

## Forest Hill Church

### The Tower

May 2014

Dear Friends,

Happy May! The snow has melted, the flowers are in bloom and baseball has begun.

*From the Pastor...*

*Hallelujah!*

Perhaps this is a funny time to write a cover letter about Stewardship (isn't that in October and November?). Certainly the "drive" for pledge commitments for the next year's budget occurs in the autumn before the rush of Christmas. But the faithful practice of Christian stewardship of "time, talents and treasures" is a year-round discipline.

In the NRSV Spiritual Application Bible, the commentator writes this about 1 Corinthians 16: 1-2:

*Giving, says Paul, should be a way of life, not a spur-of-the-moment gesture. Set aside money regularly, planning prayerfully how much to give to your church and how much to contribute to other causes. Give joyfully and without condescension as you are blessed. Consider how by your giving you carry on the mission begun in Jesus Christ and continued by the apostle Paul - a mission of peace, courage, and above all - love.*

Thank you for your generosity of spirit and your gifts of love which allow the mission of Forest Hill Church to thrive. Your pledges, tithes and gifts support the staff, the programs, and the upkeep of the building as all these things work together towards the proclamation of the Good News!

Faithfully yours,



The Rev. Dr. John C. Lentz, Jr  
Senior Pastor

## ***A Letter to the Congregation***

Elder Scott Lafferty (Clerk of Session) and I wanted to share some important news with you. As of May 1, Rev. Clover Beal will be on sabbatical until the first week in August. We are sure that all are in agreement that Clover deserves and has earned this extended time away from us to rest, re-charge her battery and to have some fun with Tim.

A sabbatical comes from the word “Sabbath,” the day of rest and worship that we celebrate on Sundays. So it is in that same spirit that Session unanimously voted to approve a sabbatical for Clover to have a time of rest.

The Presbyterian Church (and most denominations) recognizes and in fact **STRONGLY** recommends that all pastors should take a sabbatical every seven years. Evidence suggests that a sabbatical is not only good for the pastor, it is good for the congregation too!

It is a testament to both Clover’s many talents and the strength of this congregation that we have had the joy of sharing Clover’s ministry for ten years. Though this sabbatical should have come three years ago, as they say: “Better late than never!” Please read Clover’s article for details of her sabbatical plans.

Of course no one can replace Clover – her energy, passion, humor and love. However, we will try the best we can to cover some aspects of her ministry while she is away. Therefore, it is with great excitement that we announce the calling of Rachel McDonald to be our Summer Seminarian Intern. Rachel has completed her second year of a three-year Masters of Divinity degree at Princeton Theological Seminary.

Rachel will join us in June. She will preach three times, help with pastoral visits, teach a summer class and come to experience the joys of ministry at Forest Hill Church. You will love her and I hope you will extend hospitality to her. Rachel is the sister of Charity McDonald, who sings in our choir and has added so much to our congregation.

I will be around for most of the summer. The Lentzes will gather at Bethany Beach the last week in June. I may take a day here or there in July and August, but for the most part I will be in the office and attending to teaching, preaching and pastoring.

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Dear friends,

It is with tremendous appreciation that I write this note. I am deeply grateful for your kindness as I was honored to have a beautiful reception after church April 13 celebrating my tenth anniversary. I received numerous notes that I will always cherish. And I deeply thank you for the generous monetary gift to send me on my way for my sabbatical adventure that will begin May 5 and conclude July 28.

*The Clover Patch*

*A sabbatical is rooted in the biblical mandate to rest and renew. Sabbatical rest gives an individual an opportunity to slow one's pace down so that stillness might allow new life to bubble up. My sabbatical objectives are to be inspired and renewed, not productive, in my time away; to rest and to listen to the Holy Spirit's movement in my life; to read more fiction; to engage with colleagues in similar and in different types of professions, and to experience more beauty in the natural world.*

Tim and I are so excited that we will be spending two weeks in Italy, May 22 – June 6. Tim was invited to be a guest lecturer at The International Institute for Translation Studies in Rimini, Italy on the Adriatic Sea. For one of the two weeks Tim will be teaching, I will be on a spiritual silent retreat at a retreat center in Assisi, Italy. (See [www.assisiretreats.org](http://www.assisiretreats.org)) The Simple Peace Retreat Center is a renovated farm house two miles outside of Assisi. My retreat week will be loosely structured but will have a retreat leader. Each morning meditation and meditative movement are offered. And each evening the day closes with meditation. Afternoons are free to rest, walk, read, be, contemplate, journal, or visit sacred Assisi. Can you imagine me, such an extrovert, on silent retreat in a country in which I do not speak the language?!

