



## The TOWER

October 2019

Our ministries have emerged from summer hiatus, with focus, energy, and emerging vision. Forest Hill Church is alive with **synergy**, which is our joint work toward a common end.



Sunday, September 8 marked the official start of a new church year with the kick-off of the fall Adult Ed program introducing the book of Job. My thanks and appreciation to Pat Seeders and the Adult Ed Ministry for graciously inviting me to present the introduction. It was a wonderful and engaging gathering of adults who posed thoughtful questions for our day and time.

The 11 am worship service was joyous from the processional to the benediction. Pastor John Lentz brought the word with passion and Spirit, and Anne Wilson and the Chancel Choir sang us to our feet! Rev. David Wigger introduced to the congregation our long-awaited Youth Leader, Tara Beverly. We rejoice to have her with us and especially with our youth.

During the final hymn, we recessed from worship through the front doors of the sanctuary and onto the front lawn, where a spread of picnic food, tables and chairs, games, the infamous dunk tank, and perfect weather awaited us. I'm still basking in the afterglow of our celebration. Our Deacons, along with a number of other members and friends, Ann Donkin and crew, pulled off a fall festival that raised the bar! Thank you for your love offering to Forest Hill Church and to the greater community.

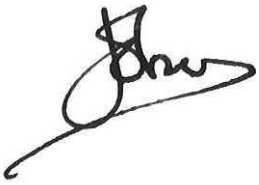
In truth everything I've witnessed to can be summed up in "The Beloved Community." These words, endowed with divine power and blessing, are finding their way into our lives, ministries, and conversations. I'm blessed by our ministries as they embrace what is not merely a theme but the manifestation of our calling—to love one another. For example, I attended my first Endowment meeting on Tuesday evening. I was met by holy conversation, as the committee attended to its work of financial oversight, responsibility and accountability for the church's endowment. Members also reflected on the role of the endowment committee toward being the beloved community. I acknowledge Bill Finn for his leadership and inclusive spirit.

Not only are our ministries, committees, task groups, and caucuses asked to consider how the traits of the beloved community may respectively be revealed through each, John and I as Co-Pastors are engaged in the same important work. As I reflect on the traits of the beloved community, I'm particularly drawn to number seven (7): **"Builds increasing levels of trust and works to avoid fear of difference and others."** This trait speaks to me because building trust is imperative for new pastors. Also, trust is essential to overcome the fear/s of differences. Therefore, with God's help I seek, not to avoid the fear of difference, as is written, but to face and overcome the fear through knowledge and increased awareness. This is the immediate work to which I commit myself, as I pray that individually and collectively all members, friends, and ministries of Forest Hill Church will identify our growing edges and celebrate our incremental growth toward our common God-ordained goal of being the Beloved Community.

Please let Pastor John or me know if we can be of assistance. We're all in this together.

-Pastor Veronica Goines

## WORDS FROM PASTOR JOHN



Dear Friends,

What a Kick Off Sunday we had on September 8. WOW! Rev. Goines had a packed house for the first Adult Education class on Job. Then people started filing into the sanctuary and the buzz was electric. We recognized and celebrated Anne Wilson's 30<sup>th</sup> year at Forest Hill with a standing ovation! From the first chords of "Holy, Holy, Holy, Lord God Almighty" to the resplendent descant of the choir on the final verse, we knew that the Spirit of the Lord was in the house that day. We met our new Intern for youth, Tara Beverly. The choir sang a spirit filled contemporary Gospel song. The sermon wasn't that bad either! (I preached) During the final hymn the entire congregation recessed outside the front doors of the church and the Deacon Fall Fellowship began. I don't know if we have had a better opening day.... (Certainly better than the Browns!)

The theme for this year is "Being the Beloved Community." You will hear a lot about this in the months ahead. The Session's hope is that everything we do will, in some way, be related to the theme; every action and program coming from the center of our mission. The 25 "marks of the Beloved Community" can be found in bulletin, TOWER and bulletin board. In my sermon on the 8<sup>th</sup> I asked those in the congregation to take home the list and study it. I asked: "Which of these 25 marks does Forest Hill Church do well?" "Where do we need to grow?" "Which of these are you personally called to work on as your spiritual discipline?" Together we can move closer in becoming that which God calls us to be: a place of radical hospitality, a community where we speak our truth in love, a community that is comfortable getting uncomfortable, a community where we share power and there is a diversity of people at all tables of fellowship and work within the church.

