

John C. Lentz, Pastor
Lois Annich, Rachel McDonald, Interim Associate Pastors

*Discovering God's call, celebrating the Spirit's presence
Witnessing to Christ's transformative power!*



The Tower

July-August 2016

Password Protected

Passwords are nothing new (see Judges 12:6), but we certainly type them out more frequently these days. Whether it's to log on to your computer, access your bank account, sign into Facebook, check your email, or pay a bill, all of these things require a password. Not only do you need a password for each account you have, but each one requires a different password with a secure combination of numbers, letters, and cases.

How do you come up with these secure passwords? I have a suggestion for you that I have been following for a few years now. Take one of your favorite bible verses or one you have been meaning to memorize. Take the first letter of each word. When you place those letters together along with the verse chapter and number you will have a gibberish string of text that only makes sense to you.

For example, 1 Corinthians 16:14, "Let all that you do be done in love" becomes Latydbdil1614. Or Psalm 16:1, "Protect me, O God, for in you I take refuge" becomes PmOGfiyltr161. If you were feeling particularly clever, your bank password could be Proverbs 13:8, Wiarfaplbtpgnt.

Hint: I wouldn't recommend using any of these as they have now been shared.

Not only does this method help keep your online information secure, but it provides a brief devotional moment in the midst of our busy world. As passwords should be changed frequently, this also gives you an opportunity to grow your collection of memorized scripture.

In the words of the Psalmist, Pbwyraswyt!1227

Have fun! Be creative! Favorite hymn passages also work well. Keep track of your passwords in an old-fashioned address book.

Rachel McDonald
Interim Associate Pastor



I've been a pastoral counselor for many years now and never fail to chuckle at the misinterpretation of my role. The typical question is "So, you counsel pastors?" Heaven knows that we pastors are not immune to the need for counseling, but in truth pastoral counseling is a branch of mental health care in which pastors are specially trained to bring both psychological and theological lenses to various life problems.

I wonder if the term "pastoral care" isn't also a confusing one. We are not caring for pastors. We pastors are offering spiritual care and presence to people—both congregants and people outside the church—as they navigate the joys and sorrows of life. That said, I firmly believe that the term "pastoral care" needs updating. I don't think the spiritual care of a congregation and community is the sole responsibility of any pastor. We have been called by God as a people and we all bear responsibility for faithfully mediating God's unconditional love and presence.

Fortunately for me, I get to work with an extraordinary team of Deacons here at Forest Hill Church who care for the congregation in many ways—through nourishing meals in times of illness or grief, through coffee hours that are beautifully decorated and enlivened with lovely music, through cards and letters to people in need of cheer, through gatherings that promote intergenerational fun and fellowship, and through visits to the homebound. The list could go on and on, but suffice it to say that I am privileged to enjoy a true collaboration with the Deacons.

Do you have a concern that could be addressed by the Deacons or one of the pastors? We care about you, whether you have been a long-time member or are in the early stages of visiting Forest Hill Church. Please feel free to let us know about any hospitalizations, medical issues, or needs for support. Also, do let us know if you know someone else who could use our support. We are a community and together we are ready to walk with you through life's celebrations and challenges!

Rev. Lois Annich
Interim Associate Pastor

Teaching Children about Stewardship

As adults, we may have come to think of stewardship as a fancy way the church asks for money, but it is so much more. Stewardship involves the whole of life, and that is why we begin early to teach our children about stewardship. What is a steward, anyway? In simple terms, a steward manages the affairs of another. In the past, well-to-do persons hired stewards to manage their households or estates.

As Christians, we are stewards of all of God's creation. God gives us the abilities and talents that we need to manage the earth. We also manage our health, property, time, and relationship with others. In 1 Peter 4:10, we read, "Like good stewards of the manifold grace of God, serve one another with whatever gift each of you has received."