After Italy, we will add ten days to travel to Croatia. Our daughter, Sophie, will join us in Croatia! Our son, Seth, will be staying home to take care of all our animals. (Pray for him and them!)

My sabbatical will be given substance with my involvement in a leadership program through Parker Palmer's *The Center for Renewal Academy of Leaders*. The six-month leadership program began in mid-April with a weekend retreat in Connecticut, and will end in October with a closing retreat. During the six months, I will meet by teleconferencing with a cohort of leaders from various professional fields for personal and professional study. The opening retreat with the other 25 professionals was outstanding! I am thrilled to be engaged in this program and am eager to see the fruit of my work-study on the personal level, and how it will apply to my ministry in Lay Leadership Development at FHC.

The last hope I have for my sabbatical is to nudge myself into learning something outside of my comfort zone—say, taking a pottery class or learning to swim, perhaps? This remains to be determined.

I cannot express enough my love and gratitude for the kindness and generosity of this church family for supporting me in my time of rest and renewal. Thank you all for being an inspiring collection of faithful Christian brothers and sisters. I give glory to God for my good fortune in being called to serve as your associate pastor. Here's to many more years together!

Blessings to you on your summer days,



Rev. Clover Beal  
Assoc. Pastor  
Director of Lay Leadership

## CHILDREN'S CHRISTIAN EDUCATION

In April our children explored the events and stories of Jesus' ministry, crucifixion and resurrection. Our younger members took part in activities around stories of Jesus' teachings. Jesus welcomed all who wanted to be part of God's family.

- In our nursery, thank you to Kathryn Himmelsteib, Wendy Brock, Deanne Lentz and the mid high youth.
- A special thank you to the child care helpers on Easter morning: Tracy Long, Jill Roberts, Clara Wilson, Pam Montgomery, Jennifer Laureno, Zoe Newman, Abbe Newman and Donell Newman.
- In our Children in Worship class, thank you to Katie & Matt Russo
- In our Pathways to the Promise Land program, thank you to Carol Leslie, Danielle Cosgrove, and Jessica Kelley-Moore.

### CHILDREN'S MINISTRY

#### **Children in Worship – Pre-school**

Throughout the month of May our pre-school children will explore and participate in some of the parables of Jesus. Each lesson has an activity response to the story to help the children better understand the meaning. Lisa Koops and Margie Ravas will be leading this class.

#### **Pathways to the Promise Land - Grades 1-5**

In the month of May the children will be participating in art, games and story workshops that explore the Church Year. The liturgical year provides the framework for the church to express and reflect on the Word of God in our midst.

### DATES TO KNOW

#### **May 4 KISS – Kids in Sunday Service**

Children in grades 1-5 will remain in worship to celebrate the Lord's Supper.

#### **May 11 Gathering Time – The Church Year**

Children in grades 1-5 will gather in the Chapel at 11:00, then be dismissed with their shepherds to the workshops.

#### **May 18 Pathways to the Promise Land**

Children will begin in worship, then be dismissed to their workshops.

## THANK YOU

Thank you all for your support and efforts these past ten years. I have appreciated your talents, gifts and flexibility as many of you have volunteered your time in our children's Christian Education programs.

My own faith journey has led me through different paths as I have led our amazing children through their own faith journeys. I have seen so many of them be baptized and then grow in their faith through the nursery, pre-school, Pathways, mid high, senior high, and Confirmation programs. We've celebrated first grade Bibles, played and discerned on retreats, created many Advent Workshops crafts, and explored God's family together; it has been my privilege and pleasure. I urge all of you to be part of a children's church school program – the commitment is small but the benefits can be life changing.

I would also like to thank the whole staff of Forest Hill Church. They are a remarkable group of people and it was an honor and joy working with them. I am thankful that I have been part of such a group of people that supported me as I supported the children.

I may be leaving Forest Hill Church as Director of Christian Education, but as a lifelong member of Forest Hill Church I will look forward in worshiping with all of you. These past ten years are full of memories of watching and nurturing our children that I will cherish always.

Faithfully yours,

A handwritten signature in cursive script that reads "Liz".