I look forward to the months ahead. **Invite your friends to church.** Together with God's help, being led by the Holy Spirit, we will walk in the footsteps of Christ and embody the good news that God is love and love wins! **God bless you all! -John**



# Family, Youth, Children ministries

**WELCOME TARA!**



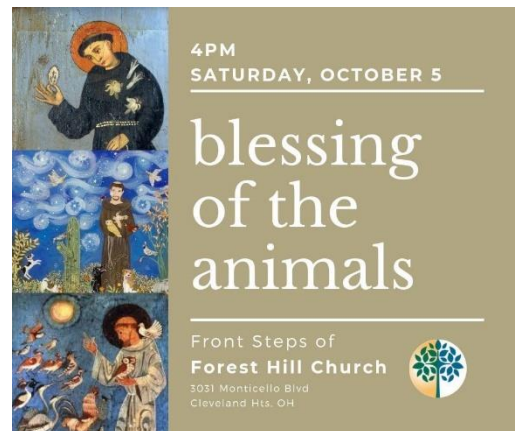
Welcome to our new **Youth Leader**: Tara Beverly  
Tara is very excited to get started and get to know our youth.  
When you have an opportunity, please welcome her to our  
congregation!

## **OCTOBER/NOVEMBER THEME: KIN-DOM** *The Family of God - Genesis 12-50*

Ada Maria Isasí-Díaz calls Solidarity an “expression of the gospel [and Torah] mandate that we love our neighbor”. This solidarity is “the union of kindred persons” across familial, national, and even religious lines. It is the *kin-dom* of God: *la familia de Dios*. It is the family we are called to be an active member of. – Quotes from Ada Maria Isasí-Díaz, *Mujerista Theology*

### **October FY&C Schedule:**

- Oct 5 - Blessing of the Animals
- Oct 6 - World Communion Sunday
- Oct 6 - Youth House Church (Wigger House)
- Oct 13 – Sine Nomine Rehearsal (Tentative)
- Oct 20 – Children’s Sabbath
- Oct 20 – Youth Group (Tentative)
- Oct 27 – Sine Nomine Rehearsal (Tentative)



## Music Notes



Hello everyone! I thought I'd start off this article by answering some questions I am frequently asked:

**1) Where is the choir room?** Ha! It's hidden away in the *shadowy* basement, underneath Fellowship Hill.

When I'm practicing the piano, you can hear the music in South Hall. Drop in sometime! ☺ **2) Who selects the hymns?** Though I occasionally offer a comment (we don't know this~~ we sang this last week~~that hymn's not in our hymnal~~), I do not select the hymns. The preacher for the day does. Generally, he or she selects the hymns to complement the sermon or theme of the day. **3) Is there an audition to join the choir?** No. We welcome everybody. The bell ringers have to be able to count rhythms well, so that's a requirement for that group. But as for singing, if your rhythm is a bit weak, just sing what your neighbor is singing and it will probably be correct! ☺

On Sunday, October 6, we'll celebrate **World Communion Sunday** with global music (Taiwan, Sudan, Kenya, Peru and more) and visual arts as we are mindful of the great world-wide community of saints. And then on Sunday, Oct. 28, Reformation Sunday, we'll revive the **Orcha-Band**, so if you'd like to play your instrument that morning, kindly let me know and I will send you the music to practice.



I would like to thank our generous donors to the **Friends of Music Fund**. This fund makes it possible to put on special events like our AWE services and concerts, and it covers the costs of guest instrumentalists and singers. If you would like to offer your support to this fund, I and those who love the role of sacred music in our worship experiences would be most grateful! I especially would like to thank the following persons who made donations within the last year:

*Doris Bartlett  
Lucy Conde  
Charles and Jane Ishler  
Scott and Sue Lafferty  
Kermit and Barb Lind  
Pat and Hal Musick  
Wendy Munyon  
Joyce Pope  
Carolyn Vrtunski  
Dene Young*

*Betty Clark  
Christine Fuller  
Lisa and Jed Koops  
Ann and Bill Lentz  
Bob and Pat Jeffreys  
Ellen McChesney  
Elspeth and Dick Peterjohn  
Paul Jennings  
Paul Weissbrod*

*Soli Deo Gloria~*

Anne Wilson  
Organist/Director of Music  
[annew@fhcpresb.org](mailto:annew@fhcpresb.org)  
216-321-2660 (church); 216-870-2729 (cell)

