



## The Tower

September 2015

Dear Friends,

On Sunday, September 13 the program year will begin again at Forest Hill Church. Sunday School for adults and teens begin at 9:30 am, as does Descant Choir. Worship starts at 11:00 am. Our younger children will head to our excellent Pathways program. The wonderful choir led by the incomparable Anne Wilson will be back in their places! After church we will be celebrating the Fall Festival, organized by the Deacons. Do not miss it, and bring a friend.

I am ready for the program year to begin. We have been through a lot this past year. Clover's departure for Denver created a void that is going to be hard to fill. However, with every passage comes an opportunity for a new blast of the Spirit.

We hope that by the time you have this Tower in your hands, an announcement will be made about the naming of an Interim pastor. The Interim search committee - Scott Lafferty (chair), Jenny Himmelman, Barb Cloud and Leigh Henderson - have worked very hard and I think have come up with a brilliant recommendation. Sorry, I can't share it with you now... only after August 26<sup>th</sup> when Session meets.

Kate Burleigh, the new Director of Pathways, and Shannon Headen, who has grown into (and grown) the position of Director of Youth Ministry, are ready for the children and teens. Consuelo Heineman and the Adult Ed. team are ready for a new Kerygma class on the Hebrew prophets Amos and Hosea.

Before you know it, Stewardship Season, Cornucopia Celebrations, Thanksgiving, Advent and Christmas will be upon us and we will turn our thoughts to 2016.

Your Stewardship ministry (Scott Peters, Stephen Sedam, Ahren Stock, Jessica Kelley-Moore, Peter Williams, and Joy Stang) has been working overtime to bring you a new concept of Stewardship: the "Narrative Budget." You will soon receive a document that tells the story of how the Spirit of the Living God is active in all the ministries and programs of Forest Hill Church.

We have been and continue to be blessed. You, the members and friends of FHC, make it all happen. Let's keep it happening as the summer turns to fall and the days pass into the fullness of what God has in store for us!

Faithfully yours,

John

The Rev. Dr. John C. Lentz, Jr  
Senior Pastor

**Adult Education**

Sundays, 9:30 am, beginning September 13

Kerygma All-Church Bible Study

***Amos and Hosea***

Small groups begin again!

September 13 - November 22

Registration begins September 6

# THANK YOU

## THANK YOU

### THANK YOU

### THANK YOU

Dearest Friends,

It is with the fullest heart I say Thank You for all the wonderful ways you have made my departure from FHC so lovely, beyond imagination. The fabulous farewell party at Rockefeller's in July was better than our wedding reception (!). I especially thank the planning team that worked tirelessly to make it special for everyone. (I think FHC should have a party like that every six months--evangelism will take on a whole new meaning and the church will be bursting at the seams.)

I also thank you for the final Sunday farewell service with the outpouring of warm wishes, hugs and tears. The monetary gift was most generous; and, the exquisite stole by Mary Ann Breisch and photo album by Carl Jenks, I will forever cherish. To the deacons: thank you for the cake reception! (To the persons who gave me a Starbucks mug, and one who gave me a lovely water color image of the Cleveland skyline, the gifts were separated from their cards so I do not know who were the gift-givers. Nonetheless, thank you!)

My time at FHC has been one of the richest decades of my life. I leave humbled and honored to have served this congregation. I will carry you in my heart as I move to Denver. Tim and I will pray for God's blessings upon you as you continue to be living witnesses of the good news of God's love in this world.

With much love,

Clover

## Children's Ministries

Children challenge us in all kinds of ways; I know mine do. They are filled with questions, boundless energy, humor and love. Our relationships with them are complex. They demand our attention, require our guidance, and need us to be lovingly and reliably committed. Whether they realize it or not, children invite us into relationship with them at every turn.

The theme for this year's church school (grades 1-5), Pathways to the Promise Land, is *The Covenant*. A covenant, as defined by the *Oxford Companion to the Bible*, "signifies a relationship based on commitment which includes both promises and obligations, and which has the quality of reliability and durability." From the very beginning, this theme is woven into the Bible.

Starting in Genesis, with the stories of Noah and Abraham, we witness to God's relationship with humanity. The relationship is not without its flaws. Errors and missteps occur, idols are worshiped, and God gets a little fed up. Sound familiar? The Ten Commandments are given as the laws of the Covenant. God keeps trying, as do the people; each continues to recommit. And finally, Jesus is sent as a living example for all of us. Jesus fulfills the demands of the Covenant: to love God with all one's heart, soul and strength. Thus the Covenant relationship continues.

What does this mean for us now, as parents and members of this faith community? As we prepare for kick-off Sunday, what types of promises do we make to the children of this congregation? How will we help them in creating their own relationship with God and each other? We must be a living example for our children, trying our best (flaws and all) to be in right relationships with God and one another.

I am so grateful to be leading the Children's Education here at Forest Hill. Thank you for trusting me to do this work. There will be plenty of missteps and errors along the way, but I trust we will continue to show up for each other. I look forward to the new relationships we will cultivate with one another this year; including those, of course, with our children.

# Children's Ministry Programs

*All classes and programs begin on **Sunday, September 13, 2015.*** We will have a commissioning service for all Christian Education programs. By the first week of September, all returning families will get a call from the Christian Education office to update registration forms and inform parents of their children's programs.

