

John C. Lentz, Pastor

Clover Reuter Beal, Associate Pastor

Discovering God's call, celebrating the Spirit's presence  
Witnessing to Christ's transformative power

## Forest Hill Church

### The Tower

September 2010

Dear Friends,

Yes, of course, the secular calendar year begins on January 1. For Christians the liturgical year begins the first Sunday in Advent (usually either the last Sunday in November or the first Sunday in December). However at Forest Hill Church, Presbyterian the "real" beginning of the church year is celebrated on **Sunday, September 12**. Remember Adult Ed. begins at 9:30 and our service of worship is at 11:00 a.m.

This first Sunday of the new program year is always exciting. As much as I like the informality of the summer services, it is magnificent to process with the choir and to hear them sing in all their glory. I don't even mind putting on the robes again. The Deacons will be organizing another all-church celebration on that day. You won't want to miss it!

The monthly **TOWER** and our outstanding web site ([www.fhcpresb.org](http://www.fhcpresb.org)) will keep you up to date on all that is happening. Allow me to highlight just a few particularly exciting features of the upcoming program year:

- The Ministry of Education and Spiritual Formation has revamped an already highly successful Adult Ed. program encouraging everyone to get involved in a new way. I hope you have read the letter from Tom Zych and Pastor Clover with particular attention.
- We have a new Director of Youth Ministries, Kristen Sloan.
- Anne Wilson has scheduled another round of A.W.E (Alternative Worship Experiences) for us in 2010-11.
- In March of 2011 some of us will be travelling to Turkey and Greece to follow the footsteps of St. Paul.

- On Sunday, May 22 the new Moderator of the Presbyterian Church, Cynthia Bolbach will be preaching at Forest Hill Church. This is a great honor for us to host the Moderator.

Remember to mark your calendar for Sunday, September 12. Bring a friend to church that day and share the abundant blessings of being part of Forest Hill Church.

Faithfully yours,

John

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## THE KERYGMA CHALLENGE

*A Church-Wide Experience in Bible Study*

The Education & Spiritual Development Ministry is offering a new adult education program for 2010-2011. The Kerygma Challenge is a church-wide, pulpit-led, Bible study designed to build community and deepen relationships with God.

The goal is to engage every member of the congregation by not only continuing our 9:15 Sunday morning classes but offer additional study forums including mid-week gatherings and online Scripture study. Four options are planned to meet the needs, commitments and schedules of our diverse church family:

- Sunday worship and sermons
- Sunday morning classes
- personal and/or small group mid-week study groups
- on-line *Kerygma* study discussions

Sunday mornings will continue to center on our communal worship. John and Clover will coordinate their sermon texts with the weekly Kerygma study passages. Using Kerygma's small-group approach, different study opportunities will be offered for all types of learners--from occasional readers of Scripture to confirmed "Bible nerds."

Rev. Clover Beal, Elder Tom Zych

**The Challenge begins October 3 -- registrations are now open!**

Fall 2010: ***Listening to Scripture***

The first Kerygma Challenge course will be an 8-week *Listening to Scripture* series. The study will introduce skills and strategies to help learners uncover the text and begin to understand the meaning it might have had for its first readers and hearers. Learning what the text meant is the study's first objective. From there, participants will explore what the text means - the message it has for us today.

## Registration Information

**Dates:** October 3 – November 21

**Duration:** Classes will meet once each week on Sunday morning before worship for about one hour. Mid-week opportunities will be available too.

**Participants:** Each class will have two facilitators and 6 to 8 participants. Classes are open to everyone: FHC members, friends and visitors.

**Cost for Workbook:** \$18 (Funding is available if needed)

Please consider this opportunity to read and study the Bible in a small, committed group and challenge yourself to learn more and make new friends. Simply fill out the form below and place in the offering plate, hand to an usher or return to the church office. For more information, contact Rev. Clover Beal or Elder Tom Zych.

\*\*\*\*\*

### Registration Form

*(please return this to the FHC office)*

☐ Yes! I would like to be in a Kerygma Bible Study Group this fall!

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

The best times for me to attend a weekly Kerygma Bible Study are  
(Circle your preferred days and times):

Sunday :      Morning      Evening

Midweek:      Day time      Evening

Saturday:      Morning

Comments or questions:

## Children and Youth Ministries

### Summer Sundays

For seven Sundays our Summer Pathways workshops focused on our church's Abundance Acres garden. The children helped care for the garden by weeding and watering. They also kept a journal on the growth of the vegetables and flowers. As the vegetables ripened they helped to harvest. Throughout each of the Sundays the children also learned the mission of Abundance Acres as helping those who are in need of fresh vegetables. Thank you to Laurie Logan and Laura Steiner who guided each session and to the adult helpers Vicky Nowak, Barry Hartz, Pat & Jim Seeders and Susanne Peterjohn.

Thank you to all our child care volunteers this summer who helped out in the crib room/nursery and our 3 & 4 year old room: Jill Roberts, Lisa & Jed Koops, Amanda Mervine, Lora Smith, Lara Troyer, Kate & Dave Burleigh, Joanne Shaner, Linda Rainey, Cynthia Caldwell, Emily Wollaeger, Ron Register, Virginia Weiss, and Becky West.

### Children's Ministry Programs

All classes and programs begin on Sunday, September 12, 2010. We will have a commissioning service for all Christian Education programs. By the first week of September, all returning families will get a call from the Christian Education office to update registration forms and inform parents of their children's programs.

#### Crib and Nursery

Tracy Long, our permanent childcare provider, and Jill Roberts, our substitute, will continue to care for the littlest member of our congregation. We also ask volunteers to help staff this room. We hope all families will find this place to be a caring and nurturing place to leave their children while they have an opportunity to worship. Child care is offered from 9:15 to 12:30 upstairs in the Monticello wing.

