

John C. Lentz, Pastor
Lois Annich, Interim Associate Pastor

*Discovering God's call, celebrating the Spirit's presence
Witnessing to Christ's transformative power!*



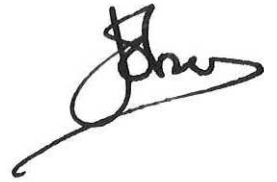
The Tower

July-August 2018

*God of life, we've work to do; give us strength and vision
Forest Hill must never die from selfish weak decisions.
As with Christ may we arise, trusting in your heavenly prize.
Taking risks that fool the wise, making love our mission.*
"Forest Hill, Christ's Church Would Be"
Ned Edwards, Pastor Emeritus (1971)

Dear Friends,

For those of you who stayed after church to hear Professor Mark Joseph present his thoughts on constructing a "Racial Equity Lens," thank you. For those of you couldn't be there, you missed something special.



Building the "Beloved Community" is hard work. Having more than a superficial conversation about race is difficult and it is, at times, uncomfortable.

As a White Male I have to admit: "I don't know what I don't know." I am not aware of my unconscious biases. I often do not say the right thing. The intention of my words and actions do not always coincide with the impact of what I have said and done. When I listen to concerns and reactions of Black and Brown, LGBTQ, and people of varying abilities, special needs, ages and statuses, sometimes, I admit, my inner voice sounds: "I just don't get it." But that is just the point: I DON'T get it.

Dr. Joseph offered a solution to help us ALL “get it.” He recommended partnering with someone who is of a different race. The partners would talk openly and honestly, without rancor or judgment about how each person sees and experiences the world. The key is to listen.

If my ears and heart are open, I may learn that my white male privilege has kept me from seeing, hearing and experiencing the pain and suffering of my brothers and sisters. My white privilege doesn’t make me bad, but it is something that I need to be aware of, to explore, possibly to repent and to reconcile with those that have had different experiences and whose experiences I may have ignored, intentionally or unintentionally.

Professor Joseph’s presentation invited us to start where we are on our journey. Take any issue, think about it and then ask, “why do I feel this way? what has shaped my views?” It is important for all of us to move beyond our defensiveness and embarrassment that we might say the wrong thing. We must continually keep our eyes on the prize of personal growth! This is difficult but worthwhile. Indeed, anything worthwhile requires work. Our individual journey will develop more quickly and fully with a partner.

Likewise, our wonderful church needs to be vigilant in pursuing our mission of serving Christ by becoming more and more a racially inclusive community. Each step of the journey is holy and important. We will make mistakes. There may be some uncomfortable moments but what I am seeing at the present time is the Holy Spirit moving among and within us.

As Christians we know about giving our lives to the big idea of the beloved community. We have the vocabulary of sacrifice, atonement, transformation, reforming and always being reformed, and becoming like Christ. As Christians we know what prophetic and biblical justice looks like! We have lived this before.

Our commitment to calling a Co-Pastor and being intentional about finding the best candidate who is a woman of color is central to our mission! Once again, Forest Hill Church is on the leading edge. The Trustees have made it their policy to seek minority bids for all contracts. Anne Wilson and the choir continue to push us to learn new music and listen to a variety of musical expression. The Worship Ministry intentionally is asking people of every race,

age, and ability to be worship leaders, to serve communion, to usher and to greet.

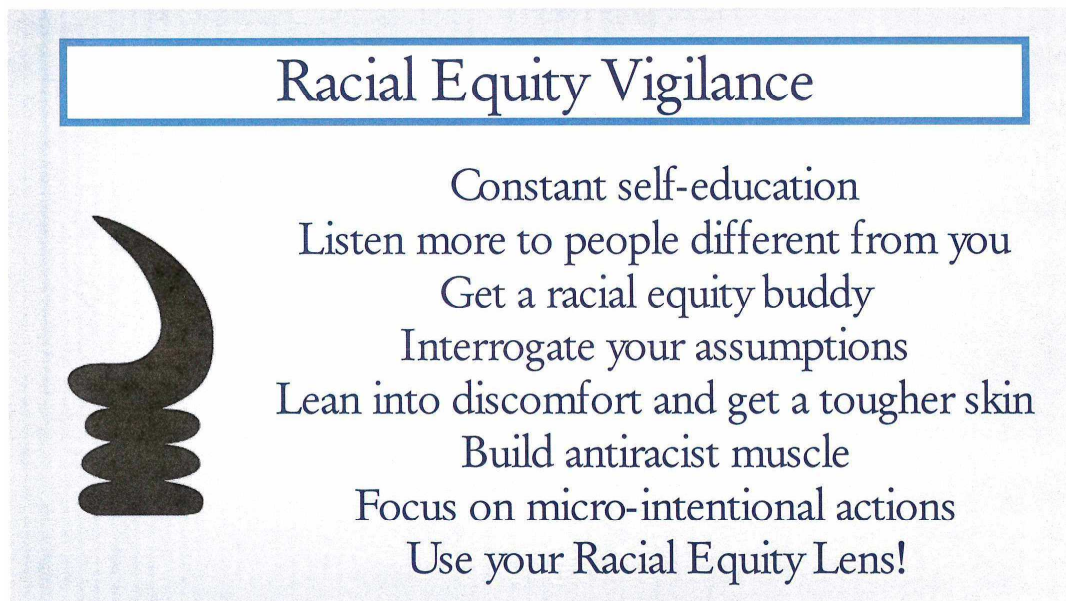
The formation of the Black Caucus and the ongoing work of the Black History Education Committee and the Racial Inclusion Committee are signs that we moving in the direction of our hope.