## **PCUSA Climate Care Challenge**



Hello from your Earth Care team for the new FHC Church year! The Presbyterian Church USA has adopted a new initiative for this year in adherence with their policy on Climate Care. Accept the challenge to take personal steps as well as outward steps with community, church, school, workplace, and global outreach. This month we will focus on the personal steps you can take to accept the Challenge and be active in Climate Care:

- Walk, bicycle, take public transportation, carpool, drive more efficiently, and avoid air travel.
- Eat a more plant-based diet or grow your own food
- Plant a tree or help restore a wetland

- Reduce your energy use: replace lightbulbs with LEDs, add insulation, cut back on energy usage, and turn off lights when not in use.
- Conserve water in your personal use
- Avoid one-use plastic (bottled water)
- Use re-usable heavy plastic/cloth bags for shopping and insist retailers stop using thin throwaway plastic bags
- Reduce waste, recycle, re-use, compost, buy less
- Purchase renewable energy or carbon offsets when available.
- Talk about why you care about climate change to friends and family

**For more resources and to accept the challenge go to:  
[pcuse.org/climatecarechallenge](http://pcuse.org/climatecarechallenge).**

~Dave Neff, Earth Care Leader

### ***Exciting news for greater Cleveland Congregations!***

Keisha Krumm, an IAF (Industrial Areas Foundation) Organizer for more than 17 years will become GCC's new Lead Organizer on November 1. We can't wait! John Lentz and I were privileged to be part of the interview/selection process, and I know I speak for both of us in saying how thrilled we are that Keisha said an enthusiastic Yes! to GCC's invitation. To play on Dr. Seuss, "Oh the places you will go," GCC. Keisha is a strong and proven leader and community-builder; she has committed her life to seeking justice where injustice reigns and to empowering others – individuals and congregations – to be part of this important work.



Keisha has a master's degree from the Mennonite Brethern Biblical Seminary in Christian Community Development. She and her husband Stuart have a daughter, Olivia. Keisha comes to us from our sister IAF organization, Common Ground Milwaukee, where she has been Lead Organizer for the past 8½ years. Prior to that she was an IAF Organizer in Los Angeles and Seattle/Tacoma.

I had the opportunity to represent GCC at Keisha's farewell party. About 80 leaders gathered from multiple congregations, Black, White and Latino – and impressively, they seemed to all know each other. The program was chock full of memories and appreciations that characterized Keisha as a caring friend, a devoted mother and a leader passionate about injustice, full of the righteous anger that stands firm in the face of power. Though I didn't think it possible, I came home even more excited about the gifts Keisha will bring to Cleveland and the work we will do together as GCC.

~Diana Woodbridge

### **GCC Reminder**

REMINDER: On Sunday, September 29, 2019, join GCC members Forest Hill Church & South Euclid UCC, to build relationships and learn about GCC criminal justice reform. We are partnering to present an inside look at GCC's ongoing criminal justice reform work. GCC leaders, Donna Weinberger and Marcia Levine, will talk about the overcrowding and inhumane conditions in the County Jail and the need for mental health/addiction treatment centers to address this crisis and the underlying challenges of many people being sent to jail. FHC and South Euclid UCC will jointly present this important program on September 29 from 1:00-2:30 pm at South Euclid UCC, corner of Belvoir Blvd and Bluestone. Lunch will be provided. Rides will be provided, if needed. See Diana Woodbridge or Scott Lafferty for more info.

## Long-Range Plan

In 2017, Session voted to develop a long-range plan (LRP) to guide the church during a time of significant change and growth. The plan would be a living document to which Session could make revisions when indicated during the five-year period. The LRP Coordinating Team and four teams to focus on specific issues were recruited. The first step in the planning process was to develop five-year goals based on FHC's vision, mission and core values, as well as the historical information in the 2011 and 2016 Discernment Task Force (DTF) Reports. The two DTF reports were reviewed to identify themes. At its February 2018 meeting, Session approved the five-year goals which were reported to the congregation:

In the next five years, God is calling Forest Hill Church to follow Jesus by being and doing the following:

- Modeling a welcoming congregation that is warm, diverse, and inclusive.
- Creating opportunities for spiritual transformation.
- Being just and generous, invested in being a change agent both inside and outside the walls of the church.
- Engaging in transformative social action.
- Offering exciting, innovative worship experiences that meet the needs and desires of our diverse faith community.