#### Little Explorers: three and four year olds

Our focus for this age group is to help these little ones know and experience God's love. The room is separated into a storytelling area, worship area, and play area. Each week the children will have a story read to them, then respond to that story using art, drama, or movement activities. In September, the children will participate in

stories about their place in the church, and Jesus' disciples. This class meets from 11:00-12:15 in room 206.

#### Children in Worship: older 4 year olds-kindergarten

This worship experience allows the children to be in an environment where age-appropriate Bible stories are shared. The children are guided through a worship service and are encouraged to respond to the stories through songs, art, questions and retelling of the stories. The children in this class will also be exploring the significance of the Lord's Supper. Parents and their children will take part in a special class September 26<sup>th</sup> as these children learn about this wonderful gift of Communion. More information will be available closer to the date. This class meets at 11:00-12:15 in room 205.

#### Cherub Choir: preschool

Our pre-schoolers will have the opportunity again to come together for songs, movement, dancing, instrument playing and fun this year. They will be meeting monthly beginning in September in the Chapel from 10:30-11:00. Thank you to Lisa Koops for leading this choir. Post cards will be sent home to families when dates are set.

#### Pathways to the Promise Land: grades 1-5

The focused theme for our rotation model church school, Pathways to the Promise Land, is *The Covenant*. The theme of the Covenant is woven throughout the scriptures. Starting with Noah and Abraham, we witness a special relationship between God and humanity. The descendants will be known as God's people, receiving the Ten Commandments as the laws of the Covenant. Jesus comes to live in our midst as the fulfillment of the Covenant. He lives out the demands of the Covenant, to love God with all ones heart, soul and strength. The Covenant is now between individuals and God. We are called to live into the Covenant as God's people.

The children will begin to explore the Covenant as they participate in the rotation focusing on *Noah*. God made a Covenant with Noah and his descendants that the world would never again be destroyed by flood. We are bound to remember this Covenant through the rainbow. The children will participate in the following workshops as they explore this theme: story- telling, puppetry, art, and movement.

The children will be divided this year into the following groups: **Grade 1, Grades 2/ 3, Grade 4, and Grade 5.**

## Youth Christian Education

Our youth in grades 6-8 will participate in the **Trailblazer** program. This age group will explore our faith as they learn about the Bible. The youth will be exploring our faith in the Presbyterian curriculum *FAQ-Faithfully Asking Questions*. This curriculum focuses on the catechism questions that unpack the Apostles' Creed. Each session encourages youth to look to Scripture and to our faith tradition in relevant, responsive ways. This group meets in the MOB room from 9:30-10:30.

The **Senior High Church School** youth will participate in discussions that revolve around topics that encourage them to see how faith can be relevant in their lives. This year the curriculum is the Presbyterian *Faith Questions* series. Each session is patterned around the marks of membership from the *Book of Order*. It is specifically designed for older youth. We will begin with a six week focus that explores the question, "Where Are You, God?" by connecting the question with the Bible, creeds and confessions of the PCUSA. This group meets in the Koinonia Room from 9:30-10:30.

**Confirmation** classes will begin in January. More information will be available in October.

## Dates to Know

### September 12 Beginning of the Program Year

Pathways to the Promise Land children begin in Worship, then will be dismissed to their workshops with their shepherds.

### September 26 Cherub Choir

Preschool children meet in room 207 for movement, music and fun at 10:30.

Faithfully,

Liz Wollaeger, Director of Christian Education

## HELP WANTED

The Christian Education office is in need of a volunteer one day a week to help with preparation for our Sunday Christian Education programs. Duties include some phone calling, gathering supplies and light room set up. Please call Liz Wollaeger at church or email [lizw@fhcpresb.org](mailto:lizw@fhcpresb.org) for more information.

## Good News for Our Youth! Welcome, Kristen!

Dear New Friends at Forest Hill Church,

I am excited to be back in Northeast Ohio and to be at Forest Hill Church. For the past three years, I served as the youth director at Rocky River Presbyterian Church just outside Charlotte, North Carolina. I am a native of NE Ohio, graduated from Mentor High School and attended college at Ohio Northern University in Ada, Ohio. I moved back to Ohio mid July and am excited to be close to my family, friends and fiancé in the area.

Some fun facts about me are that I love reading, writing and running, but not simultaneously. I also love being outdoors and spending time with my sister and her six-year-old son. Also, people always tell me I laugh at everything, which is mostly because I think life and people are funny.

I love serving in youth ministry and I believe in the importance of their generation to the church, our country, and the world. The teenage years are a pivotal time in the development of their faith and it's essential for the church to take an active role in the lives of our youth and young adults.

I invite the church to visit my blog:

<http://onefaith24.blogspot.com> to keep up to date with the Youth Ministry at Forest Hill. I post recaps of youth events, youth scheduling updates and short devotions. It's a great way to learn what really is going on at youth group on Sunday nights! I encourage you to visit the site and bookmark it, or to hit the subscribe by email button on the right sidebar. By subscribing, you will get the blog posts delivered to your email.

Finally, feel free to contact me with any questions, concerns and feedback in the coming weeks and months by email ([kristens@fhcpresb.org](mailto:kristens@fhcpresb.org)) or cell phone (440-223-1036). I look forward to getting to know all of you!

Blessings,  
Kristen Sloan

**All of us who are getting to know Kristen are delighted she has joined the FHC staff. Welcome!**



During the 1960s, many of us were touched by a different kind of “sacred” music when the Beatles took rock to a place no one had dared imagine it could go. Paul McCartney knew something about the heart and spirit of people, and he expressed the sacredness of music making this way:

“I love to hear a choir. I love the humanity, to see the faces of real people devoting themselves to a piece of music. I like the teamwork. It makes me feel optimistic about the human race when I see them cooperating like that.”

So what are you waiting for? Paul McCartney wants you to join a choir!