Professor Joseph gave us permission to videotape and share the recording of his presentation. We have a DVD of it and can make copies (we hope to post it on Youtube as well).

Find your partner! Keep praying for Forest Hill Church, its leaders and the Co-Pastor Nominating Committee, and supporting the church's mission. AND, even in the midst of questions and concerns, give thanks to God who continues to lead us as God has always done before.

God bless you!

Rev. Dr. John C. Lentz, Jr. Senior Pastor





“Ladies and gentlemen, we are about to begin our descent into the airport...” Different feelings bubble up in me whenever an airline pilot utters those words at the end of a flight. Sometimes I’m eager to catch another plane, to continue the next leg of my journey. Sometimes I’m relieved at the thought of being able to move about more freely. At other times I’m sad because a wonderful trip is coming to an end. And I’m often overjoyed and grateful to be returning home.

I’m beginning the descent into the airport as my time here at Forest Hill is drawing to a close. As you read this we will have about two months until my last Sunday sermon on August 26th. The end is coming into focus, like the buildings and bodies of water that become more visible as a plane slowly makes its way back to earth. I’ve been so grateful for the privilege of being on this journey of Transitional Ministry with you all. Forest Hill is a remarkable church and I’ve been inspired by your faithful response to the call of Jesus Christ upon your lives as individuals and as a community. I’ve enjoyed many creative collaborations with staff and lay leaders. I’ve also been deeply touched by the ways you’ve shared your lives and stories with me. You will forever be in my heart!



Change is a fact of life, much as it was when Rachel McDonald and I first began our work as Interim Associate Pastors on September 1, 2015. The good news is that the congregation used this time of pastoral transition in a very fruitful way to discern God’s call to the future. You studied, prayed, listened, and then took action steps. Those steps felt risky or uncomfortable to some, but the overwhelming feedback I’ve received is that a spirit of vitality and vibrancy is at work in this church! At the same time many things have remained constant-- the pastors and Deacons still provide loving pastoral care, worship and the sacraments are still a means of inspiration and nourishment, lots of people are doing ministry within and beyond the walls of the church, and fun and fellowship continue to strengthen your connections to one another.

I've been praying for you, for John, and for your new co-pastor. I envision this dear pastor bringing many gifts that will reflect God's loving nature and desire for justice. I'm excited to see how this next chapter will unfold because I trust in God's faithfulness. God didn't bring Forest Hill Church this far and hasn't used your collective witness in the world just to let you all down now. God is going to continue to use this church in meaningful ways to witness to a different set of values and the power of redeeming love. My prayer for you is that you will trust in God as you navigate change both in the church and in your own lives. On those days when you feel anxious about change (of any sort!) turn to God in praise and prayer, remembering the many ways God has sustained you in the past.

To return to my original metaphor, I'm going to be getting off the plane and following a different path at the end of August. I rejoice that you, the saints of Forest Hill Church, will continue on with a journey that is exciting and life-giving. As we say goodbye to each other over the next two months, let's remember that "goodbye" really means "God be with you." Indeed God has been our constant companion and will continue to be with us throughout all our lives. That is such good news--God is with us! Alleluia! Amen!

