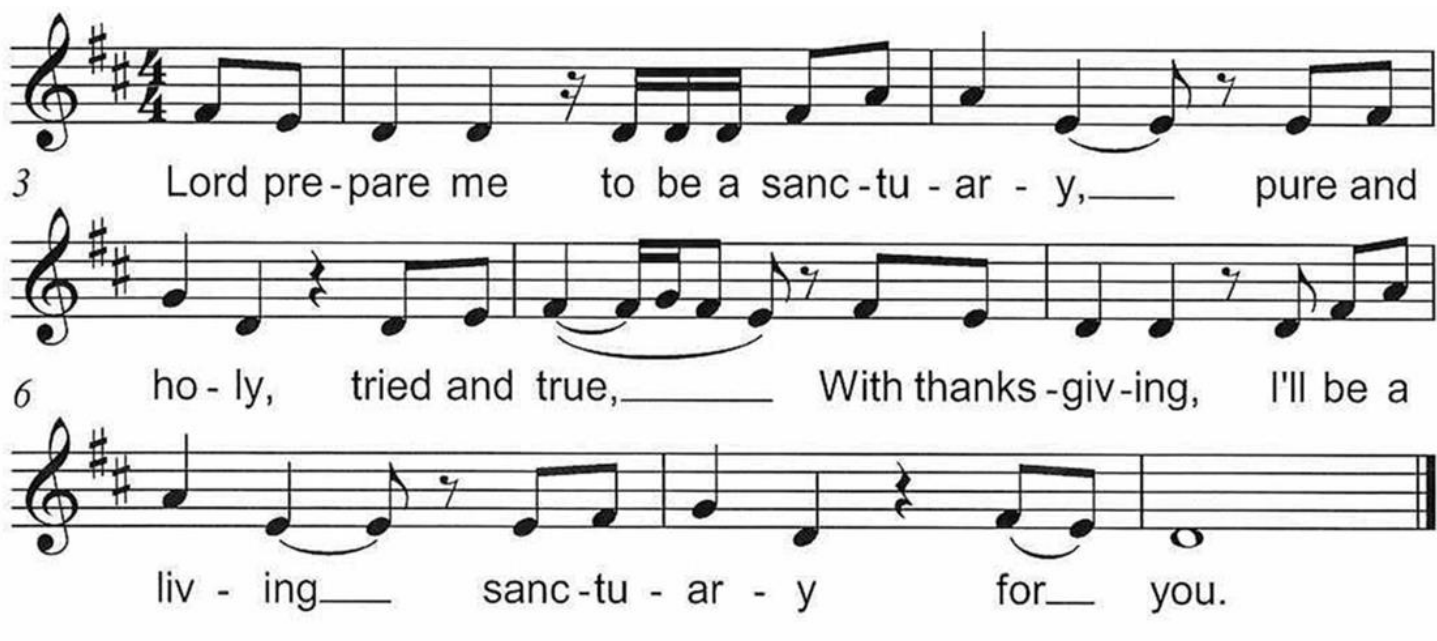
Going Forth to Live as God’s People

***Closing Hymn No. 744**

“Arise, Your Light Is Come!”

***Commission and Blessing**

***Choral Benediction No. 701** *“Sanctuary”*



*** Passing of the Peace**



Welcome Visitors!

We look forward to greeting you and answering any questions you may have. **Welcome bags are available in the foyers and the narthex. Take one home with you!** Be sure to visit our website, www.fhcpresb.org, for a list of upcoming events, education programs for all ages, and past sermon texts and audio.

Notes & Announcements

Prayer Requests:

If you would like to request prayers for a personal concern, please use one of the slips of paper in the pew rack. Ushers will collect the requests during the middle hymn, and pastors will include them in the congregational prayer.

Prayers are requested this week for the following: Mark Davidson, Marcie Denton, Rita Grube, David Hunter, Joanna Klingenstein, Elspeth Peterjohn, Graham Peters, Dean Sieck, and Sharon Wiggins.

Please remember these homebound members in your prayers: Marge Drollinger, Iris and Al Gilbert, Florence and Ron Klein, Emelia McGuire, Margie Stauffer, Elaine Tapié, Lorian Thomas, and Beryl and Henrietta Williams.

The Deacons encourage you to stop by the Greeting Card Table in Fellowship Hall before or after worship to sign a card for one or more of our homebound members. We will address and mail the card for you.

Care Group: *The Canaan Care Group* will assist our pastors in meeting members' needs during **March**. Please call the church office to report an illness, hospitalization, family emergency, birth or death. Information will then be passed on to the **Care Group leader, Rob Reynolds**.