After goals and strategies were developed, the teams focused on creating action plans for each strategy. The action plans included key actions deemed necessary to achieve the goals and strategies, milestones, timing, and resources required, such as the primary stakeholders and related groups, and cost estimates. The congregation was surveyed to further inform the teams' work.

Last December, Session voted to accept and implement the five-year plan. The implementation to begin in 2019 has been slowed by other transitions taking place within Forest Hill Church. At this time, Session activity on the LRP is re-gaining momentum, implementation teams are moving into place, and work planned for 2019 is underway.

Additional information and updates will be provided to you on a regular basis. If you have specific questions, please contact our Co-Pastors or Session members.

Melanie Alban  
Co-Leader, LRP Coordinating Team  
Clerk of Session

**Exploring The Racial Equity Buddy Concept**  
**Sunday November 10,**  
**12:30 p.m. Bodwell Hall**  
**JOIN US**

With the arrival of the pirate ship "White Lion" in Jamestown VA, in August of 1619, slavery based on skin color was introduced into America. Shortly thereafter, any number of racist theories were introduced to justify this inhumane practice. The intractable problem of racism has haunted this country ever since. With the fervent attempt to address this problem's manifestation in our time and place, Forest Hill Church is embracing and implementing various programs and policies toward its becoming an image of the Beloved Community.

One of the many programs FHC has sponsored as we move toward eradicating racism within our midst and our surrounding community was a presentation in June 2018 by Dr. Mark Joseph entitled "From Awareness to Vigilance: Ideas about a Path to Achieving Racial Equity and Inclusion". Dr. Joseph, a friend, who worships with us fairly often, is also a leading scholar and nationally recognized expert in 'urban equity and inclusion'. In his 90 minute presentation he proposed a number of practices to help us move toward racial equity. One proposal, in particular, resonated with the Black Caucus - - namely forming personal partnerships of "racial equity buddies".

Indeed, Dr. Joseph's concept of racial equity buddies stirred us and other members of the congregation to act immediately and a few informal racial equity buddies pairs were formed. Members of the Caucus have been in constant contact with Dr. Joseph and have shared our experiences of our journey utilizing his racial equity buddies concept. Some "buddies" have

been meeting for more than a year and report that the journey is rich, rewarding, demanding and fruitful in many unanticipated ways. The trust and vigilance demonstrated has deepened the personal friendship among the "buddies".

Working with Dr. Joseph, we have planned a workshop to explore and encourage the expansion of formations of racial equity buddies throughout the church. Please plan to join us after service on Sunday, November 10, in Bodwell Hall to explore and hopefully expand racial equity buddies throughout FHC. All who are interested, intrigued, already involved, or simply curious about the concept are welcome and encouraged to attend. We are all on a journey toward racial equity. This workshop will help you move forward, whether you are just beginning or have been on this journey for decades or are somewhere in between those two points.

**Table facilitators, who will help lead a reflective conversation based on Mark Joseph's work, are required. If you are interested in assisting, there will be a short training (where we will share handouts and conversation prompts to assist facilitators) on Nov. 3 after service; location to be announced.**

Racial equity buddy defined:

- A racial equity buddy is a trusted companion on your personal racial equity journey toward greater awareness and vigilance
- With a racial equity buddy, the personal journey to greater racial equity awareness and vigilance will have more focus, more consistency and more fulfillment. Don't go it alone!

You can learn more about Mark Joseph and his call to us to consider the Racial Equity Buddy System by visiting <http://bit.ly/MarkJosephJune2018atForestHillChurch>.

**You may pre-register by filling out the accompanying form at: <http://bit.ly/RacialEquityBuddiesRegistrationForm>. We look forward to working with you.**

The organizers of the workshop are Elizabeth Shaw, Lisa Vahey, Doris Allen, Barbara Cloud, Kermit Lind, Vikki Nowak, Quentin Smith and Mark Joseph. Feel free to talk to any or all regarding the concept or the event on November 10.

## **Get ready for BREEZE!**

Over the last year or so, you may have heard about something called “Breeze.” You may even have received an invitation to use Breeze. But you may still be wondering, “What *is* Breeze?”

Breeze is an Internet-based, password-protected, online directory and database system, with multiple security levels.

In other word, it’s your new church directory.