Liz Wollaeger  
Director of Christian Education



The lovely month of May! Usually we celebrate this month with the **MAY CABARET** on the first Sunday of May, but this year we are postponing this family-friendly intergenerational variety show until Sunday, June 1 and renaming it the **JUNE SWOON!** This change is due to a special event which will take place on Friday, May 9 at 7:30 pm — a celebration of my 25<sup>th</sup> anniversary here at Forest Hill Church, about which there is more information elsewhere in this **TOWER**. Having the *May Cabaret* and the anniversary program in the same week would have done me in! So mark your calendars for the *June Swoon* on June 1: dinner at 6:15 and the show at 7:00 pm.

During May, we look forward to hearing an **instrumental ensemble** play on the 18<sup>th</sup> (Ahren Stock, director) and our **Cherub Choir** sing on the 25<sup>th</sup> (Beth Zych, director). The Descant Choir will be learning some liturgical dance moves in late May, thanks to dance and yoga instructor Priscilla Colville. I am grateful that talented persons in our congregation step up to take a part in FHC's fine arts offerings.

I hope you will consider singing in the **Summer Choir** which begins June 1. The choir rehearses a half-hour before the service and the whole family, including babes-in-arms, is welcome!

Soli Deo Gloria

A handwritten signature in cursive script that reads "Anne".

Anne Wilson  
Organist/Director of Music  
[annew@fhcpresb.org](mailto:annew@fhcpresb.org)  
216-870-2729



## **Adult Education**

9:30 am in South Hall

“Getting Ready for PC(USA) 221st General Assembly, June 2014”

### **May 4: *Mission and Ministry Matters of the PC(USA)***

Rev. Jessica MacMillan, Stated Clerk/Associate Presbyter for Presbytery of the Western Reserve

The Presbytery of the Western Reserve, a regional governing body of the Presbyterian Church (U.S.A.), serves forty-five congregations, one new church development and about 9,200 members in Northeastern Ohio. Bordered by Lake Erie on the north coast, the Presbytery includes the Greater Cleveland metropolitan area, Lorain, Ashtabula, small towns and rural communities. Rev. MacMillan will update us on the “state of the PCUSA” and what celebrations and challenges the denomination is facing at this time in its life.

### **May 11: *Marriage Matters: Christian Marriage in the PCUSA***

Rev. Tricia Dykers-Koenig, National Coordinator of the Covenant Network

"The mission of the Covenant Network of Presbyterians is to strengthen the church of Jesus Christ, with the help of God's grace. We are called to achieve this goal by furthering the inclusion of LGBTQ persons, and by working for the unity of the PC(USA)." Tricia, a Parish Associate of FHC, is the national coordinator of the Covenant Network. She will help us understand what lies ahead for the Covenant Network's work at the GA toward making a way for the pastoral needs of marriage for same gendered couples.

### **May 18: *Zionism Unsettled: A Curriculum for Congregational Study***

Dr. John Lentz

Newly released study guide ***Zionism Unsettled*** is aimed at bringing about an end to the silence surrounding the impact of Zionism and to encourage open discussions on the topic in church and society. This study guide is a condensed version of a book entitled ***Zionism and the Quest for Justice in the Holy Land***, an anthology released by the PCUSA this year.

Rev. Clover Beal

**Anne Wilson Silver Anniversary Concert  
May 9, 2014**

At 7:30 pm on Friday, May 9 we will celebrate Anne's 25 years of service to the music ministries of Forest Hill Church with an informal evening of choral and instrumental music composed and conducted by Anne. The Bell Choir (Voices in Bronze), Descant Choir, Sine Nomine Choir, and Chancel Choir will all participate. Tom Trenney of Dueling Organists fame will be Anne's special guest artist. Refreshments will follow. This will be an unforgettable evening – don't miss this once-in-a-lifetime opportunity to enjoy and honor Anne's extraordinary musical gifts.



Carl Jenks



**May 18: Celebrate Liz Wollaeger**

CE Director Liz Wollaeger is retiring this spring. Please join us after worship on Sunday, May 18 to celebrate her 10 years of much appreciated service as Director of Christian Education. The Descant choir will perform, and Morag Keefe will provide refreshments.

Kara Schellenberg

## ***To Those Who Love Our Awesome Youth::***

How quickly the program year came and went! It was a full year for the Youth, with fun as well as serious learning and discussions! Most recently we have been learning in Sunday school about poverty in American and The Sermon on the Mount (High School) and continuing a journey through the Hebrew Bible (High School). In the area of *fun* we gathered to watch ***Doctor Who*** (very spiritual, I assure you!), and ran around the church playing Sardines and Mafia. The Middle School girls have been gathering for fellowship and to talk about self-esteem with the help of some Biblical women!