## **Crib and Nursery**

Tracy Long, our permanent childcare provider, and Kelli Barnes, her assistant, will continue to care for our littlest members. These women are experienced care-givers who truly enjoy taking care of our little ones. Parents can attend adult education and/or worship knowing that they have a nurturing place to leave their children. Child care begins on Sundays at 9:15 am (and ends at 12:15 pm or following the conclusion of worship) in the Monticello wing.

## **Children in Worship class: Pre-School and Kindergarten**

This experience allows the children to be in an environment where age appropriate Bible stories are shared. The children are guided through a worship service and are encouraged to respond to the stories through songs, art, questions and retelling of the stories. The children in this class will also be exploring the significance of the Lord's Supper. This class will meet each Sunday from 11:00 am until 12:15 pm in room 205.

Parents and their children will take part in a special class September 27 as these children learn about this wonderful gift of Communion. More information will be available closer to the date.

## **Cherub Choir: Pre-School and Kindergarten**

Our pre-schoolers will have the opportunity to come together for songs, movement, dancing, instrument playing and fun again this year. They will be meeting monthly in the Chapel from 10:30 – 11 am. Thank you to **Lisa Koops** for leading this choir. Post cards will be sent home to families when dates are set.

## **Pathways to the Promise Land: Grades 1-5**

The focus theme for our rotation model church school, Pathways to the Promise Land, is *The Covenant*. The theme of Covenant is woven throughout the scriptures. Starting with Noah and Abraham, we witness a special relationship between God and humanity. The descendants will be known as God's people, receiving the Ten Commandments as the laws of the Covenant. Jesus comes to live in our midst as the fulfillment of the Covenant. He lives out the demands of the Covenant, to love God with all one's heart, soul and strength. The Covenant is now between individuals and God. We are called to live into the Covenant as God's people.

The children will begin to explore this theme as they participate in the first rotation, *Noah*. God made a Covenant with Noah and his descendants that the world would never again be destroyed by flood. We are reminded of this Covenant with the sign of a rainbow. Our children will participate in workshops as they explore this theme using story telling, art and movement.

This year, the children will be divided into the following groupings: **Grades 1 & 2, Grades 3 & 4, and Grade 5.**

Peace and love,

Kate Burleigh  
Director of Children's Education

## ***Music Notes***

Have you heard that your brain is awash with neurochemical rewards when you work up the courage to sing? The "singer's high" is due to a surge of endorphins (which also alleviate pain). Singing in a choir bathes one in dopamine, a neurotransmitter in the brain that is associated with feelings of pleasure and alertness. Singing lowers stress levels and leaves one with feelings of euphoria and contentment. With all this in mind . . . well, consider joining a choir!

The 2015-2016 choir season is about to begin, and I'm looking forward to seeing all our FHC musical families getting back to rehearsals. Those who participated in choir last year will receive an email, but here's the general information for persons who may be interested in finding out about the musical opportunities at Forest Hill Church:

**Chancel Choir** (adults; high school and college students warmly welcomed): 1st rehearsal will be Thursday, September 10 beginning with a potluck supper and general frivolity at 6:40 in Fellowship Hall. Bring whatever dish you enjoy preparing (or purchasing) and we'll have a fine time getting caught up and electing new choir officers. The rehearsal takes place from 7:30 to 9:00 pm. Our first choir Sunday is September 13 (rehearsal at 10:30 am – worship at 11:00 am).

**Sine Nomine Choir** (grades 6-12; college students warmly welcomed): 1st rehearsal will be Sunday, September 20 in the Chapel after worship. Generally we'll meet every other Sunday (with occasional exceptions) for 30-40 minutes. We'll elect officers at the first rehearsal (looks good on college apps 😊).

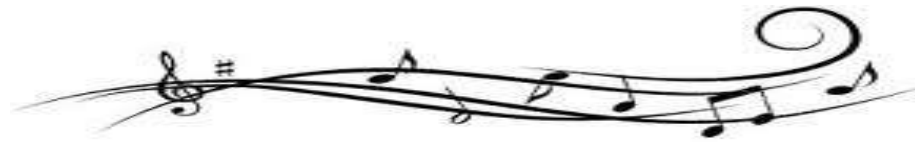
**Descant Choir** (grades 1-5): 1st rehearsal will be Sunday, September 13 at 9:30 am in the sanctuary. The choir practices every Sunday, and after choir (10:15) there is an activities period in youth hall. At 10:45, the children meet their parents in Fellowship Hall and go from there to the sanctuary.

**Voices in Bronze** (high school students and adults): 1st rehearsal for our handbell ringers will be Thursday, September 17 from 6:20 - 7:15 pm in the upstairs bell room. An understanding of rhythmic notation is required. No previous experience in bell-ringing is necessary.

***Handbell Restoration Project Completed***

*Under the direction of Voices in Bronze president Carol Gifford, the project to restore our handbell collection has been completed and the bells have returned home. We are immensely grateful to the Endowment Committee for making this possible. The work was done by the Schulmerich Company, the world's largest producer of handbells. We also wish to thank Chris Vandall, who assisted in packing up the bells and dealing with technical issues while Anne Wilson was out of the country.*

**Forest Hill Steel Drum Band** (all ages): This group plays for worship several times per year. Up to six people at a time can play and the rotation of players is flexible. Rehearsals are arranged at the convenience of the players and take place around three weeks before the performance.