Breeze provides you with online access to our directory of members and friends, as well as offering an online record of your financial pledges and donations. It’s part of our goal of being the beloved community by helping us stay coordinated, connected, and informed as a congregation.

All the data stored in Breeze is secure and password protected. Only those ***in our congregation*** who have received an invitation with a username and password may log on.

Some of Breeze’s features include:

- Unique login for each member, with web and app access
- Always-available and up-to-date member directory
- Always-available and up-to-date confidential giving records

## **What can you do with it?**

With Breeze you can quickly and easily see (and in some cases edit):

- Your own personal & family information
- Your attendance records
- Your own pledge and giving history
- Our entire online Church Directory

Contacting other FHC members couldn't be easier. You can find phone and email information in our Breeze database. Once you've logged on, type the person's name into the search bar at the top left side of the screen. Not sure who you're looking for? See the entire list of FHC congregants in Breeze by clicking on the "People" link at the top of the screen.

### **Take Breeze everywhere you go.**

Once you have a Breeze account, you can download the Breeze app to your cellphone or other mobile device and have your church directory with you wherever you go. When you're driving to a meeting at a church member's house and you've forgotten the address, Breeze can not only provide the address but map it for you as well. If you can't make it to a Ministry meeting and want to text the Elder, you can text them directly from Breeze. Or if you're trying to describe a member of the congregation to someone who's never met them, with Breeze you can pull up the directory on your smart phone and show them a picture.

Breeze is easy to learn and easy to use. To receive an invitation to join Breeze or to learn more about taking advantage of this new technology, contact our primary Breeze point person Peg Weissbrod (pegw@fhcpresb.org).

### **Update from Stewardship**

At Forest Hill Church – Stewardship 360 brings from all directions God's people back home into the Beloved Community. **God Has Smiled on Me** Stewardship 360 campaigns now. *"Ascribe to the Lord the honor due Her name. Bring offerings and come into Her court."* Psalm 96:8

Your pledges and offerings honor God. Our gifts let God know in a very tangible way how much we honor the name, the person, and this house – being the Beloved Community – made holy by the presence of God. We offer our gifts to God to be blessed and used for God's work in God's church and God's world.

As we bring our pledges and offerings, we are honoring God's name at Forest Hill Church. We are in God's place and where we gather to worship

God, to know Jesus, to be guided by the Holy Spirit. We give thanks to all who have made their pledges and offerings. Your pledges and offerings will enable Forest Hill Church to continue to proclaim the Word of God being the Beloved Community. *“Walk in love, as Christ loved us and gave Himself for us, an offering and sacrifice to God.” Ephesians 5:2*

Paul tells us to walk in love with Jesus, as Jesus loves us. Jesus died on the cross, because he loves us that much. Our pledges and offerings are given in love, in response to the love of Jesus for us. Thank you for your pledges and offerings – a living, tangible way of saying “Jesus, we love you.” Are your pledges and offerings a sacrifice to God? Jesus gave himself on the cross for us. We offer ourselves in thanksgiving for Jesus Christ’s love for us. It is our sacrifice that Forest Hill Church can proclaim the love of Jesus Christ. *“The Lord makes Her face shine upon you, be gracious to you and give you peace.” Numbers 6:24-26*

**God Has Smiled on Me** Stewardship 360 requests all 2020 pledges on or before October 27, 2019.

### **Small plates**

For many years, Forest Hill has offered the Faith Leader program. Participants in this program meet once a week for about seven months to develop spiritual practices that help them grow closer to God and discern God’s call in their lives. During the off years when Faith Leader is not offered, Forest Hill has started offering Small Plates. Each of these experiences focuses on just one spiritual practice and is relatively short in duration.

With the guidance of the Holy Spirit, Forest Hill will offer the following Small Plates experiences to nurture and stretch our spiritual growth:

#### Bread Making: The Spiritual Practice of Gratitude, Presence, and Care

What memory do you have about bread? Come share stories, faith and recipes as we bake bread together! This small plate offering will meet for five consecutive Saturday mornings starting October 26 and ending November 23. We will meet from 10:00 am until noon in the church kitchen.