Looking ahead: It's all about the Mission Trip(s)! The High Schoolers will be headed to HARLAN, KY for a week in late July/early August to learn and serve alongside Mennonite Central Committee's SWAP Program (Sharing with Appalachian Peoples). Middle School Youth will be doing local service and camping (dates to be determined!).

**As always, fundraising  
is both a joy  
and a challenge!**

Please be on the lookout for these coming fundraisers: A car wash in May, an hors d'oeuvres and art night for adults in June, and more! You are always welcome to invest in the Youth through donations as you feel led! (And trust me, they are an amazing lot to invest in!)

### **Youth & Parents, Watch for these Upcoming Events in May::**

**Friday May 2, FHC 6 – 9:30 pm**

**All Youth Fun Night**

(More Doctor Who, Sherlock, Church-Wide Games, Smoothies!)

**Sunday May 4 Shumaker-Chupps', 4:30-6:30**

**HS Mission Trip Meeting**

**Friday May 16 South Hall, 6:30 pm**

**All Youth (as well as anyone else who is interested) are invited to watch the Academy Award-winning documentary about Harlan, KY!** Popcorn and other snacks will be provided by Youth (donations towards the mission trip gratefully accepted!)

**Sunday May 18, FHC 4:30-6:30**

**All-Youth contemplative worship experience**

**Saturday May 24**

Youth are ENCOURAGED to attend FHC Bus Trip to Detroit (see p 17).

**Sunday June 1, Shumaker-Chupps', 4:30-6:00**

**HS Mission Trip Meeting**

Caitlin Desjardins, Youth Director

## **Enjoy God's Garden Magic!**

Abundance Acres Garden has doubled in size and the harvest has quadrupled since it was started by Laura Steiner and other volunteers in 2009. Our peak year was in 2012, with over 925 pounds being harvested. All of this produce is donated to our neighbors in need, through Abundance Food Pantry here at Forest Hill Church.

If you enjoy spending time outside and working with your hands, join us! We need people to help plan the garden, prepare the soil, build the structures, and plant seeds/seedlings. Watch for upcoming announcements of digging and planting days in the month of May. We also need volunteers for tending teams that can do the watering, weeding, and harvesting God's bounty.

Contact me to volunteer or just to be added to our email list so you can keep in touch with our progress. Enjoy the spring!

Paul Jennings

([jennings\\_paul@att.net](mailto:jennings_paul@att.net) or 440-570-6736)

## The Four R's of Earth Care

You've heard of the three 'r's ever since grade school—reading, 'riting, and 'rithmetic.....and the three R's in modern times pertaining to Earth Care, which are Reduce, Re-Use, Recycle.

Did you know there is also a fourth R for Earth Care? As in 'Refuse?' It is very pertinent as we consider greening up for spring in our homes and gardens.

- Refuse to use non-organic lawn care and pesticides which not only foul up the water supply, but can be damaging to birds and bees, pollinators of fruits and flowers.
- Refuse to let rain water runoff get away when a rain barrel or catch basin can capture it and it can be re-used for needed application in the lawn and garden.
- Refuse to purchase any and all materials unless they come from sustainable sources. Refuse to buy products from corporations who do not follow good environmental practices. Avoid plastic.
- Refuse to de-nude your property of all natural 'wild growth', and be prudent in pruning – natural growth serves as a haven for some of our less-iconic wild creatures (rabbits, squirrels, chipmunks). Remember-- "all God's critters have a place in the choir." Even insects! (ok, maybe not all the mosquitoes!)
- Reduce the amount of water used in lawn and garden to the minimum. Let nature supply the rest! Use water conservation troughing between rows in the garden.
- Recycle grass clippings, trimmings, and other organic waste into the compost.

**The next Electronic Recycling Weekend at FHC is May 17-18, so begin to collect all your electronic and metal goodies for then. Further announcements and information will come forth soon.**

Dave Neff and the Earth Care Team

## A Request from the Nominating Committee

The 2014 nominating committee is engaged in a process of discernment to find members of our congregation who have the gifts needed to support the important work of our Ministries. If you know of someone who you think would make a good leader and might be interested in a leadership position for next year, please let us know so that they may be considered! You can do so in several ways:

1. Complete the form on the following page and leave it in the Nominating Committee mailbox in the mail room (right next to the Volunteer Office)—or mail it to the Nominating Committee at the church
2. Contact anyone on the nominating committee, Rev. Beal, or Dr. Lentz.