Rev. Lois Annich
Interim Associate Pastor

Music Notes

Dear FHC Friends,



I hope you are enjoying these warm months, perhaps doing a bit of gardening or family visits or vacations to the beach or elsewhere. As I write this, I'm tying up loose ends as I prepare to fly to England (via Iceland!) on Sunday, June 17th. This trip is planned around British authors and TV programs I particularly enjoy (Doc Martin, Poldark, Jane Austin, Sir Arthur Conan Doyle, etc.). I will spend a bit of time in London (British Museum, Victoria and Albert Museum, Churchill War Rooms, Hyde Park Corner, etc.), then head to Bath, Wells (Evensong in the cathedral), Glastonbury; then a long train ride down through Cornwall (western coast) to Penzance (as in *Pirates of . . .*), then to Port Isaac (the iconic village where *Doc Martin* is filmed) followed by a stop to see Tintagel Castle; then back north to hike around the Cotswolds (quaint, small English villages where one might see Miss Marple snooping about). I will return to Cleveland on July 3rd, well-rested and ready to plan the music for the 2018-2019 program year.



On Sunday, July 22nd, we will have an informal worship service in Fellowship Hall, followed by an ice cream social. I'd like to lead an "orcha-band" of FHC instrumentalists that day. If you play an orchestra or band instrument and can hold down at least a hymn part, send me an email (see below), and I'll sign you up. Should be fun!

Summer Choir continues through July with rehearsals at 9:30 am in the Choir Room below Fellowship Hall. Won't you give it a try? ☺

Soli Deo Gloria

Anne Wilson

Organist/Director of Music

annew@fhcpresb.org 216-870-2729

Meet David Wigger

Interim Coordinator of Family, Children, and Youth Ministries

I'm very excited to be joining the staff of Forest Hill. It is a church that I admire greatly, with willingness to engage in the tough work of faith. I am so thankful for the wonderful work that both Kate and Shannon have been doing for years. Stepping into their shoes will not be easy, and there is good reason for anxiety in the church for losing such incredible ministers to our kids and youth. I am excited to help build on the great foundation that has been built.

I am an ordained Teaching Elder and have been a hospital chaplain for the last three years. While I found a lot of meaning in hospital ministry, and am passionate about pastoral care, I have felt a growing pull back to the church. After several years of emergency care with strangers, I felt drawn toward a ministry of building relationships and community with a congregation.

I have always been passionate about children and youth. Before going to Seminary, I worked with children and youth in a variety of settings. After college I worked with children struggling with behavioral and emotional issues in rural North Carolina. Then I taught at a public Elementary school near Embassy Row in Washington DC, working with students representing over 50 countries. I also spent a year as a Young Adult Volunteer (through Presbyterian World Mission) living and teaching in the outskirts of Kisumu, Kenya.

I'm married to FHC member Amy Wadsworth and parent of one-year-old Elly Wadsworth Wigger. I'm originally from Louisville, Kentucky (where my parents still live). I consider basketball and washing dishes to be spiritual disciplines. I enjoy listening to podcasts, bluegrass, and hip-hop. I love Harry Potter and Beyoncé.



I believe strongly in the idea that there is no laity in the Presbyterian church, and all are called to ministry with our own unique gifts and voice. I hope to grow the volunteer pool for children and youth ministry. I want our volunteers to have the opportunity to share their gifts with the church without feeling burned out by the load. And I want our children and youth to

have adults surrounding them who they can get to know and trust as they grow through the church.

I also want our families as well as our kids/youth to feel this is their church and their ministry. I want to hear from you, all of you, concerns and fears, and any and all ideas you have for our programs. And as someone who has spent years at a hospital bedside next to families, I want to be a pastoral resource for you as well. If you ever need a listening ear, a prayer, or someone to cry or laugh with you, please think of me as someone who can be there for you.

Lastly, I want to be an advocate for children, youth, and families. I want to be your voice in the staff room, to bring your needs, wants, and ideas to the table. I take Christ at his Word, that it is children who lead us into God's realm.

If you want to volunteer, have ideas, concerns, or something to talk through, please contact me directly anytime.

Rev. David Wigger

Interim Coordinator of Family, Children, and Youth Ministries

CE@fhcpresb.org

216-702-7845 (Cell)

The fall schedule begins September 9!

- **Worship at 11 am**
- **Education for adults and children**
- **Choirs**
- **Fall Festival begins at noon**

We Matter: Introducing the Black Caucus

The Black Caucus was created as a response to the emotional, physical and spiritual need for people of African descent to experience community, support, and share fellowship with one another. Historically, African Americans have been marginalized and oppressed within American power structures and systems, including the church universal. In addition, Black Americans face daily injustices and stressors simply due to the color of their skin and the texture of their hair. People of color experience unique challenges unlike any other minority group. Therefore, the Black Caucus seeks to create a safe place of empowerment to encourage and support Black church members. We believe, just as so many of our White brothers and sisters are engaging in the courageous work of confronting individual and collective racism, that we too, as African Americans, need a space to process, inquire, and heal individually and collectively. Due to the uniqueness of the African American experience, our stories are often silenced, ignored, or cast aside – but no more. We are here to unequivocally state that “we matter.”