We'll bake bread from different cultures, and even try our hand at making bread for our own Forest Hill communion service. Cost is \$5 per class. Registration will be for each class individually, and is limited to eight people per class. This class will be led by Deanne Lentz, Chris Henry and special guests! Registration information will be available soon. "I knead bread to experience God" - Deanne Lentz

### Yoga for People of Color

While yoga originated in ancient India, its popularity among white people in the United States has made it so people of color do not always feel safe or welcome in yoga studios and classes. In the development of this small plate, God's call for Forest Hill to provide a safe place to those who have been wronged has grown louder. People of color are invited to join a yoga class lead by Dawn Rivers of Daybreak Yoga. The cost is \$12 per each of five sessions which will be November 16, 23, 30, 14, and 21. Specific times for the sessions will be available soon. Spread the word! This small plate is intended for any person of color, whether they attend Forest Hill Church or not. For more information, contact Marcie Denton at [marciedenton70@gmail.com](mailto:marciedenton70@gmail.com).

### "White Fragility" Book Discussion Group:

Come explore the book "White Fragility: Why it's so hard for white people to talk about racism" by Robin DiAngelo. This small group will read together and uncover the issues that make racism such a challenging topic for white people to deeply engage. Through study and conversation, become more aware of the barriers that prevent each of us from becoming active allies in the work of racial justice and reconciliation. Beginning on October 20, we will meet weekly on Sunday afternoons from 5 - 6. The class will conclude on November 24. COST: \$15 will cover the cost of the text and supporting materials. Email Todd Webster with any questions [toddwebster1967@gmail.com](mailto:toddwebster1967@gmail.com).

Forest Hill is a community, and we are here to help each other out. If the cost for any of these Small Plates could be a barrier to your participation, please contact one of the organizers.

## News of Our Church Family

**Care Group (Group Leader-Sue McCauley):** The Jericho Care Group will assist our pastors in meeting members' needs during **October**. Please call the church office to report an illness, hospitalization, family emergency, birth or death. Information will then be passed on to the Care Group leaders.

### **Thank You to all office volunteers!**

The office volunteers and TOWER assembly team— Betty Clark, Ellen McChesney, Cathy Ghiandoni, Anne Smith, and Kathy Hanna-Stauffer. Thank you all!

**Flower donations are needed!** Are you interested in donating a flower arrangement in honor or in memory of someone? The arrangements are \$45 each and you may donate the flowers (the deacons will find a recipient) or you may take them home. **Please email [office@fhcpresb.org](mailto:office@fhcpresb.org) if you would like to take this opportunity to help beautify the sanctuary.**

**Hurricane Dorian Relief Effort:** To contribute, google PCUSA Disaster Relief and click on the active disaster link OR - write a check to Presbyterian Disaster Relief and write Dorian on the memo line and the office will make sure that the checks get to the PCUSA relief agency.

**Are you interested in becoming part of our Forest Hill Church Community?** If so, our next Exploring Membership Classes will be offered: Sunday, September 22<sup>nd</sup> & Sunday September 29<sup>th</sup>. Both classes will be in Bodwell Hall from 12:30 to 2:00 pm. A lite lunch will be provided. Childcare can be available, if needed. Those who decide to join will do so in October. If/when you know you want to attend, email [Diana@ninthrung.com](mailto:Diana@ninthrung.com).

**Peace and global witness offering:** Christ invites, and we also offer ourselves in the pursuit to end violence and bring about reconciliation through the Peace and Global Witness Offering of PCUSA. Through our gifts, we offer a healing hand to women experiencing abuse, here in this country and in places like Guatemala, even as we seek to remedy the structures that create their vulnerability. Our giving offers a word of peace to those incarcerated here and those crushed by civil war in places like the

Democratic Republic of the Congo. Our offering draws together those who were once at war, creating opportunities for veterans from this land to return to Iraq and build relationships that offer a start to healing and understanding. 25% of the collection for this offering will stay in our community for a related project. Please give generously using the envelope or your usual method of giving. Mark it "Peace Offering. " Thank you, Ministry of Justice and Mission.

## **Social Groups and Circles**

### **Women of Forest Hill Church and Iris Circle**

Save the date!! Mark it on your calendar!!  
Tuesday October 15, 2019, 1:00 p.m. Bodwell Hall

We will be viewing the movie "Knife Skills", and 2018 academy award nominee for Best Documentary Short Subject, that tells the story about the founding of EDWINS Leadership & Restaurant Institute. It had rave reviews and it will give your insight into the restaurant program founded by Brandon Chrostowski. There will be a Q and A after the movie with a representative from EDWINS. We will serve dessert and coffee too. All are welcome.