Thank you, Deborah Erwin and Robyn Hales (**head ushers**), along with the rest of today's usher team; **all office volunteers:** Ellen McChesney, Cathy Ghiandoni, Lynda Bernays and Anne Smith; **and the sound board team:** David Bell, Bader Boland and Steve Marunowski.

The deadline for the bulletin or weekly email is Tuesday of each week at 5 pm. The next TOWER deadline is **(4/16/20) at 8:00 am**. You may submit your written request to office@fhcpresb.org.

To stay up to date on family programming, please subscribe to the Christian Education Newsletter: bit.ly/ceNewsletter.

Coming Up

TODAY

If you missed the *Ascension Concert* or would love to relive the experience that was held on February 23, we have CD's for sale for \$15 each. **Please contact Cynthia Lehman (716.830.4330 or lehman.cynthia@gmail.com) to reserve a CD.**

Forest Hill Softball Season is here. The team needs a few more players for the upcoming season. Games are played on Sunday afternoons at 4 pm and start on April 26 through the first Sunday in August. Anyone 16 and over can play! **If you are interested in joining the team for this year, please contact Jason Hidek at 440-264-3296 or jason.hidek@att.net.**

THIS WEEK

Bible and Bagels (Bible Study) discusses next Sunday's texts on Wednesday mornings from 7:30 am to 8:30 am. The lessons for this week are: **Ezek. 37: 1-14; Ps. 130; Rom. 8:6-11; and John 11:1-45.**

Save the Date – April 4: Racial Equity Buddies Workshop

A second Racial Equity Buddies Workshop will be held Saturday morning, April 4, 9-noon, in Bodwell Hall. A continental breakfast will be provided beginning at 8:30. The workshop has three components:

- 1) Exploring how racial equity buddies form and thrive;
- 2) Speed dating to potentially choose a racial equity buddy; and
- 3) Dividing into four groups to discuss the 1619 project; Undesign the Redline; *Just Mercy* (the book or the movie) and criminal justice; or Focus on Tomorrow and education. We encourage people to register at this site: <http://bit.ly/FHCApril4>.

The Organizing Committee: Elizabeth Shaw, Kermit Lind, Barbara Cloud, Vikki Nowak, Chiquita Montgomery, Quentin Smith, and Lisa Vahey; Mark Joseph, consultant/advisor.

Words from Tim and Lynn Shetzer: Please say prayers that Tim and Lynn Shetzer (and all others stranded) will find a way home to the states from Morocco. Also if people can call the state dept. The squeaky wheel gets the grease as they say. Please call: 202-647-4000 (ext. 4) and ask to speak with the overseas citizen services duty officer. There are nearly 1,000 Americans in Casablanca, Morocco who are stranded due to unexpected border closings with no warning. They are all trying to get home.

The Forest Hill Church Safety Core Team (SCT) is in place to develop plans and training that prepare the Beloved Community for any safety challenges we may encounter. The SCT asks you to review the information below regarding the global outbreak of Coronavirus (COVID-19):

By now we’ve probably all seen reporting of the global outbreak of Coronavirus. There are now documented cases being reported in the United States. At the time of this writing, there are several known cases of COVID-19 in the state of Ohio. You can be assured that the Forest Hill Church Building Staff and SCT are closely monitoring the situation and taking recommended precautions in the daily maintenance and care of our facilities.

We ask members and visitors to follow these everyday preventive actions recommended by the CDC and Ohio Department of Health to help prevent the spread of COVID-19:

- If you are ill, staying home is best, except to get medical care.
- Cover your coughs and sneezes with a tissue, then throw the tissue in the trash.
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing. *IF hand washing unavailable, use hand sanitizer*
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Clean frequently touched surfaces and objects daily.

While in the Sanctuary, please use the hand sanitizers and tissues available in the pews (take the tissues when you leave). Please alert Usher Staff if supply needs to be replaced or replenished. During the time of heightened precaution, we ask that you refrain from close personal contact (handshakes and hugs) until the threat of this virus has passed.

This announcement is for informational purposes. You should always seek guidance from medical professionals if you are feeling ill. Please address questions to Ann Donkin or the SCT at safetycore@fhcpresb.org



EASTER LILIES, 2020: PLEASE ORDER BY APRIL 10

Name of Donor_____

“Given by” if different from donor_____

Indicate which form of dedication: In memory of / In honor of /In thanksgiving for/ To celebrate

Of plants @ \$20.00 per plant _____ Total cost_____

Of plants to be donated_____

Donated lilies will be taken to members who are ill or shut-in. Thank you for your donation. Please put this in the offering, mail or deliver it to the church office. Please write Easter lilies on the memo line of your check.