The Black Caucus is open to anyone who identifies as African American and is associated with our beloved church, Forest Hill, Presbyterian. The members of the steering committee are: Doris Allen, Lia Clement, Leslie Clement, Barbara Cloud, Shannon Headen, Darla Character Johnson, Elizabeth Shaw, and Quentin Smith. The National Presbyterian Black Caucus has existed since 1857. We are honored to be building on the legacy of our Presbyterian foremothers and forefathers. Part of our legacy is Black excellence through education, which is being celebrated through the Ron Register Scholarship Fund – our first major project. We are exceedingly proud of the progress and all of the wonderful support from brothers and sisters of all colors. In addition, the Black Caucus co-sponsored Dr. Mark Joseph’s presentation, “Through the Racial Equity Lens,” which took place Sunday, June 10. It was a dynamic lecture with practical tools to help each one of us as we continue to strive towards Paul’s message to the Galatians, “there is no longer Jew or Greek, there is no longer slave or free, there is no longer male and female; for all of you are one in Christ Jesus.”

Indeed we are one, but this work is still hard. The Black Caucus exists as another tool to help heal those traumatized by racial injustices and to keep vigil over the power systems and structures that cause the trauma.

Our acronym is **WADE**:

WITNESS to Christ's transformative and liberating power among individuals and structures locally and globally.

We witness by promoting equality, love, caring for those in need, spreading the Word and engaging in fellowship with one another. Our work will embody these principles in all we do.

AFFIRM the black experience, our gifts and talents, and engage the faith community equally and in Christian fellowship.

We affirm to support, uplift and validate each other through our history – past and present – and culture. We further affirm to create and build deeper and stronger bonds among us.

DEVELOP leadership among those of black descent.

We will develop leadership by freely sharing our talents and skills; by encouraging participation in leadership roles within the faith community, providing developmental opportunities, and mentoring one another.

EMPOWER black members on staff, in worship, in leadership and the larger congregation.

We will empower ourselves and our brethren by standing together and speaking as one voice; by fearlessly advocating equality of opportunity and advancement; by boldly addressing racist acts and demanding proper redress both within FHC and the broader community.

To learn more about the Black Caucus please contact us at **blackcaucus@fhcpresb.org**.

Shannon M. Garrett-Headen and Quentin Smith



Long-Range Planning Update

On two recent Sundays, the Long-Range Planning Committee invited the congregation to answer these questions:

- Change: How should Forest Hill Church change in the next five years?
- Challenge: What is the biggest challenge Forest Hill Church needs to address in the next five years?

Almost one hundred responses were received and grouped into the following topics: spiritual growth, community outreach and interaction, perception of church, race/racism/diversity, co-pastor, young adults, worship service, church building, member involvement, finance, all is good, and general comments.

The responses helped to frame the congregational survey that will be conducted during the summer. We encourage you to complete the survey online or via paper copy. Your thoughts about the future of Forest Hill Church are valuable to the planning process. Watch for more information about the survey in the coming weeks.

If you have questions about the survey or the process, contact chairs Melanie Alban (melaniealban@aol.com) or Bob Fox (foxr@ccf.org), or email the team (LongRangePlanning@fhcpresb.org).

Melanie Alban



A ROSE IS STILL A ROSE

Deacon's
Desk



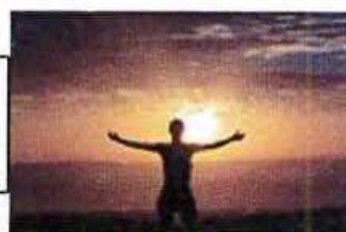
Some may associate this title with Aretha Franklin's classic song title however I am giving license to our memory of Shannon Headen's heart beat that now and forever will be a memory of her contributions to the FHC youth as well as numerous other areas where her commitments have impacted life at FHC.

Separation anxiety is a real thing for so many, even when we find joy and celebration when a member moves on to new responsibilities, goals, or dreams. There is emptiness in the air within our Sanctuary since Shannon has left for seminary.