The 2010-2011 choir season is about to begin. I’m looking forward to seeing all our FHC musical families getting back to work (and play!). Those who participated in choir last year will receive a letter in the mail, but here’s the general information for persons who may be interested in finding out about the musical opportunities at Forest Hill Church:

### *The Choirs*

**Chancel Choir** (adults): 1st rehearsal will be Thursday, Sept. 9th beginning with a pot-luck supper and general frivolity at 6:40 in Fellowship Hall. Bring whatever dish you enjoy preparing (or purchasing) and we’ll have a fine time getting caught up and listening to the choir president’s farewell address. (Or are you running for re-election, Jaired?) New choir officers will be elected (if you wish to avoid such responsibilities, it’s a good idea to show up at the potluck, ahem). The rehearsal takes place from 7:30 to 9:00 p.m. Our first choir Sunday is September 12th (rehearsal at 10:30 a.m. service at 11:00 a.m.).

**Sine Nomine Choir** (grades 6-12): 1st rehearsal will be Sunday, Sept. 19th after worship in the Chapel. Generally we’ll meet every other Sunday (with occasional exceptions) for approximately 40 minutes. We’ll elect officers at the first rehearsal (looks good on college apps ☺). Extra credit for anyone who can get Kristen to sing with us!

**Descant Choir** (grades 1-5): 1st rehearsal will be Sunday, Sept. 12th at 9:30 a.m. in the sanctuary. The choir practices every Sunday, and after choir (10:15) there is an activities period in youth hall. At 10:45 (unless the children are singing for worship), the children meet their parents in Fellowship Hall and go from there to the sanctuary.

**Voices in Bronze:** 1st rehearsal for our handbell ringers will be Thursday, Sept. 16th from 6:20-7:15 p.m. in the upstairs bell room. This group is open to both adults and high school students. An understanding of rhythmic notation is required. Start doing your wrist calisthenics now, ringers!

New members are most welcome in all the FHC musical groups; if you’d like more information, contact Anne Wilson, Organist/Director of Music: home phone 371-9508; email: [annew@fhcpresb.org](mailto:annew@fhcpresb.org)

I hope to see lots of new faces and fresh voices intermingled with the “regulars” in the choir family this September. This will be a memorable year as we renew our dedication to singing God’s glory at Forest Hill Church.



**So what’s new and exciting about FHC music this year?** The details are still being worked out as of this writing, but here’s what’s cookin’.

Alternative Worship Experiences (AWEs)

- 1) *A Celtic Celebration!:* the FHC choirs with the Celtic band *Ceud Mile Failte* and Irish dancers – Sat. and Sun., Oct. 9-10
- 2) *Bach (and Jenkins) by Candlelight:* the FHC choirs with Bach specialist instrumentalists – mid-November
- 3) *Dance Praise/Disability Awareness:* the FHC choirs with Dancing Wheels and a sign language specialist – mid-February
- 4) *Swing to the Lord a New Song:* the FHC choirs with a jazz combo – April 10th



And, of course, our traditional FHC events such as Lessons and Carols (Dec. 19<sup>th</sup>), Shrove Tuesday Pancake Supper with musical entertainment (Mar. 8<sup>th</sup>) and the May Cabaret (May 1st).

Our set of steel drums (pans) should be arriving in late August/early September. Let me know if you'd be interested in playing in the "panyard". The Lamont Hansen Memorial Fund made this purchase possible; I know he'll be with us in spirit as we practice our Caribbean groove. ☺

Let us all sing (or ring) a new song to the Lord! Soli Deo Gloria!

Anne Wilson  
Organist/Director of Music  
[annew@fhcpresb.org](mailto:annew@fhcpresb.org)  
216-321-2660 (church) 216-371-9508 (home)

### Interested in Learning about Intercessory Prayer?

***To pray for others means to offer others a hospitable place where I can really listen to their needs and pains.***  
--Henri Nouwen

Do you want to learn more about prayer? Are you interested in being part of an intercessory prayer team? Would you like to lift up the prayer concerns of the church on a regular basis? We are interested in starting a prayer ministry for our church and we invite those for whom this is an interest to be involved. Please let us know!

Rev. Clover Beal, [pastorbeal@fhcpresb.org](mailto:pastorbeal@fhcpresb.org)  
Laurie Muller-Girard, [multimg@wowway.com](mailto:multimg@wowway.com)

## MOB: Forest Hill Youth Ministry

### Youth M.O.B. Kickoff :

The Youth Ministry of Believers will kickoff its fall schedule on Sunday September 19<sup>th</sup>. Senior highs will meet every Sunday night from 5:00-7:00 p.m. Mid Highs will meet the first and third Sundays of every month from 4:00-5:30 p.m. There will be pizza from 5:00-5:30 p.m. each meeting for both senior and mid high youth. All youth are welcome to our fellowship times!

### Upcoming Youth M.O.B. Schedule

**Sunday August 29<sup>th</sup>:** M.O.B. Gathering at Phoenix Coffee on Lee Road (7-8pm) - Come for some coffee and fellowship! (For mid & senior high youth)

**Sunday September 19:** M.O.B. Youth Kickoff!!! Mid High @ 4-5:30 p.m. and Senior High @ 5-7 p.m.

**Sunday September 26:** Senior High Youth (5-7 p.m.)

**Sunday October 3:** Mid High Youth @ 4-5:30 p.m. and Senior High Youth @ 5-7 p.m.

**Sunday October 10:** Senior High Youth (5-7 p.m.)

Kristen Sloan, Youth Director



### *Calling all dusty, unused teacups...*

The Resident Family Support Specialist at New Life Community (a friend and coworker) has been hosting welcoming "teas" for new residents and would like to give them each a teacup as a gift. Any contributions of random teacups and saucers sitting around collecting dust and taking up space (no family heirlooms, please) would be welcome.