I'm looking forward to our Kick-off Sunday (9/13), which is also the Fall Festival. Other upcoming special music Sundays include

- our first AWE (Alternate Worship Service), on 9/27 with ROAM (Roots of American Music)
- World Communion Sunday with lots of global music (10/4)
- a celebration of our Elizabeth Popely Husni organ's 25<sup>th</sup> birthday on November 1 (the Chancel Choir will sing the thrilling *Solemn Mass* by French composer Louis Vierne; this work has a splendid organ part)
- and an evening Compline service on November 15 at 7:30 pm. Please mark your calendars and invite friends to FHC for these special services.

Please call or email me if you have any questions about the choirs or music program. I hope to see lots of new faces and fresh voices intermingled with the "regulars" in the choir families this September.

Let us all sing (or ring) a new song to the Lord – Soli Deo Gloria! (To God Be the Glory!)

Anne Wilson

Organist/Director of Music

[annew@fhcpresb.org](mailto:annew@fhcpresb.org)

216-321-2660 (church); 216-870-2729 (cell)



## **Abundance Pantry Thrives**

A Tuesday afternoon in Forest Hill Church's Fellowship and South Halls. Two church members are seated by the windows signing people in as they arrive for Abundance Food Pantry. Guests sit in chairs and around tables talking quietly and being grateful that the weather has cooled off a bit. They arrive by foot, bus and car; they bring bags and market baskets. They know they will go home laden with supplies that will last two weeks until they can come back.

Meanwhile 3 vehicles have brought 4000 pounds of food – fresh, frozen and canned – from the Cleveland Food Bank. The regulars know that today will be a good-sized crowd, and they are prepared. In an hour and a half the food is unloaded, spread out on tables, and labeled. Some of the choice items are raffled off.

On this particular Tuesday 80 people received meat, fresh fruits and vegetables, dairy products, baked goods, pasta, rice, and canned goods. One woman stood at the table with tears in her eyes saying "I never knew I would get this much food for my babies."

Paul Jennings and his faithful team of workers can always use a few more helpers. Want to help unload? Strong backs are appreciated. Have a strong car but an ailing back? Help transport some of the supplies from the food bank. Want to help guide guests through the line? Wonderful. Give the church office a call. All are welcome.

## Deacons' Corner

It is hard to believe that summer is drawing to a close! We are so grateful to our volunteers who have responded to the needs of our church during these months. Although June, July and August have a different 'pace' as many of us take vacation time, life does go on! The Deacons depend on our Care groups to ensure that we are a welcoming church that responds to the needs of its members, and this is true 12 months of the year. So, thank you to everyone who contributes in some way, and please know that when we call upon you to help during your Care Group's month, we are very appreciative when we hear back from you!

## Fall Festival

The Deacons present the Fall Festival on Sunday, September 13 immediately after worship. We'll have food, fun and games for all! The Twister Girl will be back with her balloons, and there will also be something "Magical." The youth will be providing something "sticky," and of course we will have the Dessert Walk game.

Come and join the fun!

This year the festival will feature a pie-baking contest. All who want to participate, please contact Jenny Himmelman ([jenhaha@hotmail.com](mailto:jenhaha@hotmail.com) or 216-486-7828).

## To Forest Hill Church's Recent New Members

FHC's Hospitality Committee is hosting a brunch for new member classes 2013-2015 after church on September 20. This is an opportunity to meet new people, and check in with each other to learn how you are doing. We'd like to know if you are as involved as you want to be, and find out if you have any suggestions for the process that took you from visitor to member. This process ranges from how you found FHC in the first place, to your thoughts about the Exploring Membership Class. Mark your calendars for

**Brunch in Bodwell Hall**

**Sunday, September 20<sup>th</sup> – 12:15 until 1:30 p.m.**

**children are welcome**

**Come and See**

**RSVP to the church office**

## Find Your Treasure - There's Your Heart

Coming soon! The 2016 Stewardship Campaign! Our theme is based on Matthew 6:21 - "For where your treasure is, there your heart will be also."



You will be hearing more about the campaign in the weeks ahead from Pastor Lentz and the Stewardship Ministry. In the interim, we invite you to put these dates on your calendar and plan to be involved:

- Congregation Campaign Kick-Off Sunday – October 18
- Commitment Sunday – October 25
- Cornucopia Celebration and Lunch – November 1

Watch your mail during the week of October 12 for your campaign packet. New to the campaign is the Narrative Budget. It tells the story of how your financial gifts were used during the past year to further the church's mission and previews plans for 2016, as we continue to change lives as a living, loving, transformative community.

In addition, you will be hearing and reading personal testimonies of fellow church members who will share their individual stories of transformation. If you would like to share ***your*** story, please contact a member of the Stewardship Ministry or Pastor Lentz.

In the days ahead, please prayerfully consider your 2016 pledge/gift. Your commitment is a proclamation that our love for God, the divine grace that blesses us through Jesus Christ, beckons us to continue to expand God's transformative work at Forest Hill Church.

The Stewardship Ministry – Scott Peters, Stephen Sedam, Ahren Stock, Melanie Alban, Jessica Kelley-Moore, Joy Stang, Peter Williams

### **Dear Body of Christ at Forest Hill Church, Presbyterian**

I would like to convey my gratitude for the kind reception of my lay sermon. I would like to say I am humbly grateful, but you all know my difficulty with the "H" word. As I have told Pastor Lentz and others, the sermon was a high point of my adult life. Witnessing, even before a gathering of friendly faces, is a life-changing event which I wish for many more of you to experience.