To help with the separation anxiety I sought and received permission from Shannon to share an intimate talent of hers which many may not be aware of. That talent is in her poetry. Several of us were honored with a copy of her publication: "**Soul at Sunrise**" Following are 2 poems from that collection:



Soul at Sunrise



*The dark of day breaks into color
The red giant assumes the duties of mother
Waking the weary and the wide eyed
Scattering beams of light across the sleepy sky
The light of life, the warmth of the world
My soul at sunrise unfurls
Another beginning, the world anew
At sunrise mother breaks the midnight blue*

*Rises in the east from a million miles away
 And sends her bright love to cascade
 Over mountain tops and tiny seedlings
 Into the very soul of human beings
 Oh beloved and beautiful sphere of light
 Restore my soul after the dark of night
 Cleanse my mind and kiss my skin
 Keep my soul until your glow dims*



*In your image make me over
 Let me see with clear eyes
 Let me see the disorder in my life
 In your image make me over
 Let me feel with my whole heart
 Let me repent and have a fresh start*



**In Your
Image**



*In your image make me over
 Let my hands do your good works
 Let me be a healer of those who hurt
 In your image make me over
 Let me prepare a bountiful table
 Let me feed those who need a neighbor*

*In your image make me over
 Let me feel your embrace
 Let me bring your light to a dark place
 In your image make me over
 Let me be worthy of your forgiveness
 Let me be your child, servant, and witness*



FHC Stories Project

The Stewardship Ministry has been engaging members of Forest Hill Church to share how they have seen and felt God's presence at Forest Hill Church and what makes them return. Some stories attest to a member's strengthened faith and spiritual growth. Others tell of how their relationship with Forest Hill Church has affected their commitment to mission and social justice. There are also stories of how Forest Hill Church has helped our members in their time of need.

We want to hear from more members. The stories will be shared throughout the year in a variety of ways including on the Forest Hill Church website, in e-blasts, as Tower articles and possibly as a Minute for Mission. If you are interested in sharing your story, please contact someone on the Stewardship Ministry. We'd love to share your story with the congregation!

With thanks,

The Ministry of Stewardship

Melanie Alban, Leslie Pendleton, Mark Gerteis, David Burleigh, Bill Ladebue, Peter Williams

The Ron Register Scholarship Fund

Dear Forest Hill Church Friends:

The Black Caucus came up with the amazing idea of creating a scholarship fund to honor Ron Register. They asked Forest Hill's Endowment Committee to kick off the Fund with a grant of \$5,000 and formed a Fundraising Committee to reach out to the church and community, to ask those who know Ron well to contribute (see the letter which follows).

If you would like to be part of this effort and did not receive a letter, you may write a check payable to FHC, put "RR Scholarship Fund" on the memo line and mail or leave at church. Gifts of all sizes are welcome and appreciated!

*You may use this letter to ask for donations to the fund.
It is available on FHC letterhead – contact the office
and we will provide you with as many copies as you need.*

Friends of Ron Register Scholarship Fund

Dear Forest Hill Church Friends:

College gives students a wonderful opportunity to expand their horizons, develop their strengths, and move toward their goals. It opens the door to the future. Advanced education, however, is often a financial reach that leaves out promising learners.

Friends of Ron Register have joined together to create a scholarship program in his name so that lack of adequate funds for college does not stymie our future leaders.

During his 16 years on the Cleveland Heights-University Heights Board of Education Ron was an unfailing advocate for equity and excellence in the Heights schools, his passion! A named scholarship is fitting recognition of his lifelong commitment to education, justice and inclusion.

Please help us support Heights High graduating seniors starting with the class of 2019 by contributing to the Friends of Ron Register Scholarship Fund. We plan to provide two scholarships each year of \$2,500 to promising leaders who share Ron's commitment to social justice and fairness.

Ron is a member of Forest Hill Church in Cleveland Heights. We are pleased that the congregation has made a leadership gift of \$5,000 to establish the fund and will be the repository for all contributions that add to it. Scholarship recipients will be determined by a committee of church and community members who share Ron's belief in civic leadership, public education and removing the barriers to equality. Our goal is to raise \$25,000 to launch the fund, and make it an on-going opportunity by replenishing it as we go forward.

Ron Register believes in our young people and so do we. Please express your shared commitment to our future leaders by giving to the Ron Register Scholarship Fund.

With hope and gratitude,

On behalf of the Ron Register Scholarship Committee at Forest Hill Church:

Doris Allen & Diana Woodbridge

The Book of Revelation: An Invitation to Understanding

The Book of Revelation is perhaps the most difficult and least understood book in the Christian scriptures. To begin with, it is apocalyptic literature, a different genre from any other book. It is filled with seemingly outlandish and chaotic symbols, and so many religious extremists have used it to support bizarre interpretations that many of us simply shy away from it. Yet the Book of Revelation can be understood. In its own historical context and in ours, it is scripture with a hopeful, comforting vision for our future.