We realize that giving is as essential to the individual Christian as it is to the church body. We focus on the spiritual need that God has embodied in each of us, the need for giving. This is stewardship: caring as God cares by using each talent that God has given us.

Summer is a great time for you to explore stewardship with your children. Go to the Forest Hill Church homepage (www.fhcpresb.org) and click on the link for stewardship activities. Taken from the book *Let the Children Give*, by Delia Halverson, the activities and games are geared to children 6-10 years old, but can be shared with younger children as well. We invite you to enjoy them with your children.

Elder Melanie Alban and the Stewardship Ministry

Music Notes



When this edition of the section of my pilgrimage (*El Camino de Santiago de Compestela—The Way of St. James*)--the part I didn't have enough time to walk last summer and so watched the beautiful landscape go by from a train window. This time I will walk just 14 days across northern Spain, from Burgos to Leon and then from Ponferrada to Sarria. Highlights of this section will include touring the incredible cathedrals in Burgos and Leon, visiting the Knights Templar Castle in Ponferrada, and the strenuous climb to the ancient stone village of O Cebreiro, home of traditional mountain dwellings of pre-Roman origin (pallozas).



Last summer, I was greatly moved by attending the nightly pilgrim masses, even though they were in Spanish. I'm hoping to be able to play the organ – often one that is centuries old – in a few places along the way.

I'll be back at Forest Hill on July 5, well-rested and ready to plan the music for the 2016-2017 program year.

Have you sung in the **Summer Choir** yet? Please consider joining other singers on Sunday mornings at 9:30 am in the downstairs choir room. The music is easy to learn (unison or two parts), and children (even babes-in-arms) and other non-singing family members are most welcome to sit with you. Summer Choir continues through July.

Did you know that singing has been shown to lower blood pressure, boost immune systems, ease muscle tension and foster an overall positive state of mind? Plus you meet so many lovely people singing in a choir! I hope you will consider signing up when the fall season begins in September.

Soli Deo Gloria

Anne Wilson
Organist/Director of Music
annew@fhcpresb.org
216-870-2729

Photo Directory Information

Thanks to all who showed up to have their photograph taken for the new church directory. As you know, each family photographed will receive a free copy of the upcoming directory. If you were not able to be photographed but wish to purchase a copy of the new directory, the cost is only \$10. This fee ALSO permits you to submit your own photograph for inclusion in the directory, should you choose. A deadline for submissions has not been set but will be announced in the weekly bulletins and emails. Contact Barb Hansen or Peg Weissbrod for more information.

Greater Cleveland Congregations Report: Gun Violence Reduction

Leaders of the ***Do Not Stand Idly By (DNSIB)**** gun violence reduction campaign are applauding President Obama's continuing efforts to make "smart guns" available for government and individual gun purchasers.

"Smart guns" employ user-recognition technology to prevent firing by unauthorized users. Making this technology widely available is projected to reduce gun-related deaths from suicides, homicides and accidental shootings.

In January, President Obama ordered reports on gun violence reduction from the Departments of Justice, Defense and Homeland Security. On April 29, the White House announced a plan of action based on those reports that adopts several key DNSIB recommendations:

- Develop federal specifications to guide manufacturers to meet the growing demand for smart guns, and guide the future buying decisions of law enforcement agencies. (Local, state and federal governments collectively represent 40% of America's gun market.)
- Provide resources for law enforcement agencies interested in purchasing smart guns. (DNSIB called for federal subsidies to offset the increased costs of smart guns, until the technology matures and costs come down.)
- Convene public officials from across the U.S. to share strategies for reducing gun violence.

Other DNSIB recommendations, such as leveraging the negotiation of the Army's \$580 million handgun contract, were not included in the plan. According to DNSIB co-chair Rabbi Joel Mosbacher, the government needs to do more, but "today's report [is] welcome news. These actions are real. They're well thought-through. [They're] a clear signal to gun manufacturers that the largest gun purchaser in the nation – the federal government – is in the market for smarter, safer guns."