We should all be grateful FHC is engaged in developing and empowering the faithful, from Anne Wilson's training our youngest to sing before the congregation, to announcements given by young people, to professions of faith in the confirmation and youth services, to Sunday readers, and to lay sermons, our church is reducing America's greatest fear – not terrorists but public speaking – which is an essential to leadership both in church and in the world outside our doors.

It was my hope to spread light with levity, and my trust is that God sustains us all, wherever I may have failed.

Love, Peace, and Hope,  
James Manista

*Jim's sermon may be heard on the Forest Hill Church website:  
<http://www.fhcpresb.org/worship-music/2015/08/a-funny-thing-happened-on-the-way-to-eternity/>*

**A talk and slide show about *El Camino de Santiago*  
(The Way of St. James)**

Sunday, September 27<sup>th</sup> at 7:00 pm

This summer, I had the privilege of walking the ancient pilgrimage path known as *El Camino de Santiago* (The Way of St. James). On Sunday, September 27 at 7:00 pm, I invite you to an informal talk and slide show about this experience – the nuts and bolts issues as well as spiritual and communal reflections. The evening will end with a question and answer period, and there will even be some Spanish music played to set the mood. If you've ever considered exploring the Camino or are just interested in what it entails, I hope you will attend and bring friends.

Anne Wilson







*September 2015*

## *From the Director*

I hate to admit it, but summer is over. Even I'll be heading back to school at the end of August, but it's been a fantastic summer. I had an awesome time on the mission trip. Our small, but mighty crew spent a week in Harlan County, Kentucky mending roofs, building wheelchair ramps, and eating peanut butter and jelly sandwiches. We had a lot of fun, but more importantly, we changed lives and learned a lot about ourselves and each other in the process. The Harlan experience is more than fixing physical things; it is a spiritual, holy and transformative in the most unexpected ways. I can't wait to go back.

Besides Harlan, most of my summer was spent working on the upcoming program year. I am committed to putting fun and energy back into this Ministry. We are the Youth of this community and it's time we act like it. We are not only the future of the church; we are the present. This ministry is our sacred space.

It's our place to question, wonder, and encounter. It's our place for friendship, fun and of course food. Moreover, it is our safe space to explore God and our experience of God through Jesus.

**SUNDAY NIGHT  
FELLOWSHIP IS  
BACK!**

I've been struggling to come up with a theme for the year

In a moment of true divine intervention, it came to me while listening to the Xbox music app on my Surface. The song "Who We Are" by Imagine Dragons, came on and as soon as I heard the chorus, I knew I had the theme for the year. **Who are we? Who are we to each other? Who are we to Christ?** So this is our starting point. By the end of the year I don't know if we'll be any closer to an answer, but I know we'll come up with something together. Take some time to ponder on a few lines from the song:

*It's who we are.  
Doesn't matter if we go too far.  
Doesn't matter if it's all okay. Doesn't  
matter if it's not our day. So won't  
you save us?  
What we are. Don't look clear.  
Cause it's all uphill from here.*

Excerpt from "Who we are" by recorded by Imagine Dragons.  
Written by Ben Mckee, Dan Platzman, and Dan Rey. Originally  
recorded for 2013 film The Hunger Games: Catching Fire.

What do you think? Let's talk about it.

Peace & Blessings-

*Shannon M. Headen*

Contact me:  
[shannon@fhcpresb.org](mailto:shannon@fhcpresb.org)  
office: 216.321.2660  
mobile: 216.496.6462





## UPCOMING EVENTS

**September 13**

9:30 am Youth Pancake Breakfast  
(Because I like pancakes!)

12 pm Fall Festival  
(Two words: COTTON CANDY!)

**September 20**

5 pm All Youth Kickoff  
(Games, Prizes, Food galore!)

**September 27**

12 pm Mission Trip Reunion  
(SWAP & COAP! Wear your shirts!)





# News of Our Church Family

## **Birth**

**Adeline Kate Steiner**, daughter of Laura and Kevin Steiner, was born June 27, 2015.

## **Blessing**

**Eliana Meri Dunn**, daughter of Brian and Michele Dunn, received a blessing and dedication on July 5, 2015.

## **Baptism**

**Christopher James Koops**, son of Lisa and Jed Koops and brother of Linnea, Julia and Joshua, was baptized August 9, 2015. Deanne Lentz was the attending Elder. Andrew and Natalie Huisman are Christopher's godparents.

**Congratulations to these Forest Hill couples who were married this summer:**

**Eun-joo Ahn and Glenn Pihlak**, on June 19

**Jessica Minder and Michael Moore**, on June 27

**Anne Soinski and Mason Caminiti**, on July 11

**Brooke Marcy and Mari Pumarejo**, on July 26

**Sylvia Herd and Quentin Smith**, on August 5

**Heather Lynn Phillips and Jeremy Jenkins**, on August 8

## **In Memoriam We Remember**

Beverly Eppink Gairing, who died July 8, 2015

**Please remember these homebound members in your prayers:**

Bill Currie, Marge Drollinger, Betty Farnfield, Iris Gilbert, Ron Klein, Emelia McGuire, Joyce Peters, Margie and Dwight Stauffer, Elaine Tapié

**Please pray for those with ongoing prayer concerns:**

Arlene and Jack Quinn, Dennis Wedding (Jeannine Gury's brother).