### **Pacesetters-Hold the Dates!**

- Metro park Hike and Picnic Saturday, September 21 morning/noon
- Movie Night, Saturday, October 26 evening

### **The Group/Hilltoppers**

The Group and the Hilltoppers will be attending the Suburban Symphony Orchestra concert Sunday, October 6 at 3:30 pm at Beachwood High School. The program will include Grondahl Concerto for Trombone, Haydn Concerto for Two Horns and Schubert's Symphony No. 9 "The Great". The Suburban Symphony Orchestra always gives a fabulous performance, and the price is FREE. Afterwards, we will gather at Anatolia Cafe on Lee Road for dinner. If you are interested in joining us after the concert, please RSVP to Cathy Ghiandoni at ghiandoni.c@gmail.com or 216 691-1905.

## **Address Changes:**

Jennifer Carr and Lance Vernon  
2823 Sulgrave Road  
Beachwood, OH 44122

Elsbeth and Dick Peterjohn  
Ohio Living Breckenridge North Apartments  
36500 Euclid Avenue Apt. 562  
Willoughby, Ohio 44094

Bob Young  
Nanson Center  
36855 Ridge Road Room 22  
Willoughby, Ohio 44094

### **Sundays in October**

**9:15 am    Childcare begins**

**9:30 am    Adult Education/Youth Education  
              Descant Choir**

**10:10 am Pathways**

**10:30 pm Continental Breakfast  
              Chancel Choir**

**11:00 am Worship and Children's Worship**

**12:00 pm Coffee and Conversation**

## Staff Emails

Antoinette Richardson

Genetha Clark

Ann Donkin

Stavros Gazis

Rev. Dr. Veronica Goines

Rev. Dr. John Lentz Jr.

Peg Weissbrod

Rev. David Wigger

Anne Wilson

Tara Beverly

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Finance

Building Mgr.

Head Custodian

Co-Pastor

Co-Pastor

Outreach/Breeze

Family, Youth, Children

Music

Youth Leader

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[annew@fhcpresb.org](mailto:annew@fhcpresb.org)

[youthleader@fhcpresb.org](mailto:youthleader@fhcpresb.org)



***TOWER*** deadline: **8 am** on October 17

**Custodians' cell phone: 216-217-5257**

| Sunday  | Monday  | Tuesday   | Wednesday   | Thursday   | Friday   | Saturday  |
|---|---|---|---|--|--|---|
| <b>Regularly scheduled events: meet every week unless noted</b>   | 6:00 pm AA:<br>Progress not Perfection<br>7:00 pm AI Anon:<br>Now There's Hope<br>7:30 pm AA: Borton Group<br>Boy Scout Trp. #403 | 1:00 pm Abundance<br>Pantry<br>5:00 pm Fitness<br>Fusion exercise class<br>Small Plates   | 7:30 am Bible & Bagels<br>12:30 pm Staff Meeting<br>AA:<br>Wednesday Women's Group<br>7:00 pm Speak Life<br>Bible Study | 1:30 pm English Dance<br>4:00 pm ICE vigils<br>5:00 pm Fitness<br>Fusion exercise class<br>6:20 pm Voices in Bronze<br>7:30 pm Chancel Choir | 9:30 am AI Anon:<br>Hand in Hand                     |   |
| <b>September 29</b><br>12:30 pm - New Member Class<br>1:00 GCC joins UCC<br>2:00 pm- Hallelujah Rehearsal       | <b>September 30</b>   | <b>October 1, 2019</b><br>12:00 pm-Pantry Lunch<br><br>7:00 pm-Hts. Friends of Immigrants Meeting<br><br>*Happy Birthday Stavros* | <b>October 2</b>  | <b>October 3</b>   | <b>October 4</b>                                     | <b>October 5</b><br>8:00 am-Men's Group<br>9:00 am-CEIRS<br>3:00 pm-Baby Shower |
| <b>October 6</b><br><b>World Communion</b><br>2:00 pm- Hallelujah Rehearsal<br>3:30pm The group and Hilltoppers | <b>October 7</b>  | <b>October 8</b><br>6:30 pm-Nominating<br><br>Committee   | <b>October 9</b><br>7:00 pm-Ministry Meetings   | <b>October 10</b>  | <b>October 11</b><br>5:30 pm: Russian<br><br>Concert | <b>October 12</b><br>9:00 am-CEIRS  |
| <b>October 13</b><br>12:00 pm-Black Caucus and J&M Fair<br>2:00 pm- Hallelujah Rehearsal                        | <b>October 14</b>   | <b>October 15</b><br>1:00pm-Iris Circle<br>7:00 pm Book Group   | <b>October 16</b><br>12:00 pm Garden Club<br>7:00 pm - TransFamily Meeting<br>Jung Workshop                             | <b>October 17</b><br>9:30 am-Pantry Group  | <b>October 18</b>                                    | <b>October 19</b>   |
| <b>October 20</b><br>2:00 pm- Hallelujah Rehearsal<br>5:00 pm Small Plates Discussion                           | <b>October 21</b>   | <b>October 22</b>   | <b>October 23</b><br>7:00 pm - Session Meeting  | <b>October 24</b>  | <b>October 25</b>                                    | <b>October 26</b><br>TBA:<br>Pacesetter's movie night                           |
| <b>October 27</b><br>2:00 pm- Hallelujah Rehearsal<br>5:00 pm Small Plates Discussion                           | <b>October 28</b><br>4:00 pm-AI Anon Dinner   | <b>October 29</b>   | <b>October 30</b><br>7:00 pm- Bible Study: Speak Life   | <b>October 31</b>  | <b>November 1</b>                                    | <b>November 2</b><br>8:00 am-Men's Group<br>1:00 pm PEO event                   |