The main service areas of our church are these:

1. **Deacons** (care of our congregation, fellowship and hospitality, maintaining membership rolls);
2. **Education and Spiritual Formation** (for children, youth, and adults);
3. **Justice and Mission** (FHC benevolence giving, service to and advocacy for marginalized persons, global and local mission);
4. **Stewardship** (whole life stewardship, annual campaign, support of sustainable living and earth stewardship)
5. **Trustees** (church administration, building/equipment and grounds, budget/finances, the business of our church as a corporation)
6. **Vocation and Leadership** (church growth, leadership development—e.g., Faith Leader program, nominating committee)
7. **Worship** (aesthetics of worship and worship space, planning worship, the chancel)

Please write the name of the person, check the area of service which you think best matches his/her gifts and interests, and add any special gifts or skills you think might interest us. Sign it if you wish. If you have questions, contact anyone on the nominating committee or one of the pastors.

Thank you!

The 2014 Nominating Committee

Doris Allen  
Joan Bacon  
Jennifer Blakeney

Chris Henry  
Charissa Peterson

Ron Polderman, chair  
Jim Roosa

Person you'd like to suggest:

For which ministry?

- ☐ Deacons
- ☐ Education and Spiritual Formation
- ☐ Justice and Mission
- ☐ Stewardship
- ☐ Trustees
- ☐ Vocation and Leadership

What skills or gifts does this person have that we might be interested in?

Your name (optional)

## **The Sign Is Down**

At the end of last year, members of the Church of the Covenant approached Forest Hill Church to inquire if we would be willing to post a triangular sign in our church yard numbering the deaths caused by gun violence in Cuyahoga County since the tragedy at Sandy Hook Elementary School in Connecticut. The Church of the Covenant had the sign for most of 2013.

A member of this church took the request to the Ministry of Justice and Mission. After a long discussion all came to an agreement that having the sign in our yard was an important witness to make.

The Ministry of Justice and Mission brought a recommendation to the Session which approved the putting up of the sign for the months of January, February and March, 2014. In January the number stood at 155 deaths by gun in Cuyahoga County. At the end of March the number was 182. The sign is now on its way to Lyndhurst Community Presbyterian Church.

The staff was surprised by the relatively few comments received about the sign. I am sure there were some in the congregation and community who did not agree with the action of Session. However, the only negative comment received was from one person who said that the sign was not very pretty and blocked the view of the church.

One afternoon Clover was listening to the radio and heard Phillip Morris (of ***The Plain Dealer***) speak favorably of the gun sign in his address to the City Club. Unfortunately he misnamed our church but Clover called and corrected him!

There was a student at Heights High who came into class and informed her teacher and fellow students about the number of gun deaths. When asked where she got her information she said; “the sign at Forest Hill Church.” Her announcement started a class discussion.

The day after the sign came down someone said to me: “Where did the sign go? I miss seeing it.”

While it was not an easy decision to make, I am grateful that the Session of Forest Hill takes risks to agitate church members and the community about issues of importance in our world.

What effect the sign has had we do not know. This action was about witnessing to a deep concern about violence in our community. It was an attempt to raise awareness that too many people are killed by gun violence.

My hope is that members of Forest Hill Church will continue to work towards peace, justice, community and hospitality in all its many forms.

Pastor John Lentz



## **And Still We Rise**

The Racial Core Team invites you to join a one-day bus trip to Detroit on Saturday, May 24. Participants will visit the First Congregational Church of Detroit, home of the Underground Railroad Living Museum, and the Charles H. Wright Museum of African American History. More information about these sites may be found at

**<http://www.michigan.org/property/first-congregational-church-of-detroit/>** and **[thewright.org/](http://thewright.org/)**

The trip costs \$50 per person which covers bus fare and admission. School-age children are welcome! The trip will leave FHC at 8 am and return at approximately 8 pm.

**Reservations and payment are due by May 5.** Contact Barbara Cloud (216-321-9112 or **[faithleader52@yahoo.com](mailto:faithleader52@yahoo.com)**).

### ***City Fresh CSA: Providing Access to Fresh Produce to Underserved Areas and Low Income Families***

We had an opportunity recently through Social Venture Partners to hear a presentation about City Fresh, a local CSA (Community Supported Agriculture) program that brings fresh produce to areas of our city that do not normally have access, and offers weekly shares of that fresh produce at a substantially reduced price to low income families; they also accept SNAP (formerly Food Stamps). City Fresh is unique from other CSAs in this service.