## **Volunteer Hours in June and July**

The office volunteers – Nancy Grube, Pat Jenkins, Beth Zych, Cathy Ghiandoni, Anne Smith, Elspeth Peterjohn, Barb Hansen and Joan Bacon – worked a total of 122 hours in June and July. Thank you all!

Thanks also to Peg Weissbrod, who held the office together when Lynda was away in June.

## **New Contact Information**

### **Melanie Alban**

13660 Fairhill Rd #301, Shaker Hts OH 44120

**Clover and Tim Beal** 2250 Dahlia St., Denver CO 80207

**Marcia & Ron Grant** 216-536-5710

**Paula Harvey** [Paulaharvey444@gmail.com](mailto:Paulaharvey444@gmail.com)

**Shannon Headen** 216-496-6462

**LaDon Headen** 216-804-9547

**Headen family** 216-860-1231

**Patricia Jenkins** 216-924-0651

**Jack Lentz** [jlentz13@students.ndc.edu](mailto:jlentz13@students.ndc.edu)

**Charity McDonald and Kristen McDonald**

14172 Superior, Cleveland Hts OH 44118

**Kevin, Laura and Addy Steiner**

6 Emerson St., Brookline MA 02445

## **New members: July 12, 2015**

### **Nan Dorer**

1028 Stonecutters Lane, SE 44121

216-381-8456

### **Mike & Margie Glaros**

[mglaros@yahoo.com](mailto:mglaros@yahoo.com)

3819 Woodridge, CH 44121

216-382-3828

**Angela Oetama-Paul**

angela.oetama@gmail.com

**Dean & Judy Sieck**

hijinks17@roadrunner.com

2547 Bolton Rd., CH 44118

216-932-6120

**Harold & Beverly Thomas**

beverly0684@sbcglobal.net

1103 Rutherford Rd., EC 44112

216-932-0515

**Lance Vernon & Jennifer Carr**

Ltv1@case.edu

Jennifer.carr@gmail.com

2995 Essex Rd, CH 44118

216-255-4028; 216-333-2406

**Caleb Wright**

caw5699@gmail.com

3150 Whitethorn, CH 44118

216-321-1790

*Dear Forest Hill Friends,*

*Thank you for your support as I recovered from a broken leg, this summer...for your prayers, cards, calls, food, flowers, visits, and transportation to meetings. I also appreciated the offers to help during my move (pre-planned but ill-timed) in August. Special thanks to the Deacons for your caring ministry. It was quite a summer and I could not have done it without you, Forest Hill Church!*

*Thank you!*

*Melanie Alban*

## Care Group

The Nazareth CARE Group will be responsible for meeting members' needs during September. Please contact the church office in case of illness, hospitalizations, births or deaths (or other family emergencies) in any FHC family.

Members of the Nazareth CARE Group are:

Suzanne Marcy , Deacon leader Melanie Alban Doris Bartlett Marcia Beck JoAnne Black Deborah Chapman & Lyn Hale Ron & Patty Console Jim & Terry Daedelow Melinda Dus & Curtis Jastremsky Beth Garrett Jennifer & Barry Hartz & family Kathryn Himmelsteib Audrey & Bob Kellermeyer Jane & Cliff Kowall Wafa Kuri	Barb & Kermit Lind Laura Minder Dave & Allie Neff Cindy Newton Dora Owusu Elspeth & Richard Peterjohn Scott Peters, Jeannine Gury & family Lois Reilly Eric Rich & family Jim Roosa & family Peggy Sasso Kevin & Laura Stauffer & family Kimble & Sandy True Megan & Peter Tzepronis & family Matt & Sarah Winters & family
---	---

Do you have a new baby who is growing fast? Has he/she outgrown the early baby clothes? Or are you expecting a baby soon? Consider this, from Bethlehem Lutheran Church:

### **Baby Supply Shop at Bethlehem**

Bethlehem Lutheran Church (3740 Mayfield Rd) will be opening a free Baby Supply Shop. The Baby Supply Shop will allow families to donate and receive gently used baby items and clothing. Bethlehem will gladly accept your donations of children's clothing (size newborn-6x) and other baby essentials (including extra diapers and unopened baby food). They will not accept toys or stuffed animals. Donations can be dropped off Monday - Friday, 9 am-1 pm. For more information, call 216.382.4545.

## ***Announcements! Announcements!***

<b>October 2</b>		
Visitors' Dinner, Finns' house Exploring Membership classes will meet later in October		Electronics recycling coming in October (start cleaning out your closets)
<b><i>TOWER</i></b> deadlines: <b>7 am</b> on Sept. 18, Oct. 16, Nov. 13		

The church phone number is 216-321-2660. Our website is [www.fhcpresb.org](http://www.fhcpresb.org) .

The custodians' cell phone number is 216-217-5257.