**October 2019**

# "THE BELOVED COMMUNITY"



3031 Monticello Blvd, Cleveland Hts. OH 44118

216-321-2660 Fax: 216-320-1214

Email: [office@fhcpresb.org](mailto:office@fhcpresb.org) Website: [www.fhcpresb.org](http://www.fhcpresb.org)

Rev. Dr. Veronica R. Goines, Rev. Dr. John C. Lentz, Jr., Co-Pastors  
Rev. David Wigger, Interim Dir. of Family, Youth & Children's Ministries  
Anne Wilson, Director of Music



**BELOVED COMMUNITY** manifests and protects agape love as guiding principle and expresses in the following ways:

1. Offers radical hospitality to everyone, an inclusive family rather than exclusive club.
2. Recognizes and honors the image of God in every human being.
3. Exhibits personal authenticity, true respect, and validation of others.
4. Recognizes and affirms, not eradicates, differences.
5. Listens emotionally (with the heart); fosters empathy and compassion for others.
6. Tolerates ambiguity; realizes that sometimes a clear-cut answer is not readily available.
7. Builds increasing levels of trust and works to avoid fear of difference and others.
8. Acknowledges limitations, lack of knowledge or understanding, and seeks to learn.
9. Acknowledges conflict or pain in order to work on difficult issues.
10. Speaks truth in love, always considering ways to be compassionate with one another.
11. Avoids physical aggression and verbal abuse.
12. Resolves conflicts peacefully, without violence, recognizing that peacefully doesn't always mean comfortably for everybody.
13. Releases resentment and bitterness through self-purification (avoiding internal violence through spiritual, physical, and psychological care).
14. Focuses energy on removing evil forces (unjust systems), not destroying persons.
15. Persists unyieldingly and unwaveringly committed to justice.
16. Achieves friendship and understanding through negotiation, compromise, or consensus, considering each circumstance to discern which will be most helpful.
17. Righteously opposes and takes direct action against poverty, hunger, and homelessness.
18. Advocates thoroughgoing, extensive neighborhood revitalization without displacement (this also applies to the Church, working toward responsible and equitable growth, discipleship, and worship).
19. Blends faith and action to generate a commitment to defeating injustice (not forgetting that injustice can also be found *within* the Church).
20. Encourages and embraces artistic expressions of faith from diverse perspectives.
21. Fosters dynamic and active spirituality; recognizes that we serve a dynamic God who is not left behind by a changing world or people, and that a passive approach will not work.
22. Gathers together regularly for table fellowship and meets the needs of everyone in the community.
23. Relies on scripture reading, prayer, and corporate worship for inner strength.
24. Promotes human rights and works to create a non-racist society.
25. Shares power and acknowledges the inescapable network of mutuality among the human family.



4PM

SATURDAY, OCTOBER 5

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# blessing of the animals

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Front Steps of  
**Forest Hill Church**

3031 Monticello Blvd  
Cleveland Hts. OH



# TACO TUESDAY! \$10

to benefit Camp Lilac, a safe space where gender diversity is the norm

September 24th 6:00 PM  
3031 Monticello Blvd