Calendar: March 15-22

<p>Sunday, March 22: 11:00 am Worship and Children’s Worship online 12:00 pm Coffee and Conversation 3:30 pm Reconnecting with Gods Creation 7:00 pm AA: Promises on Sunday</p> <p>Monday, March 23: 6:00 pm AA: Progress not Perfection 7:00 pm Al Anon: Now There’s Hope OA Big Book Meeting 7:30 pm AA: Borton Group Boy Scout Troop #403</p> <p>Tuesday, March 24: 10:00 am Fiber and Fellowship 11:00 am Abundance Pantry Registration and Distribution 5:00 pm Fitness Fusion Exercise Bulletin and Email Deadline</p> <p>Wednesday, March 25: 7:30 am Bible and Bagels 12:00 pm Staff Meeting 12:30 pm Wednesday Women's Group 7:00 pm Guest Group: Speak Life Ministries</p>	<p>Thursday, March 26: Will mail out TOWERS 1:30 pm English Country Dance 5:00 pm Fitness Fusion Exercise 6:20 pm Voices in Bronze 7:30 pm Chancel Choir</p> <p>Friday, March 27: 10:00 am Al Anon: Hand in Hand</p> <p>Saturday, March 28: 9:00 am Tax Prep Fiber and Fellowship Leadership Retreat</p> <p>Sunday, March 29: 9:15 am Childcare begins 9:30 am Adult Education Youth Education Descant Choir 10:10 am Pathways 10:30 am Continental Breakfast Chancel Choir 11:00 am Worship and Children’s Worship online 12:00 pm Coffee and Conversation Sine Nomine Rehearsal 3:30 pm Reconnecting with Gods Creation 7:00 pm AA: Promises on Sunday</p>
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Pastoral Care Emergencies: 216-319-3596
Custodian Phone on Duty: 216-217-5257

Email: office@fhcpresb.org Website: www.fhcpresb.org

Rev. Dr. Veronica R. Goines, Rev. Dr. John C. Lentz, Jr., Co-Pastors
Rev. David Wigger, Interim Dir. of Family, Youth & Children’s Ministries
Tara Beverly, Youth Leader
Anne Wilson, Director of Music

Dear Congregants,

I would appreciate it if you would consider sending letters and cards to Jonas Nsongu Mouna, who has been detained since August 2018. Jonas is from the Democratic Republic of the Congo. He was a political objector and was persecuted for fighting for more honest politicians.

Jonas was in the Youngstown prison with Issoufou, Emmanuel, and Idrissa (the men who are now freed and living at Forest Hill Church), selflessly asking Maureen DeVito and Brian Hoffman from Catholic Charities to take on the men’s cases, because no one was fighting for them. They did. Jonas was denied asylum by a judge, so now it's nearly impossible for him to get bond. At one point, Catholic Charities identified a place Jonas could live and got release approval by three different levels in the ICE organization, but when it reached the Detroit ICE office it was cold heartedly denied.

I met Jonas when I visited Issoufou, Idrissa, and Emmanuel in Youngstown prior to their bond hearing and ultimate release. He is a warm and caring man. He acted as an interpreter for me and the Catholic Charities lawyer, since a Mooré interpreter couldn't be reached on the phone. Jonas is fluent in French and Spanish and knows some English as well.

His spirits would be greatly lifted if he received cards and letters of encouragement on a regular basis. This would help him know that he isn’t alone and others care about him.

Since he may be soon transferred to either Geauga or Detroit, cards and letters for now should be sent to:

Jonas Nsongu Mouna
c/o Maureen DeVito
Catholic Charities Migration and Refugee Services
7800 Detroit Avenue
Cleveland, Ohio 44102

Thanks so much!

Jeff Smith

Each gift to One Great Hour of Sharing helps to improve the lives of the suffering and the vulnerable. Providing relief from natural disasters, food for the hungry, and support for the poor and oppressed.

**Where God is, there is hope
for the suffering and the vulnerable.**

Together, we become the household of God. We extend shelter to those who have no place to stay, offer compassion to those who have pain—be it physical, emotional or spiritual—and we set a feast, with God, for those who lack access to enough food to eat. God’s household filled with love and everyone is welcome.

Join with Presbyterians worldwide in sharing God’s love with our neighbors-in-need around the world.