DNSIB plans to bring this message to Sturm, Ruger & Co, a publicly traded company that is one of the largest gun manufacturers in the world and a major U.S. government contractor.

“Earlier this week, a three-year-old boy in Georgia shot and killed himself accidentally with his father’s gun,” said Cleveland DNSIB leader Donna Weinberger. “News reports say the gun was made by Sturm Ruger. Incidents like this would be prevented by smart-gun technology.” Clergy and citizen representatives from North Carolina, New Jersey and Ohio will attend Sturm Ruger’s annual shareholder meeting to ask executives to respond to growing interest in smart-gun technology.

DNSIB has been working to build support among law enforcement leaders across the country for smart guns, including holding the nation’s first Smart Gun Show, where police departments could see and shoot smart gun models.

** The Metro Industrial Areas Foundation (Metro IAF)--a network of religious congregations, unions, schools and civic groups encouraging public-sector leaders to use their firearms purchasing power to create change in the gun industry--launched DNSIB in 2013. Greater Cleveland Congregations is a leader in the DNSIB campaign. This report is adapted from a GCC email announcement.*

DNSIB held an open forum on June 23rd to share ideas of actions individuals can take. We will share that information as soon as it's available – stay tuned.

Greater Cleveland Congregations

Forest Hill Church steps up to the plate! Here are some of the ways that members of our congregation are making a difference through Greater Cleveland Congregations.

Medicaid: Our congregation sent over 60 letters to Governor Kasich and the Heath Planning Administrator. These were in protest of proposed legislation that would make it difficult for Medicaid recipients who gained coverage under Obama's Health Care Act, to continue receiving benefits. The status of the legislation is uncertain, but we know our collective voice was heard. Diana Woodbridge did a fabulous job coordinating this campaign at FHC.

Jobs Listening Campaign: Charity MacDonald, Jeff Smith, and new member Leslie Pendleton are leading the listening campaign to hear the stories of community and congregational members regarding difficulty finding employment and of business leaders on obstacles to hiring. This campaign will help establish a long-term strategy to create employment in the region. If you would like to share your personal story or be involved in this issue, please contact Charity (charityrmcdonald@gmail.com).

Fundraising: FHC led the annual fundraising campaign with a lovely wine/cheese and viola music event at Diana's beautiful home. This event was organized by Steve Sedam, who has extensive experience in fundraising for non-profits. Together FHC contributed over \$4000! Because of your great response, this model is being used by other congregations! GCC is accepting additional donations at their website, www.greaterclevelandcongregations.org.

FHC Core Team: Kathy Hannah-Stauffer has come on board as Team secretary. She brings minute-taking skills as well as experience and passion for justice. We are so grateful to have her join up.

Help us score a home run for justice by joining our friends at FHC in the work of GCC. All are welcome. Contact any of the Core Team members to get involved.

Jennifer Blakeney, chair (bmlspirit@yahoo.com)

Congratulations to these Forest Hill 2016 Graduates

Rachelle Bohanon and Ragine Bohanon graduated from Heights High (Cleveland Hts).

Patrick Forscher (ne Schnarrenberger, nephew of Ann Williams) and his wife **Emily Forscher** received PhDs in Psychology from the University of Wisconsin (Madison).

Abby Forsythe graduated from Hawken School and will attend Washington University (St Louis).

This list is current as of mid-June. Some graduates were also listed in the May TOWER.

Jed Koops earned his DMD (Doctor of Dental Medicine) from Case Western Reserve University.

Meg Lentz graduated from Stanford University (Palo Alto, CA) and will live and work in San Diego.

Charity McDonald graduated from Cleveland State University with an MBA.

Mary McPheeters graduated from Brush High School (South Euclid-Lyndhurst) and will attend Case Western Reserve University.

Cameron Peters graduated from Laurel School and will attend Kenyon College (Gambier, OH).