City Fresh's mission to serve underserved areas and low income families is made possible when those of us who can afford to do so purchase a share at full price. If you'd like to support food justice by participating, visit **[www.cityfresh.org](http://www.cityfresh.org)** and download an order form (or contact the FHC office). A single share is \$15/week; a family share, \$28/week. The 20-week season runs from June 10 to late October. Best of all, there is a convenient local pick-up spot at the Coventry Library in Cleveland Heights on Tuesdays from 5:00 to 7:00 pm. Thanks for considering.

Pam Conover & Jon Adams

## ***Empower Abundance Food Pantry***

The Great Recession has had a very substantial impact on our neighbors in need. Thousands of jobs have been lost, there are high rates of foreclosures and evictions, there have been cuts in the food stamps program (twice), and most recently, long-term unemployment benefits have been terminated. For quite some time, Lynda Bernays, FHC office administrator, and a limited number of donated can goods in the pantry cart were our only line of defense against having to turn away those in need with, "Sorry, we can't help."

However, thanks to the efforts of many determined individuals over the past few years, we have expanded our capacity to serve. Abundance Food Pantry here at Forest Hill Church is now distributing a great deal of food to our neighbors in need.

- **2009** Laura Steiner launched the Abundance Acres Garden to provide more fresh produce to the pantry.
- **2010** Barb Cloud and Nancy Burcham arranged to pick up weekly donations of baked goods and vegetables from Heinen's and Zagara's.
- **2012** The Youth Group provided a breakfast to get to know the pantry guests. Beth Zych, Grace Uhle, and other adults decided to organize this as a monthly tradition. Lorraine Ranchod obtained a Micah grant to fund this for a year. Paul Jennings and the Soup Group started making homemade soup monthly to distribute through the pantry.
- **2012** Another Micah grant obtained by Lorraine, along with some private donations, allowed us to begin buying food from sources like Aldi's, Costco, and Marc's. Paul and Barb started to organize volunteers to handle the food distribution.
- **2013** Abundance Pantry became a member agency with the Greater Cleveland Food Bank, and we began buying much larger amounts of food. This has enabled us to reduce our average cost of food even further, down to about 10 cents per pound.
- **2014** The Pantry received a partial funding grant from United Way, and we are now listed on their 211 Help Line.

Our challenge is that the visits to our Abundance Food Pantry have grown over the past two years from about 28/month to 160/month. We currently distribute more than 4,000 pounds of food each month. We are hoping that many of you will be able to support our pantry ministry in some way. As the old saying goes, “Many hands make work light.”

### ***Here's How You Can Help***

1. **Keep us supplied.** Add items such as plastic shopping bags, reusable bags, paper bags, plastic containers with lids for soup, and used magazines to the Pantry Cart.
2. **Bring in cans and other goods.** We can always use things such as tuna, canned meats, hearty soups, baked beans, spaghetti sauce, macaroni & cheese, toothpaste, tooth brushes, and toilet tissue. You can pull a shopping list off of the Pantry Cart. We can use virtually anything that you have, even odds and ends.
3. **Make monthly soup.** There is something very therapeutic about the conversations that we have while chopping ingredients for the homemade hearty soup that we distribute through the pantry.
4. **Join us at a monthly meal.** Help prepare one of our monthly meals and come to get to know some of our neighbors. Let Grace Uhle know that you want to help (**gdu726@yahoo.com** or 216-514-0304). We're sure that you will find the discussions very interesting.
5. **Pick up at the Food Bank.** We are using two vehicles each Monday morning to pick up approximately 1,000 pounds of food and other items and bring them to the church.
6. **Use computer for tracking and ordering.** We need a person to check in our Pantry guests on a computer. This provides us with reports that we send to the Food Bank. You can use your shopping skills to place orders for good value, healthy foods from the Food Bank.
7. **Help us distribute food.** Volunteers bring out and display food for weekly distribution. They guide the guests as they shop, put away the remaining food, and clean up afterwards.
8. **Make a donation.** Make out a check to Forest Hill Church with “Pantry” in the memo line. Every dollar buys approximately 10 pounds of food.

We strive to make the pantry a welcoming experience. When guests are “shopping,” they are able to select their own items. We focus on providing many healthy choices with our portion of fresh produce now exceeding 30%. We encourage our guests to try new vegetables, and we often have discussions about how to cook them. A number of pantry guests are now serving as volunteers for distributing food. We start our monthly meals by sharing joys and concerns and by saying a prayer. We have lots of interesting conversations. Some of our youth provide things like decorations, flowers, and gift items for each meal. One of our guests recently said, “What makes you different from other pantries is that you always seem very glad that we are here.”