See or call Sandy Schultz, 216-382-7932



## Freedom from Religion

On Sunday, October 3 from 7:00 – 9:00 p.m. Amos N. Guiora, Professor of Law at the S.J. Quinney College of Law (University of Utah) will be at Forest Hill for an evening conversation on his new book ***Freedom from Religion*** (Oxford University Press, 2010). Professor Guiora argues that terrorism perpetrated by religious fundamentalists pose an historically unique challenge to liberal societies that may force the United States and other countries to re-think their historic commitments to freedom of speech and assembly. Professor Guiora is a close friend of Rev. Lentz's. They were roommates at Kenyon College and have remained very close through the years. In fact, this book is dedicated to Pastor Lentz and was written in conversation with several clergy and lay people from the Cleveland area. This event is free and open to all. There will be a book signing and light reception following the event.



### Deacons' Corner: *Tropical Paradise*

Have you ever dreamed of a *Tropical Paradise*? Thought you would like to get away from it all and enjoy warm breezes and peaceful surroundings? Well, come to the **Fall Festival at Forest Hill Church, Sunday September 12, 2010.**

We will be celebrating the JOY of Forest Hill Church with a trip to a *Tropical Paradise* in Fellowship Hall after church. Lunch will be provided. We will again have the Rocket Car, fun for all ages, and games with prizes for young and "young at heart." The FH Youth will be making Tropical Smoothies at their Tiki Bar. Morag Keefe will be preparing a Tropical Paradise lunch with help from the Deacons. If you own a grass skirt or lei be sure to wear it!

In order to offset expenses a free will offering is asked.

Please come and bring a friend to our *Tropical Paradise*. All are welcome. Introduce them to the JOY of Forest Hill Church.

## Important dates this fall Watch for more information!

- October 2 – 9:** Heights Sustainability Week
- October 3:** World Communion and Peacemaking Sunday  
Kerygma begins: ***Listening to Scripture Freedom from Religion*** Conversation, 7 p.m.
- October 6:** ***Sea Change*** documentary at FHC  
(part of the Sustainability Week)
- October 9:** AWE – Celtic Celebration, 6:30 p.m.
- October 31:** Reformation and All Saints Sunday (communion)
  
- November 12:** Opening of Art Show – Daryl Musick
- November 25:** Thanksgiving (Office closed Thursday and Friday)
- November 28:** 1 Advent
  
- December 5:** Lunch and Advent Workshop, 12 – 3 p.m.
- December 19:** Festival of Lessons and Carols, 11 a.m.
- December 24:** Christmas Eve Worship at 5 p.m. and 11 p.m.
- December 25:** Christmas Day
  
- January 1, 2011:** New Year's Day



September 12 - the Festival of New Beginnings  
Come to a Tropical Paradise  
at FHC!

# 16-17 calendar

Sundays in September (beginning Sept 12)	
9:00	Child care begins
9:30	Adult education Youth education Descant Choir
10:15	Descant Choir activity
10:30	Continental Breakfast Chancel Choir
11:00	WORSHIP Children in Worship Little Explorers
11:15	Pathways to the Promise Land (gr. 1-5)
12:15	Coffee Hour
5:00	MOB: Sr High (beginning Sept 19)

<b>September 5</b> 9:30 Continental Breakfast 10:00 WORSHIP 11:00 Coffee Hour	<b>Jeremiah 18: 1-11</b> <b>Psalm 139: 1-6, 13-18</b> <b>Philemon 1-21</b> <b>Luke 14: 25-33</b>
<b>September 12</b> 10:00 Oversight Committee <b>11:00 WORSHIP</b> <b>12:00 FALL FESTIVAL</b> 5:00 IHN Hosting begins	<b>Jeremiah 5: 11-12, 22-28</b> <b>Psalm 14</b> <b>1 Timothy 1: 12-17</b> <b>Luke 15: 1-10</b>
<b>September 19</b> 12:15 Blood Pressure check Sine Nomine Choir <b>MOB Kick-off:</b> <b>4 – 5:30 Mid High</b> <b>5 - 7 Sr High (pizza at 5)</b>	<b>Jeremiah 8:18 – 9:1</b> <b>Psalm 79: 1-9</b> <b>1 Timothy 2: 1-7</b> <b>Luke 16: 1-13</b>
<b>September 26</b> 10:30 Cherub Choir	<b>Jeremiah 32: 1-3a, 6-15</b> <b>Psalm 91: 1-6, 14-16</b> <b>1 Timothy 6: 6-19</b> <b>Luke 16: 19-31</b>



From the Ministry of Justice and Mission...

## Back To School

Classes are resuming at nearby Boulevard Elementary School in Cleveland Heights and we want all its students to have the school supplies they need to be successful scholars! A recent *Plain Dealer* article cited findings by a local bank that it cost parents nearly \$500 out-of-pocket to send a child to an elementary school this year. Even their school supplies expense was estimated at over \$100, which may be a stretch for some parents in our community.

Please consider donating some of the following items in the boxes on the stage in Fellowship Hall before mid-September:

back packs	rulers
glue sticks & glue	notebook paper
folders	big pink erasers
flash cards	scissors – kid size
3-ring notebooks	fat and thin markers
basic set of colored pencils	pencils

Other items that you think might be helpful to a Boulevard Elementary School student in need are also appropriate. Members of the Ministry of Justice & Mission will see that they are delivered to the school.

## Tutor a Child

Lyndhurst Community Presbyterian Church hosts a Saturday Tutoring Program to provide free academic help in all subjects, especially reading and math, for students in Grades 1-6 from school districts in the Hillcrest area – South Euclid-Lyndhurst, Mayfield, and Richmond Heights.

With tutoring, students can overcome academic difficulties and reach their full potential. TUTORS ARE NEEDED to help make this happen! A tutor works with one or two students on homework or other assignments. Refreshments are served midway through each two-hour session. At the end of each session, the tutor writes a brief summary of what the student covered. Tutors gain the satisfaction of making a difference in students' lives.