Emails and extensions for the staff are as follows:

Rev. Dr. John Lentz Jr.	<i>Pastor</i>	<a href="mailto:pastorlentz@fhcpresb.org">pastorlentz@fhcpresb.org</a>
Anne Wilson	<i>Music</i>	<a href="mailto:annew@fhcpresb.org">annew@fhcpresb.org</a>
Kate Burkeigh	<i>Children</i>	<a href="mailto:kateb@fhcpresb.org">kateb@fhcpresb.org</a>
Shannon Headen	<i>Youth</i>	<a href="mailto:shannon@fhcpresb.org">shannon@fhcpresb.org</a>
Lynda Bernays	<i>Administration</i>	<a href="mailto:office@fhcpresb">office@fhcpresb</a>
Becky Austin	<i>Finance</i>	<a href="mailto:beckya@fhcpresb.org">beckya@fhcpresb.org</a>
Peg Weissbrod	<i>Outreach</i>	<a href="mailto:webeditor@fhcpresb.org">webeditor@fhcpresb.org</a>
Stavros Gazis	<i>Custodial</i>	<a href="mailto:office@fhcpresb">office@fhcpresb</a>

## **Social Groups and Circles**

### **The Group (60s – 70s): Lolly the Trolley Tour**

Whether you are a newcomer to Cleveland or a long time resident, it's informative and fun to take a tour on Lolly the Trolley, and we will do just that on Saturday, September 12! We need to be at the Powerhouse at the Nautica Entertainment Center on the west bank of the flats by 1:30 pm. The 2½ hour tour begins at 2 pm. ( Nautica – 1231 Main Avenue, Cleveland, OH 44113; for a map, go to <http://www.lollytrolley.com/location.htm>)

The cost is \$20 for adults and \$19 for seniors. Please give your payment to LeAnn West (216-692-0917, [kleannwest@sbcglobal.net](mailto:kleannwest@sbcglobal.net)) or Barbara Hansen ([440-255-5514](tel:440-255-5514), [bjhansen47@gmail.com](mailto:bjhansen47@gmail.com)) by Sunday, September 6.

After the tour please join us at Merwin's Wharf on the river.

*Reservations are required for both the tour and dinner,  
and will be made by Barb Hansen.*

**September 12, Powerhouse, 1:30 pm**

### **Hilltoppers (retired) : Art Museum Tour**

Join the Hilltoppers for an art museum tour with docent Anne Wilson on September 18. We'll meet at the church at 10:15 to carpool to the museum. Reservations are required – please contact Joy Stang (440-449-0437 or [joystang@sbcglobal.net](mailto:joystang@sbcglobal.net)). Those who wish will have lunch in the museum's Atrium Café.

**September 18, Cleveland Museum of Art, 11 am (tour)**

### **Iris Circle (all women of the church): Pilgrimage Program**

Iris Circle will meet on Tuesday, September 15 in Bodwell Hall for a potluck lunch. Anne Wilson will present a program about her recent El Camino pilgrimage.

**September 15, Bodwell Hall, 11 am**

## Sundays in September (*beginning September 13*)

**9:00** Child care begins  
**9:30** Adult education  
         Youth education  
         Descant Choir  
**10:15** Descant Choir activity  
**10:30** Continental Breakfast  
         Chancel Choir  
**11:00** WORSHIP  
         Children in Worship class  
**11:00** Pathways to the Promise Land (Sept. 13)  
**11:15** Pathways to the Promise Land (gr. 1-5)  
**12:15** Fellowship Hour  
**2:00** Cleveland Messiah Society rehearsal (Sept. 20, 27)  
**5:00** Labre Project

<b>September 6: SUMMER SCHEDULE</b> 9:30 Child care begins; Continental breakfast 10:00 Worship 11:00 Fellowship Hour	<b>Proverbs 22: 1-2, 8-9, 22-23</b> <b>Psalm 125</b> <b>James 2: 1-10, 14-17</b> <b>Mark 7: 24-37</b>
<b>September 13: Regular schedule begins</b> 11:00 Worship: Communion 12:30 FALL FESTIVAL	<b>Proverbs 1: 20-33</b> <b>Psalm 19</b> <b>James 3: 1-12</b> <b>Mark 8: 27-38</b>
<b>September 20</b> 12:00 Blood Pressure check New Member Brunch Sine Nomine Choir (Gr. 6-12) 5:00 Youth: Kick-off Tailgate Party	<b>Proverbs 31: 10-31</b> <b>Psalm 1</b> <b>James 3:13 – 4:3, 7-8a</b> <b>Mark 9: 30-37</b>
<b>September 27</b> 11:00 Children In Worship: Parents invited 12:00 Youth: Mission Trip reunion 12:30 Class: Understanding Our Neighbors 5:00 Faith Leader class 7:00 El Camino Pilgrimage program	<b>Esther 7: 1-6, 9-10; 9: 20-22</b> <b>Psalm 124</b> <b>James 5: 13-20</b> <b>Mark 9: 38-50</b>

***The Revised Common Lectionary readings are listed here.***

## **What to Say in Fellowship Hall\***

### **...when you or the other person has returned after an absence**

A core value of Forest Hill is being hospitable and inclusive, but it's not always easy making conversation in Fellowship Hall with people you don't know very well.

This month, we're tackling an odd category: what to say when you or the other person has just returned to Forest Hill after an extended absence.

If you're the one who's been AWOL, you may worry people will be shocked by your sudden appearance or, worse, that no one even noticed your absence.

If you're the Steady Eddie, you don't know whether you should play it cool and risk appearing judgmental—*Oh. It's **you**. Nice of you to bother showing up*—or try for warm and hospitable but risk sounding needy and/or nosy—*Wow! It's **great** to see you again! We've really, really missed you....where have you **been**?!*

Relax. All you have to do is smile. No, seriously...just smile. Nothing else says "It's nice to see you" as well as a warm, kind smile.