Contact Paul Jennings ([jennings\\_paul@att.net](mailto:jennings_paul@att.net) or 440-570-6736) or Grace Uhle ([gdu726@yahoo.com](mailto:gdu726@yahoo.com) or 216-514-0304) if you want to be a part of the action. Or perhaps you just want to be on our email list so you can see what is happening. Together we can make a difference!

**Abundance Pantry schedule** (as of May 1)

<b>Monday morning</b>	Pick up food at the Cleveland Food Bank
<b>Monday, 1 – 3 pm</b>	Food distribution
<b>Thursday, 9 am-12 pm</b>	Food distribution
<b>Tuesday, May 27</b>	Lunch served, 1 pm. Preparation begins at 12 pm.

*Normally this will be on the 4<sup>th</sup> MONDAY, but May 26 is Memorial Day.*

Paul Jennings

*News of Our Church Family*

**In Memoriam We Remember**

**Betty Woodruff**, who died March 24, 2014

**Arthur Brickel**, who died April 11, 2014

**New Contact Information**

**Mary Ball**

200 Chatham Way #143

Mayfield Hts OH 44124

**Robyn Hales** – phone: 216-659-9566 (delete home phone number)

## **New members**

We welcomed the 2014 Confirmation Class into membership on March 30:

**Grant Austin Alexander Heineman**

**Laura Elizabeth Peterjohn**

**Adam Stauffer**

**Ian Manley Zych**

On April 27, another class of new members is being welcomed:

**Charity McDonald**

**Sam and Lauren Miller**

**Dustin and Dacia Prins**

**Katie Zito**

## **Care Group**

The Nazareth CARE Group will be responsible for meeting members' needs during May. Please contact the church office in case of illness, hospitalizations, births or deaths (or other family emergencies) in any FHC family.

Members of the Nazareth CARE Group are:

Richard Peterjohn, Deacon

Doris Bartlett

Marcia Beck

JoAnne Black

Deborah Chapman & Lyn Hale

Virginia Colville

Ron & Patty Console

Jim & Terry Daedelow

Melinda Dus & Curtis Jastremsky

Beth Garrett

Jennifer & Barry Hartz & family

Kathryn Himmelsteib

Audrey & Bob Kellermeyer

Jane & Cliff Kowall

Wafa Kuri

Barb & Kermit Lind

Laura Minder

Dave & Allie Neff

Cindy Newton

Elspeth & Richard Peterjohn

Scott Peters, Jeannine Gury & family

Lois Reilly

Eric Rich & family

Jim Roosa & family

Peggy Sasso

Kevin & Laura Stauffer & family

Kimble & Sandy True

Megan & Peter Tzepronis & family

Matt & Sarah Winters & family

## **Please remember these homebound members in your prayers:**

Dick Bloomquist, Bill Currie, Ruth Brickel, Pat Drake, Marge Drollinger, Betty Farnfield, Emelia McGuire, Joyce Peters, Elaine Tapié

## **Please pray for those with ongoing prayer concerns:**

Marion Frederick (Jane Frederick's mother), Doug, Marcie and Lucy Harvey, (Tom and Paula Harvey's family), Charles Sawyer (Ann Williams' brother), Dennis Wedding (Jeannine Gury's brother).

## **Ushers in May**

Robyn Hales, Paula Harvey, Tom Harvey, Jason Hidek, Diane McFiggen, Tom McFiggen, Dick Peterjohn. Roger Heineman, Head Usher

## **Volunteer Hours in March**

The office volunteers – Nancy Grube, Beth Zych, Jane Ishler, Cathy Ghiandoni, Anne Smith, Elspeth Peterjohn, Joan Bacon, and TOWER collators Betty Clark and Marilyn Wilk – worked a total of 80½ hours in March. Thank you all!

## *Social Groups and Circles*

### **Hilltoppers (retired): Speaker, Baldwin Sawyer**

Hilltoppers will meet Friday, May 16 at 1 pm in South Hall. Baldwin Sawyer will give a talk about his work on the Manhattan Project and communication projects post-WWII

**May 16, FHC South Hall, 1 pm**

### **Pacesetters (40s – 60s): Lunch and Lakeview Walk**

Join the Pacesetters on Saturday, May 31 at 12:30 for lunch at Barle Soup and Sandwich (2483 Lee Blvd), followed by a walking tour (theme to be determined) in Lakeview Cemetery. All are welcome!