Tutoring sessions are held Saturdays during the school year from 10 a.m. to noon at the Lyndhurst Church's Bloomfield Hall, 5312 Mayfield Road, at the rear of the parking lot. Tutors may participate as often as they are able. A training session for new tutors will be held on Saturday, September 18 at the church. For those Forest Hill Church members who reside in the Hillcrest communities and care about helping children, this may be an opportunity for personal ministry while supporting an initiative of a neighboring Presbyterian congregation.

For further information contact: Dorothy Fitzgerald, 216-382-0478 or [dafitzgerald@adelphia.net](mailto:dafitzgerald@adelphia.net) at Lyndhurst Church or Elder Dick Obermanns, 216-752-9776 or [obermanns@aol.com](mailto:obermanns@aol.com) at FHC.

## Peacemaking Offering 2010

The annual offering for the Presbyterian Peacemaking Program will be received on World Communion Sunday, October 3. This offering supports ministries of our church internationally and in the USA.

This year we are encouraged to "Celebrate Christ, Our Peace," whose reconciling role in the early church and the world is so marvelously described by Paul in *Ephesians* Chapter 2. In a time where dividing walls and hostility can erupt into open conflict and war at a moment's notice, our world needs the patient, persistent witness of Christ's church for peaceful solutions to current disputes and long-standing injustices.

Congregations receiving the Peacemaking Offering may retain 25% of the funds for a peacemaking ministry of their choosing. The Ministry of Justice & Mission has decided that our share will again be committed to educational ministries of the Christmas Lutheran Church in Bethlehem, Palestine. Members of Forest Hill Church visited the church during their 2009 Pilgrimage to the Holy Land and can attest to its mission of working with Christian and Muslim children, youth, and families to spread light and hope for a more peaceful future there.

Please visit the Justice & Mission bulletin board as well as the [www.pcusa.org/peacemaking/](http://www.pcusa.org/peacemaking/) website in September for more information on the peacemaking activities of our local and national church, and plan to support the Peacemaking Offering on October 3.

Elder Dick Obermanns

CHECK OUT THE WEBSITE [www.fhcpresb.org](http://www.fhcpresb.org) SEE WHAT'S NEW! 19

## IHN Updates

Summer months are behind us, children are back in school and we are getting ready to host IHN families again! This is one of FHC's mission projects right here in our own church.

Our guests have stated that they really like to get to know their hosts during their stay. We like to provide some continuity for them. If you can volunteer for more than one shift, that would be great! The children and the parents open up to those with whom they feel comfortable and we think guests and hosts alike share a better experience.

**HOST WEEK:** September 12 through September 19

**SIGN UP:** In Fellowship Hall, Aug. 22 and Aug. 29

**JOBS INCLUDE:** meal providers and hosts, activity hosts, overnight hosts, set-up crew, clean-up crew, bed movers, laundry crew

If you can volunteer OR you have any questions about what is involved in any of these jobs, please email Julie Lustic at [jlustic@gmail.com](mailto:jlustic@gmail.com).

Interfaith Hospitality Network is always looking for gently used furniture to donate to the guests when they move into new housing. If you have any furniture to donate, please call the Volunteer Coordinator and Welcome Home Furniture Coordinator, Gina Morris at IHN at 216-337-0742. Pick up is provided the third weekend of each month.

## USO – Support our Troops

The Justice Ministry of FHC has authorized collection of items for the USO to send to troops in Iraq and Afghanistan. If you would like to participate, bring items to church and place them in the box in Fellowship Hall labeled USO. USO is collecting the following items:

**For Morale/Welfare/Recreation:** Footballs, baseballs, Frisbees, dice, cards, chess, checkers, dominos, game chips, Bible and cameras

**For Health and Comfort:** Antibacterial hand lotion, sewing kits, dental floss, deodorants, foot powders, finger nail clippers, sun tan lotion, powdered Gatorade, powdered milk, batteries (all sizes), toiletries, eyedrops.

Thanks for your participation in this project.

Carolyn Vrtunski

20 CHECK OUT THE WEBSITE [www.fhcpresb.org](http://www.fhcpresb.org) SEE WHAT'S NEW!

From the Oversight Committee

### **Restoring the Building – Reclaiming the Mission**

The project is proceeding on budget and it is anticipated that the work will be completed by the middle of September

**Storm Sewer** – this phase has been completed

**Playground** – this phase has been completed

**Masonry work** – this phase has been completed with the exception of replacing 5 bricks.

**Painting** – The exterior portion of this phase is substantially complete. The painting of the interior sashes will begin in about one week. Completion of this work will be dependant on the installation of the large sanctuary and fellowship Hall windows. Some damaged wood has been found in the Fellowship Hall portico columns and the fascia trim near the prayer garden. The repair work is in process and should be completed in two weeks.

**Roofing** – The gutters on Fellowship Hall and the Lee Rd side of sanctuary have been replaced. Some of the wood framing of the gutters has been damaged by water over the years and has now been replaced. It is expected that similar damage will exist in other parts of the building. Contingency funds will cover the cost of this work. Work on the sanctuary roof is about 90% complete. It is anticipated that the roofing work will be completed by early to mid September.

**Windows** – 27 of the new windows have been installed. Delivery of the sixteen large sanctuary and Fellowship Hall windows has been delayed until late August or early September. Restoration work on 81 windows has been completed with the exception of the installation of 23 storms. The storms should be installed by the end of August.

**Sanctuary Portico** – The new slate has been installed. The front steps have been reset and approximately six stone steps will be replaced within two weeks. Following the completion of this work fifteen feet of concrete across the bottom of the steps will be replaced.

**Parking lot** – sufficient funds are available to resurface one-third of the parking lot. This work will be done this fall.

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**Landscaping** - sufficient funds are available to contract a master plan and to start the implementation of the plan.