Then try a conversation-starting question you'd ask anyone, whether you saw them last week or last year. By trying to focus on something new, different, or confusing, you may be able to bring up your, or the other person's, extended absence without feeling uncomfortable.

Steady Eddie: *What are all these greeting cards I see people writing?*

AWOL: *I don't know...I haven't been here in a couple of months.*

Steady Eddie: *Well, welcome back, want to help me figure out how it works?*

AWOL: *Have they've changed donut suppliers?*

Steady Eddie: *I don't know...when was the last time you were here?*

AWOL: *Ages...they used to only have jelly-filled ones!*



You'll probably think of better conversation starters yourself. Just keep that old maxim in mind: They're more scared of you—and what you're going to do or say—than you are of them!"

*\*Fourth in a series by the Church Growth Outreach Team to help people feel more comfortable in Fellowship Hall*



## Save the Planet with Plant-Based Meals

The science is clear: Meat production is killing the planet! Methane from animal agriculture contributes to climate change. Wildlife and habitat is destroyed for pasturage. Livestock operations consume water and pollute rivers.

With over 7 billion people increasingly clamoring for meat, our diets chew up a lot of resources. Improving agricultural practices isn't enough—we have to reduce animal consumption to have any hope of slowing global warming and feeding future generations.

You may already be well-tuned to this message, but consider going further. Establish more meat-less days. Serve smaller meat portions. Look for grass-fed beef, and naturally-raised pork and chicken. Take advantage of the many grocers---and restaurants---who advertise 'green' related food products. And remember that diets containing larger amounts of fruit and vegetables can increase overall health and fight disease.

...because mega-meat production on an industrial scale is probably not what God meant in Genesis 9:3: *Everything that lives and moves will be food for you.*

Dave Neff and the Earth Care Green Team

## **A Community Event...**

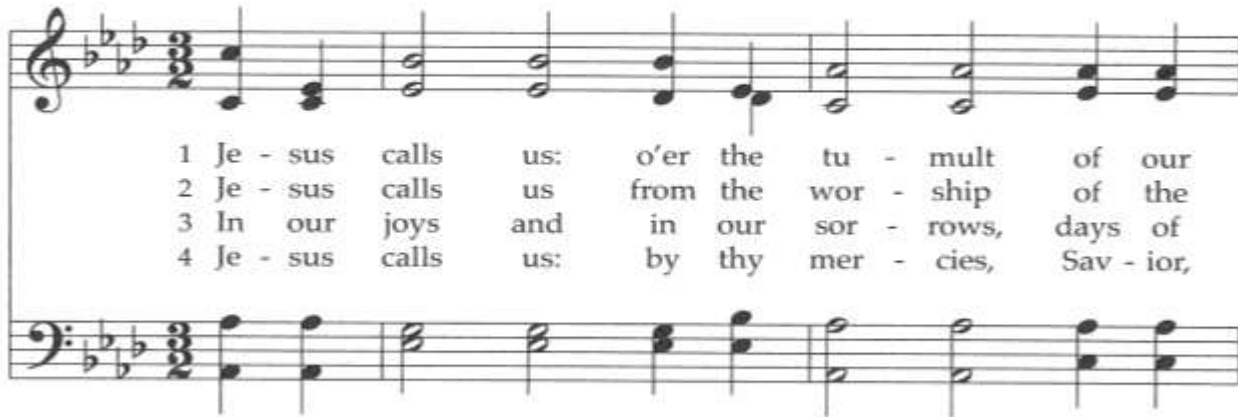
Come and celebrate fall with a **Clam Bake** on **Saturday, September 12** from 5 to 9 pm. Proceeds will benefit **Home Repair Resource Center**, the Cleveland Heights-based nonprofit that helps homeowners repair and maintain their homes – and the organization that grew out of the local mission of Forest Hill Church. Today, HRRC reaches out regionally with programs that benefit multiple communities. Come, share your support for HRRC and for Board members Tricia Dykers Koenig and Charity McDonald!

Patrons will enjoy a relaxing evening on the beautiful grounds of **the McGregor Home** (14900 Private Dr, Cleveland, OH 44112), filled with fun and fellowship, festive music, a silent auction – and, of course, a delicious traditional clam bake!

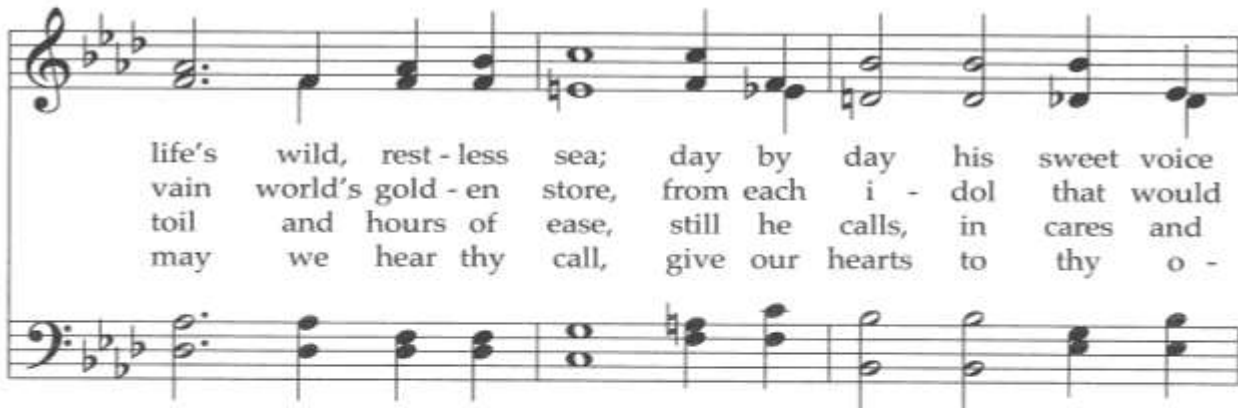
Tickets are \$60 per person. Mail reservations and payment to HRRC, 2520 Noble Road, CH 44121, or call (216) 381- 6100 to pay by credit card.