Andrew Schellenberg graduated from Heights High and will study Mechanical Engineering at The Ohio State University.

David Schellenberg graduated from The Ohio State University with a degree in Civil Engineering. He will work in Columbus for Commonwealth, a civil engineering firm.

Ben Stadler graduated from Shaker Heights High School and will attend Virginia Tech (Blacksburg, VA) on an Air Force ROTC scholarship.

Jacob Stauffer graduated from Villa Angela St Joseph High School and will attend the US Military Academy (West Point, NY).



A Reminder!

Our “Under the Big Top” Fall Festival on September 11 needs you! If you have a skill that may be found “under the Big Top” and want to show it off during the festival (unicycle riding, stilt walking, juggling, tightrope walking, fire eating, sword swallowing, lion taming), please contact Jason Hidek (jason.hidek@att.net or [440-264-3296](tel:440-264-3296)).

Please help us to celebrate this spectacular FHC event by sharing your talent(s)!

Summer never seems to last long enough. All too often it is over before we really experience its power. How true this is of all things wonderful!

The Deacons’ Corner

We are ready now for the perfect day, perfect time, perfect place...that carefully planned vacation, family reunion, gathering with friends. We finally have some time to read books that are waiting for us. We can be outside and enjoy warm sunny days. We want to make these fleeting weeks memorable! Despite bumps in the road and plans gone awry, summer can be a time set aside.

God wants us to enjoy, love, and feel this world with our whole being. Summer days call us to do this. And while we do, we might also keep in mind that this is just a slice of something much greater.

The Deacons wish you a happy summer!

Kathy Carr

Come one, come all!

Come join us for the Family Picnic at Forest Hill Church.
All are welcome (especially visitors and other guests!)



Sunday, July 10th
11:30 (after Sunday worship) - 1:00

Grilled hamburgers, veggie burgers, hot dogs
Side salads, fruit and drinks available for your
enjoyment.

Games, music, and fellowship.
We want to get to know you!
Learn more about the loving people at Forest Hill Church.

RSVP to Lynda (office@fhcpresb.org) or Rachel Martinez –Finn
(cruzmack@gmail.com).

News of Our Church Family

Marriages

Congratulations to Katie Fay and Jon Hall, who were married at Forest Hill Church on June 4, 2016. Dr. Lentz officiated. Katie is the daughter of Kris and Bill Fay and the granddaughter of Elaine Tapié.

In Memoriam We Remember

John C. Lentz (Dr. Lentz's father), who died May 18, 2016

Elaine Dannefer, who died May 26, 2016

Elaine's memorial service will be held on July 30 at 2 pm

Elizabeth Farnfield, who died June 11, 2016

The souls of the righteous are in the hands of God

Care Groups The Corinth CARE Group will be responsible for assisting the pastors in meeting members' needs during July, and the Jerusalem Care Group will do so in August.

Members of the Corinth CARE Group are:

Seth Ungemach, Deacon Leader	Linn & Melody Obery
Joan Bacon	Angela Oetama-Paul
Lynn Bayer	Dave & Susanne Peterjohn
Molly Bergman	Bill Proudfit
Ed Briskey	Ron Schmidt
Jeff & Kathy Cameron	Sandy Shultz
Lia Clement	Dan & Joanne Shaner
Nan Dorer	Dean & Judy Sieck
Kurt Haas & Deedee Pim	Ahren Stock
Brian Klein & Tish Van Beers Klein	Vincent Taylor
Deanne & John Lentz	Harold & Bevery Thomas
Charity McDonald	Bobbi Van Dijk
Diana & Tom McFiggen	Lance Vernon & Jennifer Carr
Alice McKinley	Jill & Kevin White
Cate Monaghan	Dene Young

Members of the Jerusalem CARE Group are:

Ellen McChesney, Deacon Leader	Hal & Pat Musick
John & Pat Borthwick	Dick Obermanns
Doris Brandt	Karen Parker
Lucy Conde	Joyce Pope
Monita Franklin	Carol Scott
Chris & Dan Fuller	Stephen Sedam
Ed Gemerchak & Sally Wile	Damos & Dele Solaru
Brett & Annette Himes	Michael & Becky Stawovy
Steven & Mary Hosier	Leslie & Robert Strachan
Ralph & Michelle Jean-Mary	Marge Thomas
Patricia Jenkins	Chris Vandall & Marcie Denton
Shelly & Jack Jesberger	Josh & Pam Webster
Joel & Kate Kolmodin	Mark & Carol Wedell
Jim Manista	Anne Wilson
Sam & Lauren Miller	Julie Wolfram Smith
	Robert & Julie Yoe

Please contact the church office in case of illness, hospitalizations, births or deaths (or other family emergencies) in any Forest Hill Church family.

New Contact Information

Jim and Pat Seeders

2112 Acacia Park Dr. #107, Lyndhurst OH 44124

216-209-3325 (Jim), 216-832-7915 (Pat)

Ron Schmidt

22490 Calverton Rd, Shaker Hts OH 44122

Please remember these homebound members in your prayers:

Bill Currie, Marge Drollinger, Emma Jane Gibbs, Iris Gilbert, Ron Klein, Emelia McGuire, Joyce Peters, Jack Quinn, George Sentell, Margie Stauffer, Elaine Tapié, Lorian Thomas

Volunteer Hours in May:

The office volunteers – Nancy Grube, Pat Jenkins, Beth Zych, Jane and Chuck Ishler, Cathy Ghiandoni, Anne Smith, Elspeth Peterjohn, and Gretchen Reynolds and the TOWER assembly team of Jane and Chuck Ishler, Ellen McChesney and Betty Clark –worked a total of 63¾ hours in May. Thank you all!

Dear Friends,

We would like to offer our sincere thanks and appreciation to the many members of the FHC community for your prayers and expressions of concern and support during Elaine's illness. We especially want to think those who brought us so many wonderful meals. Obviously, a lot of care and preparation went into them, and we were heartened and nourished by them. We greatly appreciated it.

Thank you again, very much.

With sincere gratitude,

Dale and Rachel Dannefer

(If anyone is missing kitchenware, please let Dale know.)

The Group (60s – 70s) has summer outings planned!
All are welcome to join them.

Enjoy an evening of free music outdoors on Friday, July 8 at 7 pm.

Simple Gifts, a three-woman ethnic folk group, uses 15 different musical instruments in their program to create some of the finest arrangements in folk music today. This group will perform at a free concert on Friday night, July 8 at 7 pm at The Grove, a relatively new outdoor amphitheater, located at 425 North Commons Blvd (along SOM Center Road). Bring a lawn chair and enjoy this free concert under the stars with other members of the Group.

We have tentatively reserved space at the Picnic Pavilion at The Grove. Come a little early (between 5:30 and 6 PM) and BYO picnic dinner and drinks (just as you would to Blossom) so we can eat before the concert. If you prefer, hot dogs and other park fare are available at a concession stand.

If you are planning to attend, please contact Zivile or Allan Khoury at 440-461-8235 or at zivile@gmail.com by Friday, July 1 We need to have the number picnicking at the Pavilion.

Join The Group for an outing Sunday, August 14

We will meet at Kathy Hanna-Stauffer's cottage in Madison (6899 Lake Road) anytime after 2 pm, share a potluck supper around 5 pm, and then attend Rabbit Run Theater's production of "The Complete Works of William Shakespeare" at 8 pm.

Stauffers will provide the meat for dinner; let Kathy know what you would like to bring: appetizer, side dish/salad or dessert. BYOB. Tickets for the play are \$21 (less if we have at least 20 people). RSVP by July 24. (Kathy's cell: 216 544-0916.)