David Hunter, project manager



### **The General Assembly of the Presbyterian Church (USA)**

This past July, almost 1,000 delegates representing the PC(USA) and its sister churches around the world gathered in Minneapolis for the bi-annual meeting of the General Assembly. Emily Wolleager, a college student who is an FHC member, was elected by our Presbytery as a Young Adult Advisory Delegate. You may go to <http://ga219.pcusa.org> for a full re-cap of the assembly.

Here are a few highlights:

- Cynthia (Cindy) Bolbach was elected as the moderator. Cindy is a member of the National Capital Presbytery. She is a good friend of the Lentz family. She taught John in Sunday School. Cindy will be preaching at Forest Hill on Sunday, May 22, 2011!
- Delegates voted to drop the ban on ordaining non-celibate gay and lesbian Presbyterians to the Ministry of Word and Sacrament, Elders and Deacons. This action will require affirmation from a 2/3 majority of Presbyteries nation wide. Debate and voting will take place over the next two years.
- The GA voted to affirm the traditional definition of marriage between a man and woman.
- The GA passed a report on the Middle East reaffirming its historical stands for a two state solution, an end to violence and pressing for an end to settlements in the West Bank.

Despite the many contentious issues facing the assembly, the General Assembly was praised for its civility and unity.

John Lentz

22 CHECK OUT THE WEBSITE [www.fhcpresb.org](http://www.fhcpresb.org) SEE WHAT'S NEW!

From the Church Growth Committee  
**The Forest Hill "Taggies" Contest**

When marketers want to get the public's attention, their first line of attack is often a catchy phrase or a jingle. These are called taglines, or taggies, for short. Smaller companies, non-profits, and even churches can benefit from a simple but memorable tagline.

There's even an annual contest - called The Taggies - for the best attention-getting, non-profit taglines. Recent winners included the Cleveland Foundation for their tagline "If you want to be remembered, do something memorable", the Houston Food Bank for "Filling pantries. Filling lives", and the Montana Historical Society for "Big Sky. Big Land. Big History."

Think you can do better? The Church Growth committee thinks you can! Just tell us how YOU would describe our congregation to someone who knows nothing about Forest Hill Church. What kind of descriptions or ideas do YOU think should go into a tagline about our church?

Fill out one of our entry forms: there's one below, with extras in the pew racks and online. Try to come up with as many ways to describe Forest Hill Church as you can. If you can think of a great tagline – or two or three or more – that would be wonderful. Write 'em down and drop them in the Taggies Challenge Box in Fellowship Hall anytime before the Fall Kick-off Festival on Sunday, September 12. If you can't think of a tagline, just share a few words that describe something unique about Forest Hill Church. Or if you prefer to express yourself visually, feel free to sketch out a logo idea or two.

Just keep in mind that good church taglines:

- communicate with people **outside** the church
- tell people the **benefits** of visiting our church.
- Don't come across as bragging or self-absorbed
- Don't presume to tell people we can help them change or improve.

We're hoping for hundreds of great tagline suggestions - church collaboration on a really large scale - and to announce some winners by September 26.

**What do YOU think would make a good tagline  
for Forest Hill Church?**

**Send your ideas, including a sketch of logo ideas if you have them, to the church: 3031 Monticello Blvd, Cleveland Hts OH 44118; email [office@fhcpresb.org](mailto:office@fhcpresb.org) ; or put in the Taggies box in Fellowship Hall.**

**All entries should be returned by KICK-OFF SUNDAY,  
SEPTEMBER 12**

### **Forest Hill Church Directory Now Online!**

Our Online Directory, with the same information as our traditional printed directory, is now online via our website. This directory can ONLY be accessed by members and long-time visitors who participated in the 2009 Lifetouch pictorial directory or who call the church office and validate that they are on the Forest Hill Church roster.

When you visit the Directory, you will be asked for your Username or Password. **A Username and Password has already been created for you** by Lifetouch. Click "Forgot your password or user name?" and Lifetouch will immediately send your Username/Password to the email you provided when your picture was taken. (Once signed in, you may want to reset your Username/Password to something easier for you to remember.) *NOTE: Check your contact information. We have tried to keep all listings updated since the directory became available online, but if your current email address is not printed in the directory, let Lynda Bernays in the church office know your your new email address so she can send your information to the correct address.*

The basic contact information you provided to Lifetouch will appear on your Online Directory profile. Other information can be added by you, but any updates to your contact information should also be sent to Lynda Bernays in the church office.

**A Note About Privacy:** Although you can remove certain information from the Online Directory, doing so will **NOT** increase your privacy or security. This information has already been published in the church's printed Directory that has been distributed to all church members. In fact, the Online Directory is actually **more** private than your printed Directory because it can be seen only by individuals whose pictures are already in the Directory and those whose identities and right to access the Online Directory are validated by the Forest Hill Church administrator.

- Directory link: <http://www.connections.lifetouch.com/?orgLogin=1868>
- Complete guide to using the Directory: <http://www.fhcpresb.org/get-connected/online-directory/>
- Troubleshooting guide and FAQs: <http://www.fhcpresb.org/get-connected/online-directory/trouble-accessing-directory/>

Peg Weissbrod



### *Expressions of Compassion*

During an informal service in Fellowship Hall earlier this summer, John Lentz asked if members of the congregation had experienced acts of compassion by other members. There was silence and then a few examples were given. I, myself, had several examples, but I remained silent because just thinking about them evoked such strong emotion. I later wondered if that were not the case for others. The greatest acts of compassion seem to occur when we are in the greatest need and therefore most vulnerable. Emotions run high and threaten to overwhelm.