Do you feel a call to study this book in a small group? We do. If there is enough interest, we plan to co-lead a small group study this fall, using the Kerygma study guide. We plan to meet every other week in our home for 7 sessions, beginning Monday, September 10. We will provide a snack, in case some group members are coming directly from work, and will set specific meeting times according to the best time for those who plan to attend.

If you are interested, please contact Ann Williams (216-470-0074 or asw1217@gmail.com)

Ann and Peter Williams

Greater Cleveland Congregations

You are invited to participate in making FHC more effective in working with GCC and our community to bring about justice and equity. Join the FHC Core Team at the **Core Team Strengthening Training, Thursday, July 26th at 7-8:30 pm at Trinity Cathedral***. FHC has a strong core team, but there is always room to grow and we would love to include you on our team. How do we best use our community organizing training? How can we best share GCC information with our congregation, bring our church and community members together in shared concerns for justice, strengthen GCC and become more involved in the issue teams, connect with other GCC congregations? These are some of the questions that will be answered by Larry Gordon, a highly experienced leader of IAF (the national organization of which GCC is a part).

**Your participation does not commit you to join the team, but you may be inspired!*

Current members are:

Jennifer Blakeney, Chair
Diana Woodbridge, Strategy Team
Kathy Hannah-Stauffer, Secretary
Barb Cloud, Gun Violence Team
Eileen Vivcaino, Criminal Justice Team
Gretchen Reynolds, Education Team
Ron Register, Charity Stock, and Scott Lafferty

We are a great team and would love to have you join us. Come to the training and learn more.

Jennifer Blakeney

News of Our Church Family

Marriages

Ted Mueller and Michelle Lee were married on June 16. Dr. Lentz officiated.

In Memoriam We Remember

Joan Miller Kandare, who died May 26, 2018

Mary Constance Sekerak-Hicks (Connie), who died June 5, 2018.

Please remember these homebound members in your prayers:

Marge Drollinger, Al and Iris Gilbert, Ron Klein, Emelia McGuire, Joyce Peters, Margie Stauffer, Elaine Tapié, Lorian Thomas, Beryl and Henrietta Williams

Volunteer Hours in May

The office volunteers and TOWER assembly team— Nancy Grube, Ellen McChesney, Jane and Chuck Ishler, Cathy Ghiandoni, Anne Smith, Elspeth Peterjohn, Pat Jenkins, and Betty Clark —worked a total of 84 hours in May. Thank you all!

The Group (60s-70s-80s) has several summer activities planned.

On **July 22** (7-9 pm) enjoy **Free Shakespeare in the Park**. Watch The Cleveland Shakespeare Festival perform *Twelfth Night* at the Grove Amphitheater (425 North Commons Blvd in Mayfield Village, off SOM Center Road north of Wilson Mills). Bring your own chair and a picnic and enjoy the evening with friends. You will find plenty of free parking either near the pool or at the Progressive Insurance parking lot.

Please let Kathy Hanna-Stauffer (216-544-0916 or khannas@sbcglobal.net) or Cathy Ghiandoni (216-408-2514 or ghiandoni.c@gmail.com) know that you are coming, so we can sit together.

On **Saturday, August 18**, we will go to the Atwood Lake home of Joe and Betsy Andrews for a fun-filled day of water sports and barbecue.

Watch for details and directions. SAVE the DATE for a great summer get away! Atwood Lake is under 2 hours from Cleveland.

Care Groups

The Corinth CARE Group will be responsible for assisting the pastors in meeting members' needs during July; the Jerusalem CARE Group will serve in August. Please contact the church office in case of illness, hospitalizations, births or deaths (or other family emergencies) in any FHC family.

Members of the Corinth CARE Group are:

Margie Ravas, Deacon leader
Joan Bacon
Molly Bergman
Ed Briskey
Jeff & Kathy Cameron
Lia Clement
Nan Dorer
Kurt Haas & Deedee Pim
Betty Jenkins
Cathy Kernich
Brian Klein & Tish Van Beers Klein
Deanne & John Lentz
Jack Lentz
Diana & Tom McFiggen
Linn & Melody Obery
Angela Oetama-Paul
Dave & Susanne Peterjohn
Bill Proudfit
Ron Schmidt
Sandy Shultz
Dan & Joanne Shaner
Dean & Judy Sieck
Ahren & Charity Stock
Harold & Beverly Thomas
Seth Ungemach
Bobbi Van Dijk
Jill & Kevin White
Dene Young

Members of the Jerusalem CARE Group are:

Ellen McChesney, Deacon leader
Pat Borthwick
Doris Brandt
Lucy Conde
Monita Franklin
Chris & Daniel Fuller
Ed Gernerchak & Sally Wile
Brett & Annette Himes & family
Steve & Mary Hosier
Patricia Jenkins
Shelly Jesberger
Sam & Lauren Miller
Pat & Hal Musick
Richard Obermanns
Karen Parker
Joyce Pope
Carol Scott
Steve Sedam & Virginia Weiss
Mike & Becky Stawovy & family
Rob & Leslie Strachan
Marjorie Thomas
Chris Vandall & Marcie Denton & family
Josh & Pam Webster
Mark Wedell
Anne Wilson
Robert & Julie Ann Yoe

2018 Forest Hill Graduates

Shannon Garrett-Headen graduated from Notre Dame College and will attend Pittsburgh Theological Seminary (Pittsburgh PA).

Peter W. Lafferty graduated from the The Breen School of Nursing of Ursuline College with a Bachelor of Science in Nursing.

Jack Lentz graduated from Notre Dame College.

Alexandra Rich graduated Magna Cum Laude from Emerson College (Boston MA).

Grant Heineman graduated from Heights High and will attend Berklee College of Music (Boston MA), majoring in Jazz Composition and Voice.

Malik Joseph graduated from Shaker Heights High School and will attend DePaul University (Chicago IL) to study Communications/Public Relations.

Laura Peterjohn graduated from Shaker Heights High School and will attend Wooster College (Wooster OH).

Mary Jane Reinhardt graduated from Heights High and will attend Case Western Reserve University.

Mackenzie Rich graduated from Shaker Heights High and will attend Bowling Green State University (Bowling Green OH).

Adam Stauffer graduated from Villa Angela St. Joseph and will attend John Carroll University.

Garrett Vandall (recovering from a broken leg) will study EMT and Firefighting at Tri-C.

Ian Zych graduated from Hawken School and will attend the Savannah College of Art and Design ("SCAD" in Atlanta GA) as a film major.

Sundays in July and August

8:30 Child care begins
8:45 Adult Education (thru Aug. 4)
9:30 Continental Breakfast
 Summer Choir (ends July 29)
10:00 WORSHIP
11:15 Coffee & conversation

July 1

2 Samuel 1:1, 17-27, Psalm 130, 2 Corinthians 8: 7-15, Mark 5: 21-43

July 8 **Camp Lilac Art Exhibit**

2 Samuel 5: 1-5, 9-10, Psalm 48, 2 Corinthians 12: 2-10, Mark 6: 1-13

July 15

11:00 Blood Pressure check
 Book talk: ***Soul Tending***

2 Samuel 7: 1-14a, Psalm 24
 Ephesians 2: 11-22, Mark 6: 14-29
 (see p. 23)

July 22

4:00 Reconnecting with God's
 Creation (class)

2 Samuel 7: 1-14a, Psalm 89: 20-37
 Ephesians 2: 11-22
 Mark 6: 30-34, 53-56

July 29

2 Samuel 11: 1-15, Psalm 14, Ephesians 3: 14-21, John 6: 1-21

August 5

4:00 Reconnecting with God's
 Creation (class)

2 Samuel 11:26-12:13a Psalm 5: 1-12
 Ephesians 4: 1-16
 John 6: 24-35

August 12

2 Samuel 18: 5-9, 15, 31-33, Psalm 130, Ephesians 4:25-5:2, John 6: 35, 41-51

August 19

11:00 Blood Pressure check

1 Kings 2: 10-12, 3:3-14, Psalm 111
 Ephesians 5: 15-20, John 5: 51-58

August 26 **Lois' last Sunday**

1 Kings 8: 22-30, 41-43, Psalm 84, Ephesians 6: 10-20, John 6: 56-69

Announcements! Announcements!

Pastor Lois Annich's last Sunday is August 26	The regular schedule resumes September 9
TOWER deadlines: 7 am on Aug.16, Sept. 13, Oct. 11	Join the summer choir! Comes to Adult Ed!