Sundays in July and August

9:00 Summer Bible Study (JULY)

**9:30 Child care begins
Continental Breakfast
Summer Choir (JULY)**

10:00 WORSHIP

11:15 Fellowship Hour

3:15 Softball game (JULY)

5:00 Labre Project

July 3 Youth Mission Trip leaves 10:00 WORSHIP: Communion	2 Kings 5: 1-14; Psalm 30; Galatians 6: 7-16; Luke 10: 1-11
July 10 11:15: Members and Visitors Picnic	Amos 7: 7-17; Psalm 82; Colossians 1: 1-14; Luke 10: 25-37
July 17 11:15 Blood Pressure check	Amos 8: 1-12; Psalm 52; Colossians 1: 15-28; Luke 10: 38-42
July 24	Hosea 1: 2-10; Psalm 85; Colossians 2: 6-15; Luke 12: 32-40
July 31 8:30 Nominating Committee mtg	Hosea 11: 1-11; Psalm 107: 1-9, 43; Colossians 3: 1-11; Luke 12: 13-21
August 7	Isaiah 1:1, 10-20; Psalm 50: 1-8, 22-23; Hebrews 11: 1-3, 8-16; Luke 12: 32-40
August 14 8:30 Nominating Committee mtg	Isaiah 5: 1-7; Psalm 80: 1-2, 8-19; Hebrews 11:29 - 12:2; Luke 12: 49-56
August 21 11:15 Blood Pressure check	Jeremiah 1: 4-10; Psalm 71: 1-6; Hebrews 12: 18-29; Luke 13: 10-17
August 28 8:30 Nominating Committee mtg	Jeremiah 2: 4-13; Psalm 81: 1, 10-16; Hebrews 13: 1-8, 15-16; Luke 14: 1, 7-14

The Revised Common Lectionary readings are listed here.

Table of Contents

Rachel's Page	1
Lois' Page	2
Teaching Children about Stewardship	3
Music Notes	4
New Directory Information	5
Greater Cleveland Congregations: Gun Violence Reduction	6
Greater Cleveland Congregations update	8
Forest Hill Grads	9
Reminder!	10
The Deacons' Corner	10
Come One, Come All – It's a Picnic!	11
News of Our Church Family	11
Summer with The Group	14
Sundays in July and August	15
July-August Calendar	17

The deadline for the September TOWER is August 12.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Regularly scheduled events: meet every week unless noted	6:00 Progress not Perfection AA 7:00 AI Anon 7:30 Borton Group AA	1:00 Abundance Pantry 5:00 Fitness Fusion exercise class	7:30 am Bible & Bagels 12:30 AA meeting	5:00 Fitness Fusion exercise class 7:30 (JULY): Bible Study – Missional People	9:30 AI Anon	
3	4 INDEPENDENCE DAY Office closed	5	6	7	July 1	July 2
Youth Mission Trip, July 3-9				7:00 US Together: Refugees 101	July 8 7 pm The Group: Music at Oak Grove	July 9
10	11	12	13 7:00 Ministries worship 7:15 Ministries meet	14	15	16
17	18	19 7:00 GCC Housing meeting	20 12:00 Bullshevicks	21	22	23
24	25 PWR meeting: Bethany PC	26 12:00 Abundance Lunch	27 7:00 Session meeting	28	29	30 2:00 Memorial Service for Elaine Dannerfer
31	AUGUST 1	2	3	4	5	6 9:00 CRCC Boys' Event
7	8	9	10 7:00 Ministries worship 7:15 Ministries meet	11	12 7:00 am TOWER deadline	13 5:00 Outside Worship & Cookout
14	15	16	17 10:00 TOWER assembly 12:00 Bullshevicks	18	19	20 8:00am Discernment Task Force mtg
21	22	23 12:00 Abundance Lunch	24 7:00 Session meeting	25	26	27
28	29	30	31			

July - August 2016