This spring I had foot surgery and expected an uneventful recovery, perhaps lulled by how easy it had been after cataract surgery. For the first three weeks after surgery, things went well but then depression, poor mental functioning and greater pain ensued. Finally obvious infection of the foot pushed me to go to Urgent Care on a Sunday morning. When I was told I needed to go to the UH Emergency Room and possibly be hospitalized, things hit rock

bottom. Perhaps it was fortunate that it was Sunday morning and the service was still going on since I didn't have phone numbers with me. A call to the church got the answering machine but in the message it said press the star key to ring all phones. Liz Wollaeger answered and got Peter and Kathryn Eloff out of church. They immediately abandoned any plans they had and came and got me. They took me and my car home and then took me on to UH. Peter stayed with me until they decided they were going to admit me. Later they went to my house and retrieved items and brought them to me. Talk about compassion, is there any greater?

Two days later, I was told to select a Home Health Care Agency from a long list. Another call to the church resulted in Lynda Bernays' looking up information for me. And then the next day she looked up numbers of people who might help me get home. Again, a member of the congregation who lives fairly close to me, Dick Obermanns, came to the rescue. He abandoned a planned activity to come and fetch me. And luckily kept his wits about him and remembered to take me to the pharmacy to drop off prescriptions before taking me home – I had totally forgotten about the prescriptions as I neared home.

And those are not all the examples. Earlier Mary Ball, a deacon who had also recently had surgery, called to ask if I could serve coffee the next Sunday. Of course, I couldn't, but on Sunday after church Steve Marunowski arrived on my doorstep with the flowers from the service. Even in the course of her own recovery, Mary was thinking of others. Over the course of my recovery Joy Stang, Carol Scott and Cathy Ghiandoni all called several times. And, of course, there was the visit from John Lentz himself, in addition to his calls and emails, and cards from a number of other people.

All acts of compassion experienced because I belong to a congregation that is rich in acts of compassion. I truly believe that we didn't hear more during that Sunday service simply because it is very difficult to retain enough composure to relate these to a large group of people.

Such is what makes a congregation a dynamic, vibrant, thriving community.

Carolyn P. Vrtunski



## *News of Our Church Family*

### **Births**

Patrick Joseph Janor, son of Callie and Josh Janor, was born July 19, 2010. Sandy and Kimble True are Patrick's grandparents, and Lou and Paul Richter are his great-grandparents.

### **Baptisms**

**Jake Hamilton MacPhail**, son of Kristen and Lee MacPhail, was baptized June 27, 2010. Cathy Ghiandoni was the attending Elder. Jake is the grandson of Ron and Marcia Grant and the great-grandson of Hazel Grant.

**Nora Murray Dew**, daughter of Caroline and Adam Dew, was baptized July 11, 2010. Sandy Schultz (grandmother) was the attending Elder.

### **In Memoriam We Remember**

**Jane Frances Little**, who died July 29, 2010

**Mary Elizabeth Mercer Dise (Molly)**, who died July 31, 2010

**Carson Kent**, who died August 18, 2010

### **New Contact Information**

**Roger, Consuelo and Grant Heineman**

2446 Kenilworth Rd.

Cleveland Hts, OH 44118

### **Kristen Sloan**

4800 Willowbrook Dr.

Mentor OH 44060

440-223-1036

[kristens@fhcpresb.org](mailto:kristens@fhcpresb.org)

### **Robert and Julie Ann Yoe**

8392 Viola Way

Macedonia, OH 44056

440-339-9821 (R); 440-339-9825 (J)

### **New phones only**

**Barbara Caldwell** 216-965-0376

**Rosaneil Schenk** 216-287-5658

### **New emails only**

**Carol Leslie** [Cleslie128@sbcglobal.net](mailto:Cleslie128@sbcglobal.net)

**Sandy Schultz** [Sandy.849@hotmail.com](mailto:Sandy.849@hotmail.com)

**Don & Debbie Ungemach** [dungemach@att.net](mailto:dungemach@att.net)

**Care Group** The Canaan CARE Group will be responsible for meeting members' needs during September. Please contact the church office in case of illness, hospitalizations, births or deaths (or other family emergencies) in any FHC family.

Members of the Canaan CARE Group are:

Joy Stang, Deacon

Mark Chupp and Sharon Shumaker and family

Lisa Chuppa

Robin Craig

The Davis family

Bob and Joanne Dawson

Muriel and George Dean

Val Flechtner

The Forsythe family

Cathy and Don Ghiandoni

Allen and Zivile Khoury

The Koops family

The Logan family

Genie Mast

The Muller-Girard family

Jeanette Nemcek

Vikki Nowak & Todd Webster & family

John Prentice

Margaret and George Sentell

Franklin and Naana Soadwa

Chuck and Rosanna Sprague

Anne Taylor

The Ungemach family

LeAnn West

Peggy Yaeger

### **Please remember these homebound members in your prayers:**

Polly Cohen, Ralph Dise, Betty Farnfield, Marilyn Gifford, Mary Jean Kent, Elizabeth Kosnik, Mary Lewis

### **Please pray for those with ongoing prayer concerns:**

Marion Flanigan (friend of Janet Kickel), Cari Flox (friend of Lentzes'), Doug, Marcie and Lucy Harvey (Tom and Paula Harvey's family), Jason Himmelsteib (Kathryn Himmelsteib's nephew), Connie May, Jay Middleton (Kris Fay's nephew), Alan Peterson (Kara Schellenberg's father), Frank Spisak (Janet Kickel's brother), Debbie Ungemach, Dennis Wedding (Jeannine Gury's brother), Patti Wisnieski (friend of Janet Kickel)

### **Ushers**

Scott Peters, Lead Usher; Tish Van Beers-Klein, assistant lead; Amy Davis, Chris Davis, Scott Duncan, Jean Duncan, Brian Klein, Jim Roosa, Ayodele Solaru. Roger Heineman, Head Usher



## *Social Groups and Circles*

**Pacesetters** (singles and couples 40s – 50s):

### **Wooster Football Game**

It's Pacesetter weekend in Wooster, Ohio and the Oberlin Yeomen are coming to Papp Stadium. But I know our Fighting Scots **WILL NOT DISAPPOINT!** Join us in cheering on the Fighting Scots Team (Dana Obery #83 in particular). The players (and their fans) have a ravenous hunger after representing Wooster so valiantly! We plan to enjoy a wonderful meal at a Mexican restaurant in town after the game.