The church phone number is 216-321-2660. Our website is
www.fhcpresb.org

Emails for the staff are as follows:

Rev. Lois Annich	<i>Interim Assoc. Pastor</i>	pastorannich@fhcpresb.org
Delilah Dervic	<i>Finance</i>	finance@fhcpresb.org
Lynda Bernays	<i>Administration</i>	office@fhcpresb.org
Ann Donkin	<i>Building mgr.</i>	adonkin@fhcpresb.org
Stavros Gazis	<i>Custodial</i>	office@fhcpresb.org
Rev. Dr. John Lentz Jr.	<i>Pastor</i>	pastorlentz@fhcpresb.org
Peg Weissbrod	<i>Outreach</i>	pegw@fhcpresb.org
Rev. David Wigger		CE@fhcpresb.org
	<i>Interim Coordinator of Family, Youth and Children's Ministries</i>	
Anne Wilson	<i>Music</i>	annew@fhcpresb.org

Custodians' cell phone: 216-217-5257

Additional email addresses:

The Sanctuary Coordinators: sanctuary@fhcpresb.org

The CoPastor Nominating Committee: fhccpnc@gmail.com

The Long Range Planning team: LongRangePlanning@fhcpresb.org

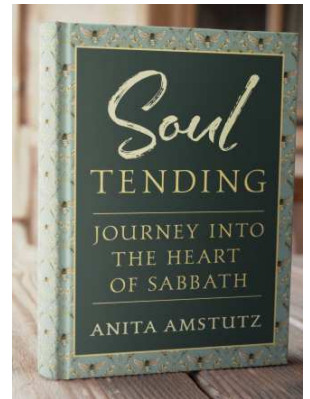
Black Caucus: blackcaucus@fhcpresb.org

Join us on July 15 for a book talk...

Soul Tending: Journey into the Heart of Sabbath

by Anita Amstutz

In ***Soul Tending***, Anita Amstutz offers a road map for Sabbath keeping in the 21st century, a practice rooted in tradition but whose tenets can be applied to practices fit for our modern, hectic, and troubling world. Though many caregivers struggle with burnout and self-care, recovering Sabbath can offer a simplicity and joy to reimagining work and make one's heart sing.



Rev. Amstutz describes ***Soul Tending*** as a spiritual biography. It is "a story of my own wrestling with balance in my work life. How I found the sabbath welcome of 'ceasing work' to be a solace in that dry, droughty space between creativity and overwork/soul weariness... how Sabbath keeping can guide us to reflect on our work and bring a deeper purpose and meaning to what we are called to do in the world." This is not just a treatise on Sabbath keeping from a theological or intellectual perspective. It was experienced.

Rev. Anita Amstutz is an ordained minister who has led a congregation for over 15 years in New Mexico. She has also worked ecumenically at the Center for Action and Contemplation, a teaching ministry for contemplative prayer and action in the world. She comes to us by way of her cousin, FHC member Sharon Shumaker.

For more information you may email Rev. Amstutz at anita@afamstutz.com or visit her website, www.afamstutz.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Regularly scheduled events: meet every week unless noted	6:00 Progress not Perfection AA 7:00 AI Anon 7:30 Borton Group AA	1:00 Abundance Pantry 5:00 Fitness Fusion exercise class	7:30 am Bible & Bagels 12:30 AA meeting	5:00 Fitness Fusion exercise class	9:30 AI Anon	
JULY 1 See "Sundays in July and August"	2	3 12:00 Abundance Pantry Lunch	4 Independence Day Office closed	5	6	7 Camp Liac Art Show
8	9	10 7:00 Black History Education Comm mtg	11 7:00 Ministries worship 7:15 Ministries meet	12	13	14
15	16	17	18 12:00 Bullshevicks 7:00 TransFamily East	19 7:00 GCC Housing Team mtg	20	21 8:30 CPNC
22	23 5:00 PWR meeting – Northfield PC	24	25 7:00 Session meeting	26 7:00 GCC Core Team training (Trinity Cathedral)	27	28
29	30	31	AUGUST 1	2	3	4
5	6	7 12:00 Abundance Pantry Lunch	8 7:00 Ministries worship 7:15 Ministries meet	9	10	11
12	13	14 7:00 Black History Education Comm mtg	15 12:00 TransFamily East	16 7:00 TOWER deadline	17	18
19	20	21	22 7:00 Session meeting	23	24	25
26	27	28	29	30	31	SEPTEMBER 1

July-August 2018

the Fall schedule begins September 9

Table of Contents

From the Pastor	1
Lois' Page	4
Music	6
Meet David Wigger	7
Introducing the Black Caucus	9
Long-Range Planning Update	11
A Rose Is Still a Rose (from the Deacons)	12
FHC Stories Project	14
The Ron Register Scholarship Fund	14
The Book of Revelation	16
Greater Cleveland Congregations	17
News of Our Church Family	18
2018 Forest Hill Graduates	20
Sundays in July and August	21
Announcements! Announcements!	22
<i>Soul Tending</i>	23
July-August Calendar	24