## Jesus Calls Us

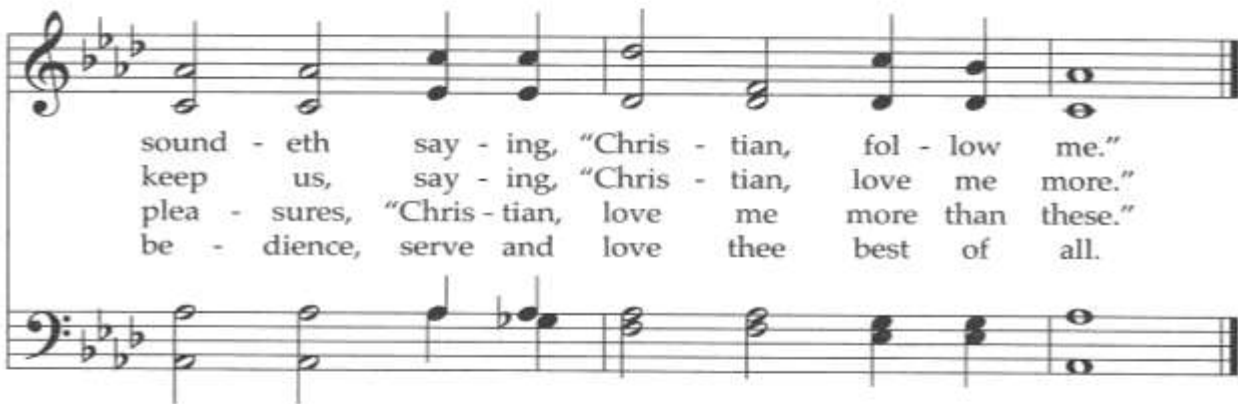
720



1 Je - sus calls us: o'er the tu - mult of our  
 2 Je - sus calls us from the wor - ship of the  
 3 In our joys and in our sor - rows, days of  
 4 Je - sus calls us: by thy mer - cies, Sav - ior,



life's wild, rest - less sea; day by day his sweet voice  
 vain world's gold - en store, from each i - dol that would  
 toil and hours of ease, still he calls, in cares and  
 may we hear thy call, give our hearts to thy o -



sound - eth say - ing, "Chris - tian, fol - low me."  
 keep us, say - ing, "Chris - tian, love me more."  
 plea - sures, "Chris - tian, love me more than these."  
 be - dience, serve and love thee best of all.

Like many hymns that adults have come to cherish, this text based on Jesus' calling of the disciple Andrew was written for a 19th-century collection of hymns for children. The popular tune used here was composed for these words more than a quarter of a century later.

TEXT: Cecil Frances Alexander, 1852  
 MUSIC: William H. Jude, 1887

GALILEE  
 8.7.8.7

Check out the website

[www.fhcpresb.org](http://www.fhcpresb.org)

Come and see!

## Table of Contents

From the Pastor	1
Adult Education in September	2
Thank You, from Clover	3
Children's Ministry	4
Music Notes	6
Abundance Pantry Thrives	9
Deacons' Corner	10
To Recent New Members	11
Stewardship Report	11
Dear Body of Christ	12
El Camino Program	13
FHC Youth Ministry	14
News of Our Church Family	17
Announcements	21
Social Groups and Circles	22
Sundays in September	23
What to Say in Fellowship Hall	24
Earth Care: Plant-Based Meals	25
A Community Event	26
September Calendar	29

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Regularly scheduled events: meet every week unless noted	6:00 Progress not Perfection AA 7:00 AI Anon 7:30 Borton Group AA Boy Scout Trip #403 (begins Sept 14)	1:00 Abundance Parity 5:00 Fitness Fusion exercise class	7:30 am Bible & Bagels 12:30 AA meeting	5:00 Fitness Fusion exercise class 6:20 Voices in Bronze (begins Sept 17) 7:30 Chancel Choir (begins Sept 10)	9:30 AI Anon	
September 2015						
6 Summer schedule	7 LABOR DAY – office closed Evening groups will meet	8	9 7:00 Ministries worship 7:15 Ministries meet	10 6:40 Chancel Choir potluck supper 7:30 FH Swim Club	11	12
See "Sundays in September"						
13 Regular schedule begins	14	15 12:00 Iris Circle	16 12:00 Bullsheviks	17	18 7:00 am TOWER deadline 10:15 Hilltoppers	19
Fall Festival	20	21	22 12:00 Abundance Parity Lunch	23 10:00 TOWER collators 7:00 Session meeting	24	25 6:30 Faith Leader dinner
27	28 5:00 pm PWR Meeting, Rocky River PC	29	30 7:00 pm Worship planning mtg	OCTOBER 1		2
						3 8:00 Men's Group

September 2015

The regular schedule begins September 13