RSVP or questions? Contact Laurie Logan ([laurie.logan@att.net](mailto:laurie.logan@att.net))

**May 31, Barle Soup and Sandwich, 12:30 pm**

### **Iris Circle (all women of the church): Jewelry-making**

Iris Circle will meet in South Hall on Tuesday, May 20 at 1 pm. Carol Krekus (Nancy Burcham's sister) will teach the group how to make a silver or gold "drop" and earring set onto which colored beads can be changed out to match your outfits. The cost is \$20.00 each, and includes the "drop," earrings, and a bag of beads. Samples will be available at the April meeting. RSVP to Nancy Burcham ([Burcham@roadrunner.com](mailto:Burcham@roadrunner.com) or 440-446-0832).

**May 20, FHC South Hall, 1 pm**

***Announcements! Announcements!***

***Spring Work Day***

***May 3, 9-12***

Join us to wash screens  
and storm windows.  
Many hands are needed!  
Lunch will be served.

The summer  
schedule begins  
June 1 – worship will  
be at 10 am

Did you know that your monthly or  
weekly donation to FHC can be paid  
on-line with your other regular  
payments?  
It's free, easy, and convenient!

***TOWER*** deadlines:  
**7 am**  
on  
May 15  
June 13  
August 15

The church phone number is 216-321-2660. Our website is  
**[www.fhcpresb.org](http://www.fhcpresb.org)**

Emails and extensions for the staff are as follows:

**John Lentz**, [pastorlentz@fhcpresb.org](mailto:pastorlentz@fhcpresb.org), ext. 200

**Clover Beal**, [pastorbeal@fhcpresb.org](mailto:pastorbeal@fhcpresb.org), ext 201

**Anne Wilson** (music), [annew@fhcpresb.org](mailto:annew@fhcpresb.org), ext 208

**Liz Wollaeger** (DCE), [lizw@fhcpresb.org](mailto:lizw@fhcpresb.org), ext. 206

**Caitlin Michelle Desjardins** (Youth), [caitlind@fhcpresb.org](mailto:caitlind@fhcpresb.org), ext. 207

**Becky Austin** (financial): [beckya@fhcpresb.org](mailto:beckya@fhcpresb.org), ext. 203

**Lynda Bernays** (office administrator), and all other email:  
[office@fhcpresb.org](mailto:office@fhcpresb.org), ext. 202

Custodians' cell phone: 216-217-5257

## Sundays in May

**9:00** Child care begins  
**9:30** Adult education  
 Youth education  
 Descant Choir  
**10:15** Descant Choir activity (May 4, 11,18)  
**10:30** Continental Breakfast  
 Chancel Choir  
**11:00** WORSHIP  
 Children in Worship  
 Little Explorers  
**11:00** Pathways to the Promise Land (gr. 1-5) (May 11)  
**11:15** Pathways to the Promise Land (May 18)  
**12:15** Coffee Hour  
**4:40** Labre Project (May 11, 25)

<b>Sunday, May 4</b> <b>3 Easter</b> 11:00 WORSHIP: Communion 12:15 GCC: Criminal Justice mtg Sine Nomine Choir (last) 4:30 HS Mission Trip meeting	<b>Acts 2: 14a, 36-41</b> <b>Psalm 116: 1-4, 12-19</b> <b>1 Peter 1: 17-23</b> <b>Luke 24: 13-35</b>
<b>Sunday, May 11</b> <b>4 Easter</b> 10:45 Cherub Choir	<b>Acts 2: 42-47</b> <b>Psalm 23</b> <b>1 Peter 2: 19-25</b> <b>John 10: 1-10</b>
<b>Sunday, May 18</b> <b>5 Easter</b> 12:15 Blood Pressure check Celebration for Liz Wollaeger 4:30 Youth: Contemplative Worship	<b>Acts 7: 55-60</b> <b>Psalm 31: 1-5, 15-16</b> <b>1 Peter 2: 2-10</b> <b>John 14: 1-14</b>
<b>Sunday, May 25</b> <b>6 Easter</b> 10:15 Cherub Choir No classes or children's	<b>Acts 17: 22-31</b> <b>Psalm 66: 8-20</b> <b>1 Peter 3: 13-22</b> <b>John 14: 15-21</b>

*The readings listed are from the Revised Standard Lectionary*