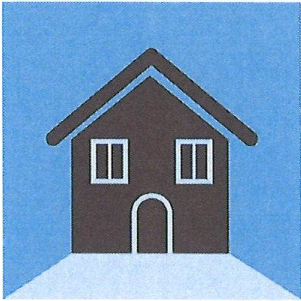
This Lenten season, please give generously to One Great Hour of Sharing. Text SHARING to 56512 to learn more about how your gift to One Great Hour of Sharing makes a difference, or visit pcusa.org/oghs

WHEN WE ALL DO A LITTLE, IT ADDS UP TO A LOT!
Visit pcusa.org/oghs or call 800-728-7228 x5047

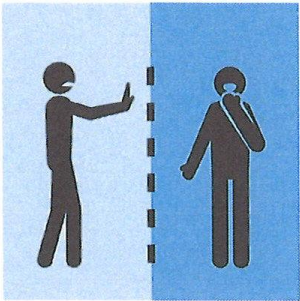


There are no confirmed cases of COVID-19 in Ohio. Please continue to protect yourself from all infectious diseases by using these precautions.

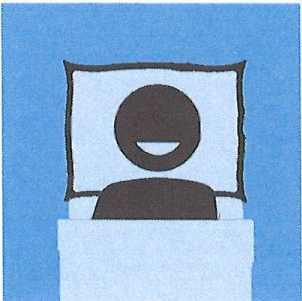
PREVENTION



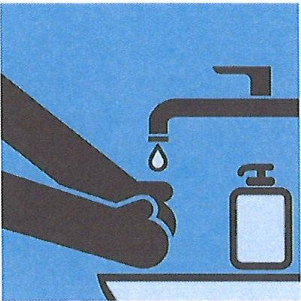
STAY HOME WHEN YOU ARE SICK



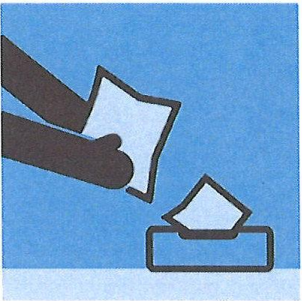
AVOID CONTACT WITH PEOPLE WHO ARE SICK



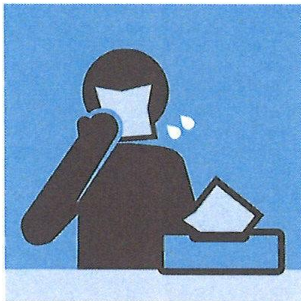
GET ADEQUATE SLEEP AND EAT WELL-BALANCED MEALS



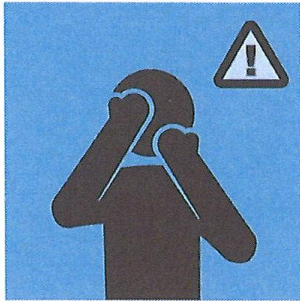
WASH HANDS OFTEN WITH WATER AND SOAP (20 SECONDS OR LONGER)



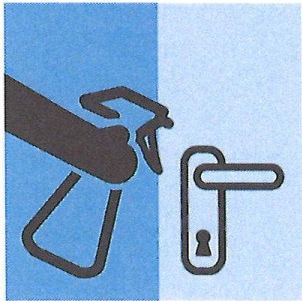
DRY HANDS WITH A CLEAN TOWEL OR AIR DRY YOUR HANDS



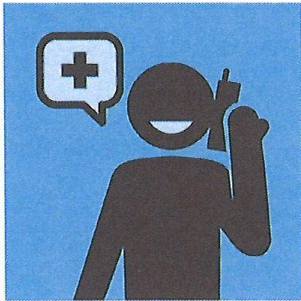
COVER YOUR MOUTH WITH A TISSUE OR SLEEVE WHEN COUGHING OR SNEEZING



AVOID TOUCHING YOUR EYES, NOSE, OR MOUTH WITH UNWASHED HANDS OR AFTER TOUCHING SURFACES



CLEAN AND DISINFECT "HIGH-TOUCH" SURFACES OFTEN



CALL BEFORE VISITING YOUR DOCTOR



PRACTICE GOOD HYGIENE HABITS

CLEAN ALL "HIGH-TOUCH" SURFACES EVERY DAY

High touch surfaces include counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, keyboards, tablets, and bedside tables. Also, clean any surfaces that may have blood, stool, or body fluids on them. Use a household cleaning spray or wipe according to the label instructions. Labels contain instructions for safe and effective use of the cleaning product including precautions you should take when applying the product, such as wearing gloves and making sure you have good ventilation during use of the product.

02-27-2020

Additional information from the Centers for Disease Control and Prevention: <https://www.cdc.gov/coronavirus/>