RSVP to:

Melody & Linn Obery [obery@sbcglobal.net](mailto:obery@sbcglobal.net)

216-291-8323 (home) 440-213-2488 (Melody's cell phone)

### **Saturday September 18, 2010**

1:00 pm game time (pack a lunch and join us at 12:00 for a tailgate picnic – weather permitting)

The College of Wooster, Wooster Ohio, Papp Stadium  
(approx 1-1/4 hrs S of Cleveland)

**The Group** (singles and couples 60s – 70s): **Wine Tour**

Members of The Group and any other interested wine drinkers will be visiting 5 wineries in Ashtabula County, ending with an Italian dinner. We will be visiting some new finds and some old favorites on Saturday September 11, 2010. We will start our tour at Lakeside Inn and Winery in Geneva-on-the-Lake with a spectacular lakefront setting. Come sip some wine, have lunch or a nibble and spend your Saturday relaxing by the shores of Lake Erie. We will then travel to 4 other wineries nearby. We will conclude our afternoon with dinner at Dino's Restaurant in Willoughby. If you are interested in joining us, please contact Barb Hansen ([Bhansen@oh.rr.com](mailto:Bhansen@oh.rr.com)) or Cathy Ghiandoni ([cgghiandoni@aol.com](mailto:cgghiandoni@aol.com) or 216 691-1905). We need to make reservations for dinner and hope you will join us. With your reservation, you will receive the itinerary and a map. Car pooling is recommended and more fun.

**Saturday, September 11, 2010 – meet at 2:00 p.m. in Geneva-on-the Lake.**

*Save the date: On Saturday October 9th the Group will have a clambake at the home of LeAnn West and Laura and Kevin Stauffer.*

**Hilltoppers** (retired singles and couples): **Movie Night**

The Hilltoppers will meet in Friday September 24 for a Mystery Movie Night in fellowship Hall at 7:30 p.m. Admission is a donation to the FHC Food Cupboard. Stale popcorn and flat soda will be served. Questions? Contact Don or Betty Clark – 216-531-3575

**Friday September 24, 7:30**

**Iris Circle** (all women of the church): **Pot Luck Lunch**

Iris Circle invites women of the church to come to a pot luck luncheon on Tuesday, September 21 at the home of Kay Currie. We will meet at noon and discuss the programs planned for the coming year, 2010-2011. Come and join the fellowship of women of Forest Hill Church.

Kay's home is at 1172 Berwick Ln, South Euclid. We ask that you to bring any dish you would love to share. RSVP to Cathy Ghiandoni (216 691-1905 or [cgghiandoni@aol.com](mailto:cgghiandoni@aol.com)) or if you have any questions. We would love to know if you can join us so we will be sure to set a place for you.

**Tuesday, September 21 at Kay Currie's, 12:00 p.m.**

from the Cleveland Clinic

### **Participants needed for Center for Brain Health study**

Are you generally healthy, between 60-85, and have had a family member diagnosed with Alzheimer's? You may be eligible for a new study being conducted at the Lou Ruvo Cleveland Clinic Center for Brain Health.

The study will look at the effects of exercise training, mental training, or both on maintaining and improving brain function. The study will last 3 months and will involve MRI scans and evaluation of fitness levels and memory function. Financial compensation will be provided.

For more information please call 216-445-9009 or email Emily Newman ([newman@ccf.org](mailto:newman@ccf.org)) or Alex Bea ([beaa@ccf.org](mailto:beaa@ccf.org))

## Office News and Reminders

The deadline for the weekly bulletin is every Wednesday morning.

The deadline for the **TOWER** is as follows: **7 a.m.** on September 17, October 15, November 12. ***We will be distributing TOWERs in Fellowship Hall for two weeks following the due date. The TOWER will be posted on the website as soon as it is available.***

Emails and extensions for the staff are as follows:

- ❖ John Lentz, [pastorlentz@fhcpresb.org](mailto:pastorlentz@fhcpresb.org), ext. 200
- ❖ Clover Beal, [pastorbeal@fhcpresb.org](mailto:pastorbeal@fhcpresb.org), ext 201
- ❖ Anne Wilson (music), [annew@fhcpresb.org](mailto:annew@fhcpresb.org), ext 208
- ❖ CE Office: Liz Wollaeger, [lizw@fhcpresb.org](mailto:lizw@fhcpresb.org), ext. 206
- ❖ Youth Director: Kristen Sloan, [kristens@fhcpresb.org](mailto:kristens@fhcpresb.org), ext 207
- ❖ Becky Austin (financial office): [beckya@fhcpresb.org](mailto:beckya@fhcpresb.org), ext. 203
- ❖ Lynda Bernays (office administrator), and all other email: [office@fhcpresb.org](mailto:office@fhcpresb.org), ext. 202

Our website is [www.fhcpresb.org](http://www.fhcpresb.org)

CDs of the worship service are available each week. Often they are available soon after worship. If you miss that, call or email the church office, or leave a note, and the CD will be in the volunteer office the following Sunday. The cost is \$1 per CD.

### **A few tips for writing checks, since we have so many active funds right now –**

It is perfectly fine to write one check for several purposes, please just be very sure to write in the memo line how much money is for each fund. This same holds true when writing checks on-line; be sure to add a description like Base Pledge, Building Campaign, Flowers, etc.

That way your gifts will get speedily posted to the correct accounts.

**Did you know that your monthly or weekly donation to FHC can be paid on-line with your other regular payments?**

**It's free, easy, and convenient!**